

Wá bíba úm múše eš gí

Translation- "Read It Here"

Washoe Tribal Newsletter—Voice of the Washoe Tribe of Nevada & California

September 2013

Highlights of what's inside

New Faces at the Tribe—page 5

Find out who has been hired by the Washoe Tribe or possibly transferred or promoted in the past month.

WHA Newsletter—page 6

Read the first of a monthly addition to the Tribal newsletter from our Housing Authority.

Summer Youth Employment Program—page 7

Learn what successes the Tribal Youth Employment Program had this summer.

Pine Nut Dance—page 12

Don't miss this year's Pine Nut Dance on September 28th

Fatherhood is Sacred—page 15

A 12 session parenting class for father's is open to all community fathers and men.

Come Harvest Berries—page 17

Come enjoy the harvesting of berries on Saturday, September 7th.

Prepare for Emergencies—page 19

Read how you should prepare for yourself and others in your care for the unexpected disaster or emergency.

Read the newsletter online at www.washoetribe.us listed under "News".

It's that time of the year again! Seasonal Influenza: Flu Basics

Influenza (the flu) is a contagious respiratory illness caused by [influenza viruses](#). It can cause mild to severe illness, and at times can lead to death. Some people, such as older people, young children, and people with [certain health conditions](#), are at high risk for serious flu complications. The best way to prevent the flu is by getting **vaccinated** each year.

The [upcoming season's](#) flu vaccine will protect against the three influenza viruses that research indicates will be most common during the season. This includes an influenza A (H1N1) virus, an influenza A (H3N2) virus, and an influenza B virus.

What is influenza (also called flu)?

The flu is a contagious respiratory illness caused by influenza viruses that infect the nose, throat, and lungs. It can cause mild to severe illness, and at times can lead to death. The best way to prevent the flu is by getting a flu **vaccine** each year.



not everyone with flu will have a fever.

How flu spreads

Most experts believe that flu viruses spread mainly by droplets made when people with flu cough, sneeze or talk. These droplets can land in the mouths or noses of people who are nearby. Less often, a person might also get flu by touching a surface or object that has flu virus on it and then touching their own mouth, eyes or possibly their nose.

Signs and symptoms of flu

People who have the flu often feel some or all of these signs and symptoms:

- Fever* or feeling feverish/chills
- Cough
- Sore throat
- Runny or stuffy nose
- Muscle or body aches
- Headaches
- Fatigue (very tired)
- Some people may have vomiting and diarrhea, though this is more common in children than adults.

**It's important to note that*

Period of contagiousness

You may be able to pass on the flu to someone else before you know you are sick, as well as while you are sick. Most healthy adults may be able to infect others beginning 1 day **before** symptoms develop and up to 5 to 7 days **after** becoming sick. Some people, especially young children and people with weakened immune systems, might be able to infect others for an even longer time.

How serious is the flu?

(Continued on page 2)

(Continued from page 1)

Flu is unpredictable and how severe it is can vary widely from one season to the next depending on many things, including:

- what flu viruses are spreading,
- how much flu vaccine is available
- when vaccine is available
- how many people get vaccinated, and
- how well the flu vaccine is matched to flu viruses that are causing illness.

Certain people are at greater risk for serious complications if they get the flu. This includes older people, young children, pregnant women and people with [certain health conditions](#) (such as asthma, diabetes, or heart disease), and persons who live in facilities like nursing homes.

Flu seasons are unpredictable and can be severe. Over a period of 30 years, between 1976 and 2006, estimates of flu-associated deaths in the United States range from a low of about 3,000 to a high of about 49,000 people.

Complications of flu

Complications of flu can include bacterial pneumonia, ear infections, sinus infections, dehydration, and worsening of chronic medical conditions, such as congestive heart failure, asthma, or diabetes.

Preventing seasonal flu: Get vaccinated

The single best way to prevent the flu

is to get a flu vaccine each season. There are two types of flu vaccines:

- “Flu shots” — inactivated vaccines (containing killed virus) that are given with a needle. There are three flu shots being produced for the United States market now.
- The regular seasonal flu shot is “intramuscular” which means it is injected into muscle (usually in the upper arm). It has been used for decades and is approved for use in people 6 months of age and older, including healthy people, people with chronic medical conditions and pregnant women. Regular flu shots make up the bulk of the vaccine supply produced for the United States.
- A high-dose vaccine for people 65 and older which also is intramuscular. This vaccine was first made available during the 2010-2011 season.
- An intradermal vaccine for people 18 to 64 years of age which is injected with a needle into the “dermis” or skin. This vaccine is being made available for the first time for the 2011-2012 season.
- The nasal-spray flu vaccine — a vaccine made with live, weakened flu viruses that is given as a nasal spray (sometimes called LAIV for “Live Attenuated Influenza Vaccine”). The viruses in the nasal spray vaccine do not cause the flu. LAIV is approved for use in healthy* people 2 to 49 years of age who are not pregnant.

September CALENDAR

Dresslerville Community Council Meeting

Wednesday, September 4, 6:00 pm

Woodfords Community Council Meeting

Thursday, September 12, 6:00 pm

Carson Colony Community Council Meeting

Wednesday, September 11, 6:00pm

Tribal Council Meeting

Friday, September 13, 6:00pm
Carson Colony Community Center
(subject to change)

Stewart Community Council

Tuesday, September 17, 6:00 pm

About two weeks after vaccination, antibodies develop that protect against influenza virus infection. Flu vaccines will not protect against flu-like illness-

(Continued on page 3)

Articles and opinions expressed in this publication are not necessarily the opinions of this publication or the Washoe Tribe or Tribal Council. This Tribal Newsletter encourages tribal members and their families to submit letters, articles, photographs, and events to be considered for publication. These are subject to editing. Contributing writers, and photographers include tribal community members, tribal employees and other sources as appropriate. To ensure timely publication of submissions contact information must be provided. Addresses, phone numbers, e-mail addresses, and other provided contact information will not be published, unless requested.

Disclaimer: All dates are subject to change. We reserve the right to refuse any submission with final approval by the Tribal Chair or Vice Chair. Absolutely no campaigning for political gain allowed.

Submission deadline: Items submitted for publication must be received no later than 5pm on the 15th of each month unless a later deadline is otherwise posted. Unformatted electronic submission preferred. Printed monthly January through December. Published on or around the first of each month.

Submissions: Submissions may be mailed to Washoe Tribal Newsletter, 1246 Waterloo Lane, Gardnerville, NV 89410 or emailed to djohnson@washoetanf.org or faxed to 775-782-6892, Attention: Newsletter Editor. **Questions? Call 775-782-6320**

(Continued from page 2)

es caused by non-influenza viruses.

The seasonal flu vaccine protects against the three influenza viruses that research suggests will be most common.

When to get vaccinated against seasonal flu

Yearly flu vaccination should begin in September, or as soon as vaccine is available, and continue throughout the flu season which can last as late as May. This is because the timing and duration of flu seasons vary. While flu season can begin early as October, most of the time seasonal flu activity peaks in January, February or later.

Who should get vaccinated?

Everyone 6 months and older should get a flu vaccine each year. This recommendation has been in place since [February 24, 2010 when CDC's Advisory Committee on Immunization Practices \(ACIP\)](#) voted for "universal" flu vaccination in the U.S. to expand protection against the flu to more people. While everyone should get a flu vaccine each flu season, it's especially important that certain people get vaccinated either because they are at high risk of having serious flu-related complications or because they live with or care for people at high risk for developing flu-related complications.

