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WASHOE TRIBE OF NEVADA AND CALIFORNIA

Waʔ bi·baʔ ʔum mušeʔeš išge

Translation- "Read It Here"

Washoe Tribal Newsletter—Voice of the Washoe Tribe of Nevada & California April 2015

Highlights of what's inside

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The many faces of cultural preservation

A Cultural Update

OUTREACH AND EDUCATION

The Washoe Tribe's Cultural Resources Department provides outreach and education presentations to students, schools, professionals and organizations on Washoe history and culture. These presentations are aimed at educating the public in regards to sensitivity toward Washoe language and culture.

UPCOMING EVENTS

Keep an eye out for cultural events fliers. We are planning spring activities and you do not want to miss out. Look for fliers, check the cultural portion of the tribe's website at washoetribe.us, or contact our office at (775) 782-0010.

RESEARCH RESOURCES

As the school year continues, students are required to conduct research on assigned topics. Others are eager to learn their Washoe language, history, and culture. Please remember our library is open to those wanting to learn about Washoe. Contact our office if you would like to utilize our research material. We have over 300 resources available to you. Resources are for in-office use only, although some material may be duplicated upon request.

WASHOE CULTURAL RESOURCES ADVISORY COUNCIL (WCRAC)

WCRAC meets the first Tuesday of each month at 1:00pm (subject to change) at the Cultural Resources Department office located in Minden at 1662 Highway 395 North, Suite 206.

(Continued on page 2)

(Continued from page 1)

All are welcome to attend. Please contact our office if you are planning to attend. If you are unable to attend please refer to the minutes posted on the Cultural Resources website. Go to washoetribe.us, and click on the Culture tab, under "meeting minutes".

WAŠIW ʔITLU CLASS SCHEDULE

Mondaylu- Carson TANF– 2:00pm

Tuesdaylu– Alpine TANF -1:00 pm (Tentative)

Tuesdaylu-Stewart Ed center—4:00pm

Wednesdaylu- Dville Community bldg 1:30pm

Wednesday– Carson Colony Ed Center-4:00 Pm

Wednesdaylu- Stewart Head start-6:30 pm

Thusdaylu- Dresslerville Senior Center- 6:00 pm

Plydaylu– Woodfords Ed Center– 2:30 pm

If you have any questions please Contact:
Mischelle Dressler 775-781-0513 or
Herman Fillmore 775-781-4853

CULTURAL CALENDARS STILL AVAILABLE!

We have 20 calendars available for those that are interested, and have not yet received one. First come, first serve! If you are interested stop by our office and pick one up. Off-reservation members please contact our office and we can mail one out to you.

April CALENDAR

(all dates subject to change)

Dresslerville Community Council Meeting
Wednesday, April 1, 6:00pm

Carson Colony Community Council Meeting
Wednesday, April 8, 6:00pm

Woodfords Community Council Meeting
Thursday, April 9, 6:00pm

Tribal Council Meeting
Friday, April 10, 6:00pm
Woodfords Community

Stewart Community Council
Tuesday, April 21, 6:00 pm

Articles and opinions expressed in this publication are not necessarily the opinions of this publication or the Washoe Tribe or Tribal Council. This Tribal Newsletter encourages tribal members and their families to submit letters, articles, photographs, and events to be considered for publication. These are subject to editing. Contributing writers, and photographers include tribal community members, tribal employees and other sources as appropriate. To ensure timely publication of submissions contact information must be provided. Addresses, phone numbers, e-mail addresses, and other provided contact information will not be published, unless requested.

Disclaimer: All dates are subject to change. We reserve the right to refuse any submission with final approval by the Tribal Chair or Vice Chair. Absolutely no campaigning for political gain allowed.

Submission deadline: Items submitted for publication must be received no later than 5pm on the 15th of each month unless a later deadline is otherwise posted. Unformatted electronic submission preferred. Printed monthly January through December. Published on or around the first of each month.

Submissions: Submissions may be mailed to Washoe Tribal Newsletter, 1246 Waterloo Lane, Gardnerville, NV 89410 or emailed to djohnson@washoetanf.org or faxed to 775-782-6892, Attention: Newsletter Editor. **Questions? Call 775-782-6320**

Cultural Resources

Photo to right: Herman Fillmore, Washoe Language Teacher, Cultural Resources Department teaches basketry terminology to student participants during the PauWaLu Middle School's language at lunch program.

Photo to left: Michelle Dressler, Washoe Language Teacher, Cultural Resources Department teaches kinship terminology to student participants during the Stewart Headstart Program's language class.

ANNOUNCING ADDITIONAL RESOURCES

The Cultural Resources Department obtained language materials from UC Berkley in March. These materials consist of: William Jacobsen Jr.'s notes relating to interviews with Roy James, Clara Frank, Bertha Holbrook, and other Washoe members; Recordings of Washoe members; and Pictures of a Washoe Basket collection housed at the Phoebe Hearst Museum, which was donated by collectors. The CRD has made these items available to tribal members and families seeking information pertaining to the Washoe language and culture in our Research Center.