Who is at high risk for developing flu-related complications?

- Children younger than 5, but especially children younger than 2 years old
- [Adults 65 years of age and older](#)
- [Pregnant women](#)
- American Indians and Alaskan Natives seem to be at higher risk of flu complications
- People who have medical conditions including:
- [Asthma](#) (even if it's controlled or mild)
- Neurological and neurodevelopmental conditions [including disorders of the brain, spinal cord, peripheral nerve, and muscle such as cerebral palsy, epilepsy (seizure disorders), stroke, intellectual disability (mental retardation), moderate to severe developmental delay, muscular dystrophy, or spinal cord injury]
- Chronic lung disease (such as chronic obstructive pulmonary disease [COPD] and cystic fibrosis)
- [Heart disease](#) (such as congenital heart disease, congestive heart failure and coronary artery disease)
- Blood disorders (such as sickle cell disease)
- Endocrine disorders (such as [diabetes mellitus](#))
- Kidney disorders

- Liver disorders
- Metabolic disorders (such as inherited metabolic disorders and mitochondrial disorders)
- Weakened immune system due to disease or medication (such as people with [HIV or AIDS](#), or cancer, or those on chronic steroids)
- People younger than 19 years of age who are receiving long-term aspirin therapy
- People who are morbidly obese (Body Mass Index [BMI] of 40 or greater)

Who else should get vaccinated?

Other people for whom vaccination is especially important are:

- People who live in nursing homes and other long-term care facilities
- People who live with or care for those at high risk for complications from flu, including:
 - Health care workers
 - Household contacts of persons at high risk for complications from the flu
 - Household contacts and caregivers of children younger than 5 years of age with particular emphasis on vaccinating contacts of children younger than 6 months of age (children younger than 6 months are at highest risk of flu-related complications but are too young to get vaccinated)

Wa She Shu Grill
at Meeks Bay Resort

Experience Tahoe with the Washoe

- New outdoor dining on the beach
- Serving Certified Angus Beef
- Open to the public

Managed by the Washoe Tribe of NV & CA by special use permit from the U.S. Forest Service.

(530) 525-6946
7941 Emerald Bay Road
Meeks Bay, California



NOTICE: Seniors who need glasses

Effective July 15, 2013, the Washoe Tribal Health Center Optometry department has resumed accepting applications for eyeglass assistance under the Washoe Senior glasses program. Funds are limited and are available on a first-come, first-served basis for eligible Washoe seniors over the age of 55.

For more details on eligibility criteria, please stop by or call the WTHC Optometry Department at 265-4215.

**Dresslerville
AA Meetings**

**Washoe Family Healing
Center Front Lobby**

**Wednesdays
6:30 -7:30 pm**

Questions:
Call Christine @ (775) 781-0589
or Karen @ (775) 265-5001

**CAREER
DEVELOPMENT
TRAINING
September TANF
Workshop Schedule**

9/3/13 Tuesday
Resume Writing
Minden Computer Lab
1pm-4:30pm

9/5/13 Thursday
Resume Writing
Carson Computer Lab
8:30am-12pm

9/10/13 Tuesday
Interview Skills
Minden Computer Lab
1pm-4:30pm

9/12/13 Thursday
Interview Skills
Carson Computer Lab
8:30am-12pm

9/17/13 Tuesday
Problem Solving Skills
Minden Computer Lab
1pm-4:30pm

9/19/13 Thursday
Motivation
Carson Computer Lab
8:30am-12pm

*Call Bunn for more info.
775-782-6320*

**Interested in being a vendor?
Limited shaded booths available**
Contact: Melanie Williams
775-265-3738
Melanie.williams@washoetribe.us

Washoe One Stop, Gardnerville-2nd Annual
Outdoor Market
Weekends of September 7 & 21—8am-5pm



New Faces Keep the Washoe Tribe Moving Forward

Below are the new faces the Washoe Tribe hired, transferred or promoted since the last newsletter:

<u>NAME</u>	<u>DEPARTMENT</u>	<u>POSITION</u>	<u>START DATE</u>
Erik Enos	WDG/Meeks Bay	Resort Worker	7/27/13
Erik Wyatt	WDG/Meeks Bay	Resort Worker	7/29/13
Robert Gervais	Bldg Maint. Specialist	Maintenance	8/5/13
Gene Ashley	WDG	Retail Store Clerk I	8/6/13
Karen Mortimer	TANF/ED	Instructional Assistant II	8/12/13
Lavina Roach	TANF/ED	Education Tutor	8/12/13
Sandy Waite	TANF/ED	Education Advisor	8/12/13
Shawn Christensen	Environmental	Conservation Crew Member	8/19/13
Judy Dunn	Head Start	Teacher Aide	8/19/13
Jason Kizer	Environmental	Conservation Crew Member	8/19/13
Kevin Kloepfer	Head Start	Teacher	8/19/13
Carolyn Kramer	Head Start	Teacher	8/19/13
Deidra Malone	Head Start	Teacher Aide	8/19/13
Janet Nadler	Head Start	Teacher Aide	8/19/13
Maria Navarette	Head Start	Teacher	8/19/13
Nicole Neal	Head Start	Teacher	8/19/13
Olivia Soule	Head Start	Teacher Aide	8/19/13
Nicole Zacharias	Head Start	Teacher Aide	8/19/13



Employee statistics as of August 1, 2013

Total # of employees:	339
Total # of females:	222 65%
Total # of males:	117 35%

EEO Statistics:

Caucasian	102	30%
Hispanic	21	6%
Asian	9	3%
Black	5	2%
Amer Indian	202	60%
Washoe	102	
Other AI	100	

WASHOE HOUSING AUTHORITY

NEWSLETTER

The Washoe Housing Authority (WHA) is providing an update to tribal members on current WHA activities.

Title VI Projects

The WHA took a loan from HUD to address some long term issues with our houses and communities. The main project is the Flooring Deficiency Project Phase II, which is the follow-up project to the one that was completed 4 years ago. This project is for the repair of floor issues in our units, low rent and mutual help. To date, 18 units in Carson, Stewart and some in the Dresslerville Community have been completed. WHA is currently working on 3 units in Stewart and Dresslerville. Once they are completed, elders in Woodfords and Dresslerville will be addressed and then the remainder of the units. The Survey Project for Dresslerville and Carson Community has been completed. This project will provide accurate land descriptions and mapping for the communities. The Six Home Construction Project is for new construction of 6 units in the Dresslerville community. It has begun with staff reviewing bids and working with potential clients to attain documents that they are mortgage ready. The homes will be sold to individuals or families through a mortgage lending process. Each homebuyer must secure a loan through a financial institution and enter into mortgage loan with that financial institution in order to purchase a home. Income and creditworthiness will be

looked at by a financial institution when evaluating an application for a mortgage loan. The homes will be available for sale to those who are first to obtain a mortgage loan; they will be sold on a first come, first serve basis. The first individuals to attain home loans will be provided the first selection of lots and home construction. The WHA BOC is currently determining the prices at which the homes will be sold. Individuals who are interested in purchasing one of the six homes are encouraged to contact the WHA at 265-2410.

TANF Youth Workers

The WHA took part in the 2013 Summer Work Program sponsored by TANF, with two teens, Isaac MedicineCrow and Shabrielle Mayer from Dresslerville. Both teens assisted Client Services, processed tenant payments, and issued purchase and work order requests, in addition to other administrative duties. The teens were a valuable addition to our workforce and staff was able to build their capacity and understanding of the how the WHA work.

Summer College Intern

Samantha Dressler, who's in her final year of college with a focus on Indian Studies and Child Development, was a summer intern with WHA. Her duties included working with Client Services by providing valuable assistance in compliance and audit preparation. In addition, Samantha served as receptionist, assisting tenants with payments and WHA program information.

Washoe Housing Authority Board of Commissioners

Carson Indian Community
Chad Malone, Vice-Chairman
Beverly Barbour, Alternate

Dresslerville Community
Anthony Smokey, Commissioner
Johnny Erwin, Alternate

Stewart Community
Stan Smokey, Commissioner
Jacqueline Steele, Alternate

Woodfords Community
Deirdre Jones Flood, Chairwoman
Jessie Silva, Alternate

Off Reservation
Elizabeth Lana Hicks, Secretary/
Treasurer Debra Keats, Alternate

Washoe Housing Authority Staff

Administration
Raymond E. Gonzales, Jr., Executive Director
Annette Alvarado, Executive Asst.

Finance
Nancy Nizankiewicz, Finance Mgr.

Client Services
Tasha Hamilton, Client Services Mgr.
Jeriann Lopez, Client Services Specialist
Sari Payne, Project Implementation Specialist

Development
Richard Lombard, Development & Modernization Manager
Nate Dondero, Skilled Laborer
Billy Enos, Skilled Laborer
Marvin Pahe, Skilled Laborer

Maintenance
Gary Nevers, Maintenance Mgr.
Dave Roberts, Maintenance
Loren Lundy, Sr., Maintenance

Summer Youth Employment Program

San Jose, Santa Clara County, California

The summer of 2013 was the beginning of the Summer Youth Employment Program administered by the Native TANF Program in the Bay area. After identifying employers that were interested in employing our youth, the San Jose office of Santa Clara County collaborated with two known Native agencies. Center for Training and Careers and The Indian Health Center of Santa Clara Valley, gladly partnered in a six week summer youth program.

Since Center for Training and Careers and the Indian Health Center are integrals part of the Native community, in Santa Clara County, our chances of making this happen was higher because both agencies wanted to offer the opportunity to further the education of employment to Native youth in our communities. The program was introduced to both agencies on an individual basis during meetings several times as we put piece by piece together. There were

items that needed to be addressed and we worked through them to get the information needed, to move forward.

Criteria for the youth chosen to participate was done with much thought. Each youth had to have good grades and attendance at school. They would have to have the desire to participate and work for six weeks and would have to attend an all-day orientation filled with paperwork, workshops and assessments. Consideration was taken for the youth who had went above and beyond their education, by completing a junior police academy, receiving a vocational certificate in dental assisting and getting the best grades.

Once the list had been created, the permission of the parents had to be obtained. Conversations with the parents took place and it was agreed that their soon to be adults could take the opportunity to be placed in a position for employment.

Each youth had to attend an orientation that was filled with mini workshops which included information on resumes, interviewing, dress for success, and what employers are looking for in an employee. Career assessments were given to the youth to learn their interest and to use for their resumes and in-

terviewing techniques. A meet and greet or conversation was held with the employer for each youth before reporting for work.



It took a few weeks to get the program up and running and when it did, three youth were placed. The two agencies participating in our program took a chance on us and our youth and put them to work in designated areas. Each position had an important role to it and our youth did a tremendous job carrying out their responsibilities with their job duties.

Our youth shined as they arrived to work on time, carried out task and duties above and beyond what was expected and filled in where they were needed. Countless compliments were received by the Native TANF Staff when work site visits were done. Meetings between the employers, Native TANF Job Developer and Deputy Director exposed the happiness of a successful program by the employers.

With the weekly check in and site visits, the participation from both the

(Continued on page 9)



Washoe Tribe Domestic Violence Program

Coaching Boys into Men

The boys in your life need your time and energy; your son, grandson, nephew, younger brother. These are boys you teach, coach, and mentor. They need you to help them grow into healthy young men. Boys are swamped with influences outside of the home—from friends, the neighborhood, television, the internet, music, and the movies...everything they see around them. They hear all kinds of messages about what it means to “be a man”—that they have to be tough and in control. There are numerous conflicting and some harmful messages being given to boys about what constitutes “being a man” in a relationship. Boys need your advice on how to behave toward girls. Boys are watching how you and other men relate to women to figure out their own stance towards girls. So teach boys early, and teach them often, that there is no place for violence in a relationship. (Excerpts taken from the Family Violence Prevention Fund: Picturing a World without Violence)

8 Ways You Can Coach Boys into Men

1. **Teach Early.** Start teaching from the first day they are born.
2. **Be there.** Spent time with your child. Just being with them is crucial.

3. **Listen.** Hear what your child has to say. Listen to how he and his friends talk about girls.
4. **Show Him How.** Teach your child ways to express his anger without using violence; give him examples.
5. **Bring it up.** Watch TV with your child or listening to his music. Tell him what you think about things that depict violence against women.
6. **Be a Role Model.** Fathers, coaches, and any man who spends time with boys or teens will have the greatest impact when they “walk the walk.” He’s watching what you say and do and takes his cues from you; both good and bad.
7. **Teach Often.** Help your child work through problems in relationships as they arise through life. Use every opportunity to reinforce that violence has no place in relationships.

Become a Founding Father. Show your child how important the issues of violence against women and children are to you. Join thousands of men across the country who are taking a stand against violence.

(Tips taken from the Family Violence Prevention Fund)

To join the Family Violence Prevention Fund and become a Founding Father log onto www.endabuse.org today!

National Calendar of events:

September is National Campus Safety Month

Ribbon & Support, Symbol Causes & Colors pertaining to this month:

“Yellow” – Amber Alert Awareness

“Dark Green” – Childhood Depression

**ALWAYS CALL
911 IN AN
EMERGENCY!!!**

Our goal is to insure that all victims of domestic violence and/or their children are treated with compassion, respect, and sensitivity in addressing their needs with the main focus being Safety, Outreach, and Advocacy.

Washoe Tribe Domestic Violence Program
1-775-265-8698
(1-800-769-2746) ext. 1233

Washoe Tribal Police Dept.
1-775-265-7540

Tribal Police Dispatch
1-775-783-7233

**National Crisis Hotline
24 Hours**
1-800-799-SAFE (7233)
1-800-787-3224 (TDD)

If you or someone you know needs help, have questions about domestic violence or about this article, or just want to talk, know that there is help and that everything discussed will be kept strictly confidential. Look for future on-going articles in the Tribal Newsletter.

*“Remember that **YOU** have the **RIGHT** to live a life **FREE** of violence”, from the Washoe Tribe Domestic Violence Program.*

This project was supported by Grant No. 2009-TW-AX-0050. Awarded by the Department of Justice, Office on Violence Against Women. Points of view in this document are those of the author and do not necessarily represent the official position or policies of the U.S. Department of Justice.

Discover the Treasures of WIC

What is WIC?