New Faces Keep the Washoe Tribe Moving Forward

Below are the new faces the Washoe Tribe hired, transferred or promoted since the last newsletter:

Employee Statistics *as of March 1, 2015*

Total # of Employees:		306
Total # of Females:	65%	199
Total # of Males:	35%	107

EEO Statistics:

Caucasian	105	35%
Hispanic	24	8%
Asian	5	2%
African American	3	1%
Amer. Indian	163	54%

Washoe 87 / Other A.I. 76

Type	Name	Position/Title	Start Date
Emergency Hire	Amber Bill	Rec. Asst. Woodfords	3/11/2015
New Hire	Linda Hardy	Librarian WIEC	3/9/2015
New Hire	Rhonda Roth	Instructional Asst. I	3/9/2015
New Hire	Melia Formento	Nurse Practitioner/Nursing Director	3/10/2015
Promotion	Leaora Crawford	Accounting Clerk I	3/16/2015
New Hire	Frances Kaiser	Program Coordinator	3/9/2015
New Hire	Ronnie Almanza	Case Assistant	3/9/2015
New Hire	Shasta Malone	Legal Secretary	3/12/2015
New Hire	Eric Emm	Tutor II	3/4/2015
New Hire	Melinda Ferrari	Retail Store Clerk	2/26/2015
New Hire	Steven Williams	Retail Clerk I	2/26/2015

Discover the Treasures of WIC

What is WIC?

- WIC is a supplemental nutrition program for Mothers, children, and infants
- WIC serves low income pregnant, postpartum, and breastfeeding women, infants, and children up to the age of 5 who are at nutritional risk

Some things WIC has to offer

FREE nutrition education

Support for pregnant and postpartum woman and fathers

- FREE nutritious foods
- We provide information and support for breastfeeding women
- Referrals to health care & Community resources
- Nutrition counseling
- We have a Registered Dietitian on staff to answer any high risk/special needs nutrition questions

ITCN WIC LOCATIONS

Moapa/
Overton
Schurz
Elko
Wadsworth
Carson City
Owyhee
Nixon
Dresslerville
Fort McDermitt
Yerington
Fallon
Goshute UT/Ely

Please call our office to schedule an appointment 775-398-4960

Review and comment on BLM's Plans

The Bureau of Land Management, Carson City District's Draft Resource Management Plan (RMP) is currently available for review and comment through April 27th. The RMP will guide how the BLM manages public land on the Carson City District in the future. The RMP documents and maps, and also a description of "What is a RMP?" are available on the BLM website https://www.blm.gov/epl-front-office/eplanning/planAndProjectSite.do?methodName=renderDefaultPlanOrProjectSite&projectId=22652 or you can find the webpage by typing "Carson City BLM RMP" into your internet search engine. Comments can be submitted by any of the following methods: ***email-*** BLM_NV_CCDO_RMP@blm.gov, ***fax-*** 775-885-6147, or ***mail to-*** BLM Carson City District, Attn: CCD RMP, 5665 Morgan Mill Rd., Carson City, NV 89701.

Comments are due by April 27th, 2015. For more information contact Colleen Sievers at 775-885-6168.

Get child care paid or subsidized by ITCN

Inter-Tribal Council of Nevada, Inc. Child Care Development Fund (CCDF) can pay up to 95% of your child care costs if you are a Native American family in Nevada. Child care subsidies are available for Native American families in your community.

To be eligible your child must be 13 years of age or younger, have proof of Native American descendency, (or parent/guardian), working, attending technical/higher education, or in a job training component. Call (775) 355-0600, extension 290, today to see if you are eligible!

The Parts of the Body

Word Search

Translate the words below and find in the grid to the left.

R	V	L	T	O	E	Z	U	U	N
V	D	I	R	T	N	E	C	K	Z
F	G	N	G	E	L	B	O	W	F
H	T	R	I	X	G	A	E	U	G
X	C	L	J	F	I	N	G	E	R
W	B	A	C	K	R	A	X	C	O
K	N	E	E	D	B	F	K	G	G
F	X	H	A	N	D	A	R	M	C
J	G	B	B	K	F	O	O	T	L
L	M	O	V	I	I	L	E	G	F

Aluŋ
tulićik
adu
íbu

Ašuk
tulćik
moko
Mayup

duću
mayup
Ahul

Attention All Washo Princesses Past and Present

There is going to be a presentation of a new crown into the Carson Valley Museum on Sunday, April 12. Please join us from 1:00 to 3:00 pm.

We are asking that all Washo Princesses be present with their crowns and dressed in their traditional Washoe dresses. We are also requesting that they bring any pictures of themselves. These will be displayed in the princess section of the museum.

Call Ada Johnson for more info. (775) 265-7103 (evenings).

Please welcome

Dr Ferraro, DPM

as our new podiatrist.

Dr Ferraro will be in the Washoe Tribal Health Center Clinic on the first and third Friday of each month.
Dr Ferraro's services are available by appointment only.
Please call 775-265-4215, ext 270 to schedule and appointment.

Join me for an adventure in STORYTELLING!