- WIC is a supplemental nutrition program for Mothers, children, and infants
- WIC serves low income pregnant, postpartum, and breastfeeding women, infants, and children up to the age of 5 who are at nutritional risk

Some things WIC has to offer

FREE nutrition education

Support for pregnant and postpartum woman and fathers

- FREE nutritious foods
- We provide information and support for breastfeeding women
- Referrals to health care & Community resources
- Nutrition counseling
- We have a Registered Dietitian on staff to answer any high risk/special needs nutrition questions

ITCN WIC LOCATIONS

Moapa/Overton
Schurz
Elko
Wadsworth
Carson City
Owyhee
Nixon
Dresslerville
Fort McDermitt
Yerington
Fallon
Goshute UT/Ely

Please call our office to schedule an appointment
775-398-4960



(Continued from page 7) Summer Youth Employment Program

youth and employers the Summer Youth Employment Program was a great idea and the start of a yearly program. The employer feedback from both agencies was a pleasure to hear and our youth enjoyed working and learning. Most of all, they enjoyed bringing home a paycheck. The youth have future goals of what careers they

would like to be employed in and have already taken the steps on their way to making it become a reality.

It was a great pleasure working with Center for Training and Careers who continuously supports the Native TANF Program and from the Indian Health Center of Santa Clara Valley who have worked with the Native TANF Program on many events for our clients.

“Grandfather says that when your friends die you must not cry. You must not hurt anybody or do any harm to anyone. You must not fight. Do right always. It will give you satisfaction in life”.

Wovoka - Paiute



Intensive Outpatient Program

Washoe Family Healing Center

Monday: 5:30-8:30 pm

Tuesday: 5:30-7:30 pm

Thursday: 5:30-8:30 pm

Questions: Call Christine Leclerc @ (775) 781-0589

This program is funded by DOJ/CTAS grant.

Learn how to improve your relationship with those you care about.



Native Healthy Relationship Workshops

“Our People lived a simple existence. The families lived together. The people cared for one another. The elders were respected and cared for. The aunties, uncles, and grandparents all helped to watch over the young ones. Life’s Teachings were passed from one generation to the next. The young ones were raised to be productive members of the village, ready to lead the next generation...” – From the play, Humpie Seasons by Pam James

Monday & Friday, 1:30pm – 4:30pm at the Dresslerville Community Center

- Sept. 6 – Native Wellness
- Sept. 9 - Historic Trauma, Drama, & Wellness
- Sept. 13 – Hunter & Gathers – Gender Difference
- Sept. 16 – Healthy Conflict Resolution
- Sept. 20 – Healthy Communications
- Sept. 23 - Coming Together as a Couple
- Sept 27 – Better Sex
- Sept 30 –Living in Balance

Open to Community Members

“Coming Together In A Good Way”

“The Douglas Native TANF Office would like to invite you to attend all sessions with your partner for the maximum benefit to your love relationship”.

Questions or Comments, please contact Eleanore E. Muscott at Douglas Native TANF 775-265-2254

Sponsored by the Douglas Native TANF Program Administered by the Washoe Tribe of Nevada and California



HAPPY BIRTHDAY my Kier-son!!!

18 years of childhood gone and now emerges a young man!

Be the best at what you want to be, do great things! And don't forget that Auntie deserves her own floor in each of the hotels you plan on building and owning!

Love you!
Aunt Deb
(AKA: Aunt Sas)

Shay, Christy and Uncle Dave send their love and best wishes too!!



SAVE the 2013 DATE

“Parrihos: Partnership”

(‘parrihos’ word from Patwin Tribes of the Wintun People)

46th Annual Native American Day

Friday, September 27, 2013

10:00 am—2:00 pm

State Capitol Building—South Steps
Sacramento, California

Sponsored by:
The State Tribal Liaisons of California

For more information:
Please contact Heather Hostler at
(916) 373-3718 or Heather.Hostler@gov.ca.gov



BEADING CLASSES

Start August 6th, Tuesdays 2-4PM

At the Douglas TANF Site, 1528 US Highway 395 N., Gardnerville

BEADING—It is CULTURE...It is TRADITION of INDIAN PEOPLE...Don't let it fade into the past

Help preserve the "Art of Beading."

Learn old traditional patterns, designs, & symbols. The Native TANF Program's goal is to preserve beading—a tradition important to Indian People's Culture and Heritage.

Community members are welcome to attend.

Beading Materials Supplied

Sponsored by the Native TANF Program

Administered by

The Washoe Tribe of Nevada and California

Contact Eleanore E. Muscott at 265-3073

You're invited to attend the...
14th Annual

MARKLEEVILLE CREEK DAY

Saturday, September 21
9am-2pm

Alpine County's 14th annual Markleeville Creek Day will take place on Saturday, September 21 from 9 a.m. – 2 p.m. Interested volunteers will meet at the Markleeville Library Park at 9 a.m. and join one of the various restoration projects throughout the watershed. Projects will include stream bank stabilization, invasive weed removal, trail building and the Great Sierra River Clean-up. This event is free and all are welcome.

The Alpine Watershed Group hosts this annual event in partnership with a variety of local agencies and community groups, including Alpine County, Friends of Hope Valley, Carson Water Subconservancy District and the Carson River Weed Management Coalition.

We encourage you to pre-register in order to select your project of choice. For more information and to register for this event, please contact Sarah or Shane at the Alpine Watershed Group office - 530-694-2327.

We hope you can join us for this important watershed work day.

Washiw Itlu' Fall Schedule

Mondaylu- Carson TANF- 2 pm
(beginning September 9th)

Tuesdaylu- Alpine TANF -1 pm

Wednesdaylu- Dville Community
bldg 1:30pm

Wednesdaylu- Stewart Head start
6:30 pm

Wednesdaylu- Carson Ed Center(Gym) 4:15pm
(beginning September 11th)

Thursdaylu- Dresslerville Commt. Bldg 6 pm

Plydaylu- Woodfords Ed Center- 2:30 pm

(beginning September 6th)

Plydaylu- Carson Ed Ctr (gym) 4:15pm (beginning October 4)



Bad Medicine

Douglas County Parks and Recreation

League Tournament Champions 2013

Kelli Wyatt, Jolie Kizer, Tarrah Kizer, Liza Murphy, Tomasa Kizer,

Jesse Rowden, Coach Mark Kizer, Gwen James

Jeanine Blue Horse, Skyler Zullian, Lou Vega

Not pictured-Kristin Wyatt, Echo Conway, Pam Talas, Brooke Kizer

Wašišiw Guwa? Workings of the Washoe

*Huŋa me heši mílew!!
Greeting from Wašišiw Guwa?*

Tagum Gumsabay

It's that time of year again for Tagum gumsabay. Once again, the Washoe Cultural Resource Advisory Council is hosting the ceremony in collaboration with the Carson Colony community council we have planned to hold this year's Tagum Gumsabay at the Carson Colony on Saturday September 28th, 2013.

Tagum Gumsabay is a Wašiw gathering and celebration of the pine nut harvest. It is meant to bring our people together to give thanks for the harvest, and forget all the differences we have as we come together as Wašiw people. Steven James will be blessing our Tagum again this year in preparation for the ceremony.

We are planning to go and pick pine nuts for pine nut soup on Thursday, September 12th, 2013 with the Patalŋi Meki language immersion nest at Head Start, if anyone is interested in joining us please contact Mischelle Dressler at (775) 781-0513.

It will be a potluck style dinner, and we will begin dancing from sunset to sunrise followed by a short dinner. We still need

runners to help pass the message between each of the four Wašiw communities so if anyone is interested in helping out please contact Herman Fillmore at (775) 781-4853. We also need

all of our Wašiw singers to come out and keep the people dancing



shops on topics related to native language teaching, curriculum

development and credentialing. We were inspired by the work and efforts of our neighboring California tribes whose language revitalization efforts are diligent. Many of these tribes are learning to speak by only written orthography due to the fact that they no longer have living speakers. We were educated on how to incorporate mu-

sic into our language learning, especially with the children because they learn fast when things are put into song. Another approach was through technology and games. When we're trying to reach out to our children today, technology and games play a key role in getting their attention. We learned where and how to obtain

(Continued on page 13)

PINE NUT DANCE

Event: Tagum Gumsabay

Date: September 28, 2013

When: Dusk until Dawn, there will be a few traditional games held before the dance

Where: Carson Colony, between the elder center and gym

This is a drug and alcohol free event

all night long. Wear your traditional clothes!

Living Language Circle Workshop August 13-15 2013

We had the opportunity to attend this year's invitational only, Living Language Circle Workshop in Brook, CA hosted by Yoche Dehe Wintun Nation. This year's conference featured presentations, panels and work-

(Continued from page 12)

free apps for iPad, iPods, and other tablets that are completely user friendly and we can incorporate Wašiw itlu into these apps with recorded sound. Board games are another teaching tool we will be working on getting translated into Wašiw. These are the types of material we've been looking for to use in teaching language to our students. We also had the opportunity to visit the Yoche Dehe Wintun Academy where the children attend full immersion classroom instruction. We are excited to be bringing this information back to Wašiw country to incorporate into our own Language programs!!

Wašiw Itlu Classes-

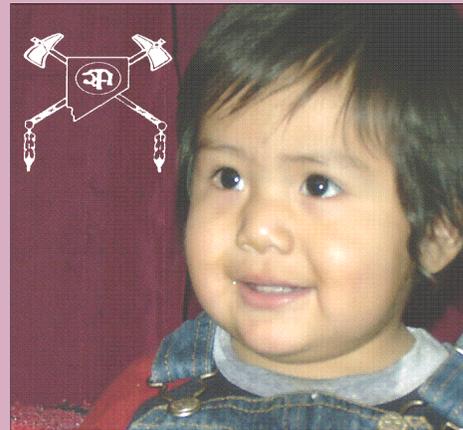
We have already begun planning out our 2013-2014 school year. Beginning September 3, 2013, we will be taking the head start children that have transitioned into kindergarten and will be instructing them in the after-school program from 4-5 Monday through Thursday, since these kids have already been semi-immersed in the language we would like to continue them in learning Wašiw. These children are our hope for the future of our language. Although our focus will be with these children, *any* children interested in attending these classes are welcome to join us after all of their homework is completed.

We will continue to do language instruction in all 5 head start classrooms as well. We will be making some changes to our Fall Class Schedule as well so please keep a look out for these changes as we will have them posted as we finalize these chang-

Get child care paid or subsidized by ITCN

Inter-Tribal Council of Nevada, Inc. Child Care Development Fund (CCDF) can pay up to 95% of your child care costs if you are a Native American family in Nevada. Child care subsidies are available for Native American families in your community.

To be eligible your child must



be 13 years of age or younger, have proof of Native American descendency, (or parent/guardian), working, attending technical/higher education, or in a job training component. Call (775) 355-0600, extension 290, today to see if you are eligible!

es.

Demućuću íbikí gum díbe (Month when the fruits are ripe)

Finally we are taking an end of summer day trip to go and harvest badu? on September 7, 2013.

Please see the flier for more information. Space is limited so early sign up is encouraged. If you would like to take your own vehicle then we will be meeting at the Woodfords store and departing at 9:00 am and going up Hwy 50 to Ice House Reservoir. **JUST A REMINDER!!!**

Cultural Resources Department Needs Cultural Contractors

We will pay for people that can provide instruction on culturally relevant skills, for example; bow and arrow making, basket weaving, obsidian knapping, making a fire with ancient skills, survival skills or anything that can help us provide service.

Under new rules the Cultural Resources Department is required to have all contractors receive a background check. A background check is required because we work families and minors.

We need a response as soon as possible so we can compile list of contractors to provide traditional activities. Once the background check has been done no checks will be required for five years. If you are interested, send us a letter with your name, address, phone number and the skills you can teach.

Washoe Cultural Resource Department

919 Hwy 395 South
Gardnerville, NV. 89410

Or call (775) 546-3421

(775) 781-0513

(775) 781-4853

Washoe Tribal Health Center *September Schedule* **Please note the clinic will be closed on:**

September 2, Monday
Labor Day Holiday

September 6, Friday
Closed from 12 – 5pm
Washoe Tribal Employee
Appreciation Day

September 10, Tuesday
Closed from 1-4pm
HIPAA and ACA Training

September 27, Friday
Indian Day Holiday

**Please remember to get in
your prescription refill re-
quests to the pharmacy.**

D'Ville Resident is New Environmental Employee

Huŋa me hešī, Lisa Christensen degum dia leī. Huŋaletī gúmtanú and an enrolled Washoe Tribal member. I have lived in Dresslerville for 14 years. I started working for the Washoe Tribe as a retail clerk 23 years ago in our Gardnerville Smoke Shop. I graduated from the Washoe Tribe Heavy Equipment Training Program in January 2001 with a class A commercial driver's license. I have had the opportunity to work on the conservation crew and solid waste program with the Washoe Tribe Environmental Protection Department and Washoe Housing Authority roofing project. I became a Community Emergency Response Team member in 2005 and have been working with our community members for the past two years on emergency preparedness which has lead me to my current position as an Environmental Specialist I. My duties include serving as the Emergency Management Coordinator and training as an Underground Storage Tank Inspector. If you have any questions please call 775-265-8618 or email lisa.christensen@washoetribe.us.



Left: Site visit/field recon to Otzali Watah (Skunk Harbor parcel) August 20th - Chairman Darrel D. Kizer, Jennifer Johnson (Environmental Protection Department), and Rob Dann (Natural Resource Management Corporation, on site conducting a forest inventory)

Native American Fatherhood and Families Association



Fatherhood/Motherhood Is Sacred
The Family is at the Heart of Native American Cultures

**Every Wednesday in September at the
Washoe Housing Authority 6:00 pm.**

Fatherhood is Sacred is a 12 session parenting class / parenting support group

that is open to all fathers. Jeremy from Carson TANF will be facilitating the class. We will have a light dinner, and it is *open to all community fathers and men* who want to learn the importance of being a father.



The family is at the heart of the Native American cultures. There is no other work more important than fatherhood and motherhood. Our approach is based on a culturally rich model that inspires and motivates fathers to devote their best efforts in teaching and raising their children to develop their potential and the attributes needed for success in life by *uplifting, encouraging, assisting, and teaching.*



Carson TANF Office
401A Washoe Street
Carson City, NV
89703

Jeremy, Program
Coordinator
Phone: (775) 882-9256
Fax: (775) 882-6537
E-mail:
jsteele@washoetanf.org

**NATIVE TANF PROGRAM
ADMINISTERED BY THE
WASHOE TRIBE OF NEVADA
AND CALIFORNIA**

On behalf of my family,

I would like to thank all of those who helped during my grandmother's funeral service

On behalf of Roberta Miller Phoenix, a Washoe Tribal Elder, the family would like to thank everyone who extended a helping hand and volunteered their time during our time of grief. Thank you for your thoughtfulness, generosity and support. We would like to send special thanks to the Washoe Tribe Burial Committee, Walton's Funeral Home, Pyramid Lake Veterans and Warriors organization, all the people who sent flowers, cards, donated food and the Carson Colony for the use of the gym. We would also like to thank the Washoe Tribe Police Department for the escort to the Woodfords Cemetery. Thanks to all of you for your thoughts, prayers and presence during our loss. We sincerely appreciate all of you.

Thank you again from the family of Roberta.

Washoe Environmental Protection Department Intern Perspective

Hello, my name is Ariel Skye Richardson. I'm an enrolled member of the Walker River Paiute Tribe in Schurz, Nevada; and a 21 year old college student at the Southwestern Indian Polytechnic Institute in Albuquerque, New Mexico. I will be graduating with my associates' degree in natural resources in the spring of 2014.

This summer I participated in the 2013 Student Summer Intern Program with the Institute for Tribal Environmental Professionals (ITEP). Since 1994, ITEP has offered student summer internships for Native American and other college students with funding from the U.S. Environmental Protection Agency (EPA). This program provides the opportunity for students to gain hands-on skills with the EPA or other governmental and tribal environmental offices.

The Washoe Environmental Protection Department (WEPD) was selected this summer to participate as a host tribe to an air quality intern. This summer I've enjoyed working for the WEPD as the air quality intern, even though I didn't have much experience with the air program, I was excited and eager to learn.

My job requirement for this position was to update the tribe's emissions inventory from 2007; draft a Quality Assurance Project Plan based on my research from the emissions inventory; assist with operating the PM_{2.5} MiniVol air monitor in two Washoe Communities (Dresslerville and Woodfords); assist with surface water sampling; and assist with collecting water information from dataloggers deployed in the field. Throughout this project I used my sources and was able to sharpen my

communication skills, office skills, field work skills and time management skills in order to accomplish these tasks. I learned about the environ-



mental programs and projects being done on the reservation, the environmental issues they are facing, and what they are doing to protect their natural resources.

My long term goal is to graduate with my bachelor's degree in biology and establish a hunting preserve on my reservation which is the Walker River Paiute Reservation to bring jobs to our people and revenue for the tribe. In order to do so I have to be knowledgeable about the environment, wildlife, vegetation, air quality, water quality, managing a business, and protecting our resources. This internship has given me the opportunity and hands on experience working in a professional environment.

Lastly, I would like to thank the Institute for Tribal Environmental Professionals (ITEP) and The Washoe Tribe of Nevada and California for the opportunity to work with their establishment.



Wašišiw guwa?

Washoe Culture and Language Department

*Huŋa me heši!! It's that time when demućuću
íbiki gum dibe (month when the fruits are
ripe).*

*We are planning a day trip to go out and har-
vest berries.*



*We would like to gather badu (elderberry), se-
wit yoggle (gooseberry), and mualungi (wild
strawberries) and whatever other kinds of ber-
ries we find on our hunt.*

*If you are interested in going to harvest berries
please call to sign up!!*



What: Harvesting Berries

When: Saturday, September 7th

Departing at 9am from Woodfords Store

Where: Ice house area going up Hwy 50

*Please bring a basket, a sack lunch and wear
comfortable shoes. Water will be provided.*

Please call Mischelle @ 781-0513 Space is limited

5th ANNUAL MEN'S HEALTH GATHERING

The 5th annual Men's Health Gathering, was held at the Carson Valley



Inn in Minden Nevada on July 31st 2013. Sponsored by the Community Health Department from the Washoe Tribal Health Center in association with the Washoe Tribe Native TANF. The dinner event was an overwhelming success for the two programs, with enormous support from each tribal community, and an outstanding attendance from the off-reservation tribal members as well. The evening started off with a prayer from tribal elder Steven James. The Washoe Tribal Chairman Darrel Kizer opened up the night with a short speech encouraging the young men in attendance to stay positive and seek a good education to help themselves and the tribe to keep moving in a positive direction. Our first presenter of the night was Mrs. Michele Cowee a registered dietitian, Michele spoke of the importance of diet and exercise with onset of diabetes and heart disease which is prevalent throughout Indian country nationwide. The next presenter of the evening

was Mrs. Joni Box who works for the Washoe Tribe Senior Center in Dresslerville. Joni's presentation was on recognizing and dealing with the effects of Elder Abuse. Joni explained the signs of elder abuse and how to read them and what to do if you suspect elder abuse. Joni was also helped with her presentation by the senior center director Sharon Doan who graciously answered a few questions also.

After the two presentations, dinner was served, it was a Mexican style buffet with mesquite grilled chicken, beef enchiladas, Spanish rice, and a green salad. Dessert was a lemon tart pie, chocolate pie, and coffee.

The guest speaker for the evening was Mr. Dean Hoaglin from Inter-Tribal Council of California Inc. cultural competency program. Mr. Hoaglin's presentation provided advise and personal experiences in



child development, education, alcohol and drug abuse and recovery, law enforcement issues, traditional / cultural education, and provided some native humor along the way.

The last presenter of the night was Deputy Evan Enos from the Washoe Tribal Law Enforcement. Evan's presentation was a very good one explaining the effects and problems associated with alcohol abuse throughout our native communities. Evan also discussed drug abuse and how it goes hand in hand with alcohol abuse.

The Community Health Department would like to thank all the support that was shown for this the 5th annual men's health gathering, it was a great success for our program and the Native TANF program. I would also like to thank Mr. Paul Tupaz from ITCC for recommending Mr. Dean Hoaglin for this program. Mr. Tupaz was to be the guest speaker but had to step aside for personal reasons. The community health program would also like to thank Washoe Tribal Chairman Darrel Kizer for his participation and support for this event. A big

thank you to our local Native TANF sites for the outreach and support. We would also like to thank all of the Tribal and Community council-

man and tribal members who attended, and made this event a great success that has us looking forward to the 6th annual event to be held next summer.

6th Year for WTPD at National Night Out

The Washoe Tribal Police Department along with the Washoe tribal Domestic Violence department participated in National Night Out at Mills Park Tuesday, August 6th, 2013 5pm-8pm. This is the biggest neighborhood outreach event of the year put on by Carson City Sheriff's Office, they celebrated 11 years

of giving crime the boot. This was also the 6th year in a row the Washoe Tribal Police department has been involved in Na-

This is the biggest neighborhood outreach event of the year...



tional Night Out. Chief Varner, Sgt. Leonard, Officer Blackeye, K-9 Officer Egelston, Officer Garcia & DV Advocate Angela Lemas were all pre-

sent at the booth during the event to meet and greet all community members that stopped by to say hi and ask questions. We sure did have fun, and are looking forward to the event next year.

This September: You Can Be The Hero

SEPTEMBER IS NATIONAL PREPAREDNESS MONTH!

September is National Preparedness Month. It is a time to prepare yourself and those in your care for emergencies and disasters. If you've seen the news recently, you know that emergencies can happen unexpectedly in communities just like yours, to people like you. We've seen tornado outbreaks, river floods and flash floods, historic earthquakes, tsunamis, and even water main breaks and power outages in U.S. cities affecting millions of people for days at a time. Police, fire, and rescue may not always be able to reach you quickly in an emergency or disaster. The most important step you can take in helping your local responders is being able to take care of yourself and those in your care; the more people who are prepared, the quick-

er the community will recover. This September, please prepare and plan in the event you must go for three days without electricity, water service, access to a supermarket, or local services for several days. Just follow these four steps:
Stay Informed: Access Ready.gov/be-informed to learn what to do before, during, and after an emergency.
Make a Plan: Access Ready.gov/make-a-plan for sample plans. Discuss, agree on, and document and emergency plan with those in your care.
Build a Kit: Access Ready.gov/build-a-kit. Keep enough emergency supplies- water, nonperishable foods, first aid, prescriptions, flashlight, and battery-powered radio on hand.

Get Involved: Access Ready.gov/get-involved. There are many ways to get involved especially before a disaster occurs. Use local emergency management resources to learn more about preparedness in your community and get involved with your local American Red Cross Chapter or train with a Community Emergency Response Team (CERT) please email li-sa.christensen@washoetribe.us or call 775-265-8618.

Preparedness for Seniors: Access Ready.gov/seniors. Seniors should keep specialized items ready, including extra wheel chair batteries, oxygen, catheters, medication, food for service animals and any other items they might need. Be sure to make provisions for medications that require refrigeration.

Statewide Tribal Emergency Communications Drill

On August 9, 2013 the Washoe Tribe along with 15 other tribes of Nevada exercised the Emergency Communications Boxes (ECB). Lloyd Wyatt, Richard Varner, Jacqueline Kizer, Annali Zieroth, and Lisa Christensen participated using the ECB from Woodfords, Dresslerville, and Washoe Tribe. The components tested were the 800 MHz Radio, Satellite Phone, and each player performed the tasks of making resource requests and creating an incident log onto the WebEOC.



The Nevada Statewide Tribal Communications Drill is second in the series of last years exercise Wa' ma' gayam (Lighting Strikes) coordinated by the Inter Tribal Emergency Response Commission (ITERC) and the State of Nevada Division of Emergency Management (NDEM) also was involved as a

player and performed the call downs.

This drill builds the partnerships between State, local, and Tribal jurisdictions regarding preparedness efforts in strengthening communications capabilities between all jurisdictions. This exercise is designed to establish a learning environment for participants to train with equipment which ensures interoperable communications. The purpose of this drill is to ensure, by means of training and rehearsal that in the event of a catastrophic loss of interoperable communications, Tribal Emergency Operations Centers can coordinate emergency communications and operations through mobile resources remote from a fixed Emergency Operations Center (EOC). We will be continuing bi annual trainings on the ECB through the Washoe Tribe Environmental Protection Department. If you have any questions please contact Lisa Christensen at 775-265-8618 or email li-sa.christensen@washoetribe.us.

**Native Youth
Advisory Council**

**Could you be the
one?**



Friday, September 20, 2013

4:00 pm @ Carson Senior Center
401-B Washoe Street, Carson Colony

All youth attending must be in the 9th-12th grade

Election of Youth Council Officers will begin at 4:00 pm.

Nominations for President, Vice-President and
Secretary-Treasurer will be announced.

For more information call: Healing Center/Karen Sims @ (775) 265-5001

National Suicide Prevention Week is September 8-14, 2013.

This year's theme is "Challenging Our Assumptions and Moving Forward Together".

Understanding and Helping the Suicidal Individual

BEWARE OF THE WARNING SIGNS:

Are you or someone you love at risk of suicide? Get the facts and take appropriate action.

Get help immediately by contacting a mental health professional or calling 1-800-273-8255 (TALK) for a referral should you witness, or see anyone exhibiting any one or more of the following:

Someone threatening to hurt or kill him/herself, or talking about wanting to hurt or kill him/herself.

Someone looking for ways to kill him/herself by seeking access to firearms, available pills, or other means.

Someone talking or writing about death, dying or suicide, when these actions are out of the ordinary for the person.

Seek help as soon as possible by contacting a mental health professional or calling 1-800-273-8255 (TALK) for a referral should you witness, hear, or see anyone exhibiting any one or more of the following:

- Hopelessness
- Rage, uncontrolled anger, seeking revenge
- Acting reckless or engaging in risky activities, seemingly without thinking
- Feeling trapped - like there's no way out
- Increased alcohol or drug use
- Withdrawing from friends, family and society
- Anxiety, agitation, unable to sleep

- or sleeping all the time
- Dramatic mood changes
- No reason for living; no sense of purpose in life

BEWARE OF THE FACTS:

Suicide is preventable. Most suicidal individuals desperately want to live; they are just unable to see alternatives to their problems.

Most suicidal individuals give definite warnings of their suicidal intentions, but others are either unaware of the significance of these warnings or do not know how to respond to them.

Talking about suicide does not cause someone to be suicidal.

SEPTEMBER IS SUICIDE PREVENTION MONTH

Approximately 38,000 Americans kill themselves every year. The number of suicide attempts is much greater and often results in serious injury.

Suicide is the third leading cause of death among young people ages 15-24, and it is the eighth leading cause of death among all persons.

Youth (15-24) suicide rates increased more than 200% from the 1950's to the late 1970's. Following the late 1970's, the rates for youth suicide have remained stable.

The suicide rate is higher among the elderly (over 65) than any other age group.

Four times as many men kill themselves as compared to women, yet three times as many women attempt suicide as compared to men

Suicide occurs across all age, economic, social, and ethnic boundaries.

Firearms are currently the most utilized method of suicide by essen-

tially all groups (male, female, young and old, white, non-white).

Surviving family members not only suffer the trauma of losing a loved one to suicide, and may themselves be at higher risk for suicide and may themselves be at higher risk for suicide and emotional problems.

WAYS TO BE HELPFUL TO SOMEONE WHO IS THREATENING SUICIDE:

- Be aware. Learn the warning signs.
- Get involved. Become available. Show interest and support.
- Ask if he/she is thinking about suicide.
- Be direct. Talk openly and freely about suicide.
 - Be willing to listen. Allow for expression of feelings. Accept the feelings.
 - Be non-judgmental. Don't debate whether suicide is right or wrong, or feelings are good or bad. Don't lecture on the

value of life.

- Don't dare him/her to do it.
- Don't give advice by making decisions for someone else to tell them to behave differently.
- Don't ask 'why'. This encourages defensiveness.
- Offer empathy, not sympathy.
- Don't act shocked. This creates distance.
- Don't be sworn to secrecy. Seek support.
- Offer hope that alternatives are available, do not offer glib reassurance; it only proves you don't understand.
- Take action! Remove means! Get help from individuals or agencies specializing in crisis intervention and suicide prevention.

CONTACT:

Washoe Family Healing Center at (775) 265-5001.

Source: www.suicidology.org/c/document-library/get_file.

Mayala Watah at Lake Tahoe



How Do You Prevent Truancy?



Oversleeping and/or missing the bus will be considered an unexcused tardy by California/Nevada Education Code laws.

If you and your student do happen to oversleep, please make every effort to get the student to school as soon as possible and before he/she is 30 minutes late. This will help you avoid possible consequences for truancy.

Valid excuses for a student arriving late or being absent are:

- Personal illness or injury
- Funeral in the immediate family
- Medical or dental appointments
- Religious exercises (limited number)
- Quarantine
- Jury duty (for students 18 and older)
- Service as a member of a board for an election (for students 18 and older)
- Justifiable personal reasons: this must be approved by the Principal.

Examples of Unexcused lateness or absence are:

- Oversleeping
- Missing the bus
- Suspension from school
- Hair appointments
- Babysitting
- Shopping



If your student is late, you are required to sign the student in at the school office.

If your student is absent you are required to call the school, send a note or come in to the school office to explain the student's absence. This will prevent an unverified absence (truancy) on your student's attendance record.

by Rhonda Medicine Crow





All Aboard!

An "Elder Abuse" outing on the Tahoe Queen was held on August 22nd. Thanks to the Community Councils for making this event possible Everyone had a great time!



Elders Enjoy Private Cruise on the Tahoe Queen





Intermountain 1950-1984 Inter-Tribal Indian School Eagles Alumni Reunion

Students & Staff September 5-7, 2013

279 Students and staff
attended the
2012 Reunion

Peach Days
Constitution Park
450 East 700 South
Brigham City, Utah

IMS Reunion Committee:

Tree Huskett; trebill265@yahoo.com,
775-848-4341 or FB

Lionel Tahreep;
435-401-8272 or FB

Ronald Geronimo; mm02sg@yahoo.com
520-307-6479 or FB

Cris Polk; cpolk83@yahoo.com

Reunion is a drug and alcohol free event. Committee & Brigham City is NOT liable for any damages, theft, short changed travelers, divorces, break-ups or other.

Parade-Float Entry, Peach Days Run, Dance, BBQ, Raffle, Old School Games, Gift Swap, Silent IMS Auction, Stories & Memorial...IMS souvenirs available to purchase.

Photos, stories & memories are appreciated for DVD & scrapbook. Include name(s) & years/info.

A donation jar will be on site to help with cost.





Pictured left-to-right: Stan Smokey (Vice Chairman, Stewart Community), Little Fawn Boland (Partner, Ceiba Legal LLP), Mahlon Machado (Tribal Gaming Commissioner), Pauline Howe (Chief Financial Officer), Greg Weyland (Tribal Business Operations Manager), Gordon Forrester (Tribal Gaming Commissioner), Harold Wingert (Vice President of Development, M.A.C. Corporation), Frank Dumont (Vice President of Design, Leo A. Daly), Jacqueline Steele (Councilwoman, Stewart Community), Neil Mortimer (Tribal Vice Chairman), Anthony Smokey (Councilman, Dresslerville Community), Jeremy Hutchings (Director of Engineering, R.O.Anderson) and Geoffrey Ellis (Chairman, Hung A LeI Ti Community)

Many thanks

...to our Tribal and Community leaders, to our Gaming Commissioners, to Little Fawn, Jeremy, Frank, and Harold, to John and to our whole Washoe team for a positive and productive meeting and site tour for the new Tribal Enterprise directly north of the Tribal headquarters along Pine Nut Road Thursday, August 29th. The site parcel is proposed for the Washoe Tribal business enterprise project.

Washoe Tribe Pre-college Advisor News

Students visit local college campuses

During the summer months the Pre-College Advisors organized College tours. On June 13, 2013 they took students to the University of Nevada Reno and Truckee Meadows Community College, Sandy Mitrovich the Native American Coordinator for University of Nevada Reno conducted a tour for the students.

On Friday July 12, 2013 the Pre-College Advisors took another college tour to Western Nevada College and Lake Tahoe Community College. The students were able to take back what each school looks like and what it takes to attend the college!

A Pre-College Advisor will be available for high school students during school year 2013-14 at Douglas High School on Tuesdays and Thursdays and at Car-

son High School Mondays, Wednesdays and Fridays. Parents and students are both welcome to get help signing up for College or Vocational programs.



Above: Washoe students get a campus tour of Western Nevada College in Carson City, Nevada



Washoe Gourd Project Artist, Charles Monroe stopped by our offices recently to show his artwork to staff members. Bottom left Charles poses with Shelly Wyatt and Jeannine Jim-BlueHorse.



The Washoe Tribe Scholarship Department has approved 14 applications for the fall of 2013 Higher Education Scholarship!

Incentive Scholarships are due on September 15th 2013. The incentive scholarship is for those College students who were full time in spring of 2013 and received a 3.00 or higher G.P.A. and plan on continuing classes in the spring semester.

“If you are an adult wondering if you should go to college or take a vocational trade” then call (775) 782-6320 and make an appointment to visit with a Pre-College Advisor, located at 1246 Waterloo Lane in Gardnerville, room 110.



Right: Washoe students get a campus tour recently of University of Nevada in Reno, Nevada.



Washoe Tribe of Nevada & California

919 US Highway 395 South, Gardnerville, NV 89410
(775) 265-8600

To view this newsletter online go to

www.washoetribe.us

Let us know if we can remove you from the mailing list and save paper and mailing costs.

Washoe Tribal Council

Darrel D. Kizer, *Tribal Chairman*

Neil Mortimer, *Vice-Chairman*

Tamara Crawford, *Secretary/Treasurer*

Carson Colony

W. Gary Nevers, *Chairman*

Chad Malone, *Vice-Chairman*

Dresslerville Community

Julie Barr, *Chairwoman*

Joseph McDonald, *Vice-Chairman*

Off Reservation

Elwood "Woody" Rakow & Darrel Cruz

Off Reservation Representatives

Reno Sparks Indian Colony

Vacant, *Representative*

Stewart Community

David L. Tom, *Chairman*

Stan Smokey, *Vice-Chairman*

Woodfords Community

Geoffrey Ellis, *Chairman*

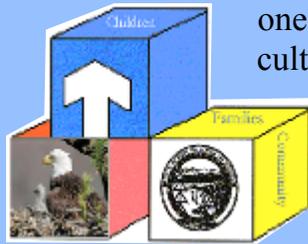
Neil Mortimer, *Vice-Chairman*

Newsletter Editor

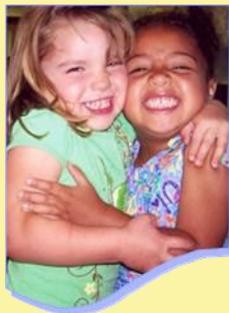
Don Johnson

Please let us know if your address has changed!

The Pat'alni Me?k'i, Head Start Immersion Classroom, is **seeking volunteers and contractors** for the up coming school year. We are looking for Speakers, Basket weavers, Seamstress's, Artists, Singers, Hunters/Gatherers J and anyone that is knowledgeable about our unique culture and traditions. Please call Lisa Enos at the Dresslerville Head Start (775) 265-2629 or (775) 790-7357 to be apart of our efforts in revitalizing our language and culture!!



Fall Head Start Program Wait List



Each year there continues to be a long waiting list for the Washoe Tribe Head Start program. You can still call 775-265-1074 or go by the Dresslerville or Stewart centers to pick up an application however, our classes are currently full and we cannot guarantee enrollment. If your child is 3 to 5 year old you may still be put on a waiting list for September, 2013 - May, 2014.

Children must be 3 years old before October 1st to meet the age requirements and not turn 5 until after October 1st. The program is offered in the Dresslerville and Stewart communities and is a comprehensive child development program with the goal of increasing school readiness of young children. Hot nutritious meals, socially inviting activities, making new friends lead to success in their school environment and beyond in their careers.