Develop your writing and computer skills while documenting family oral history, or create a digital scrapbook of all those photos that you would like to pass on.

MONDAYS: 2:00-4:00 PM. Classes are held at the Sierra Center, Suite 103, Minden

WENDSDAYS: 10:00 AM-12:00. Classes held at 4250 Cochise St., Suite 60, Carson City

Thursdays from 1:00-3:00 PM. Classes are held at the Alpine Native TANF Office

Community members are welcome!

Whatever you can read, you can write

Whatever you can write; you can read

Whatever you can write; you will know

Do you need your GED? Classes are held in Douglas, Carson, and Alpine counties. Call to set up an appointment.

For more information regarding any of the programs mentioned, contact Melanie Smokey; GED Instructor & Educational Liaison at(775) 450-4421

UPCOMING YOUTH PROGRAMS:

April 30th: Native Youth Summit in Pyramid Lake. Contact Fawn Hunter at 775-574-1016 at extension number 1024.

June 21-July 3: American Indian Summer Institute in Earth System Science at the University of Irvine. Link: http://sites.uci.edu/aisiess.

June 13-25: University of Utah Shoshone/Goshute Youth Language Apprenticeship Program. Call (801) 585-7611 for more information.

March 1st deadline: Stanford University High School Summer College https://summercollege.stanford.edu/admission/horizon-scholars.

June 21-July 2: Native American Health Sciences Program Washington State University Spokane. Contact Emma Noyes at (509) 324-7215

August 4-7: 10th Annual Native American Youth Leadership Conference in South Lake Tahoe. Contact Deserea Quintana at (775) 355-0600, ext. 140

Hunter Smokey Brings Home 3 State Wrestling Championships

Young Dresslerville resident Hunter Anthony Smokey headed into his first Nevada state championships wrestling tournaments in Las Vegas, Nevada with a record of 34-0 with 34 pins. The three day tournament consisted of three different state championships including Greco-Roman wrestling on Friday, Freestyle on Saturday, and Folkstyle on Sunday. Hunter was accompanied by his Dad

(Continued on page 7)

(Continued from page 6)

Romaine T. Smokey III and his brother Romaine T. Smokey IV. Hunter's first match on Friday in the quarterfinals was an immediate dog fight. Hunter trailed after the first round with a score of 8-4 when he headed to his corner where his Dad (Coach Smokey) had to remind him that his undefeated record was on the line. Coach said, "You need to finish him son, you need to get tough right now and stick him." Hunter went out and pinned his opponent within the next 63 seconds.

In the semi-finals Hunter was losing his match 6-2 when he pinned his opponent in 60 seconds. In the finals, Hunter faced a wrestler out of Virgin Valley whose father beat Hunter's dad in the Nevada State finals 20 years prior and also in a College tournament at the Southern Open 13 years ago. Hunter's Dad told him, "Son, this boy's dad beat me in the state finals 20 years ago and beat me 13 years ago at my first college tournament, now it's time that you get me those wins back!" Hunter did just that. Hunter went out and body slammed the other wrestler while locking up his families' famous move, "The Death Move" and pinning his opponent in 20 seconds securing himself as the Nevada State Greco Champion.

On Saturday Hunter pinned his opponent in the quarterfinals in 11 seconds securing a trophy for the fastest pin of the tournament. In the semifinals Hunter faced the same wrestler he faced in the finals the previous day and made quick work of him pinning him in 20 seconds. Hunter then pinned his opponent in the Nevada Freestyle state championships in 21 seconds securing himself the Nevada Freestyle state championship. On Sunday Hunter pinned his quarter finals opponent in 48 seconds, and pinned his semifinals opponent in 21 seconds putting him in the finals again. In the finals he faced the same wrestler he faced in the Greco State finals again. Hunter's dad (Coach Smokey) had to give him one last pep talk. "This is it son! This is what we came here for, to show the world who's the toughest and the best 45 pounder in the State of Nevada! Go out there and finish him! This is what you've been training for!" Hunter walked out there and attacked his opponent throwing him in the "Death move" and locking up a "Saturday Night Ride" and pinned his opponent in 13 seconds securing himself the Nevada State Folkstyle championship.

Hunter was awarded the Nevada Triple Crown trophy for winning all 3 state championships in the span of 3 days. Hunter finished his season with a record of 43-0 with 43 pins. Hunter's individual team score placed higher than 30 other wrestling teams in the state. His Dad/Coach Smokey and his brother Romaine IV were both in awe to watch and witness Hunter's undefeated season as well as his dismantling of all competition. "I am extremely proud of my son Hunter. He did it! I always knew Hunter had the potential to be the best, but for Hunter to actually prove it was more than amazing to witness as his coach and Dad from his corner," Romaine Smokey III said.

Hunter wants to thank his big brother Romaine Smokey IV for being his wrestling partner in practice and showing him all of his moves. Hunter also wants to thank his big cousin Robert Smokey for allowing him to practice at the Dresslerville gym. Hunter also wants to thank his Dad and Coach Romaine Smokey III for always coaching him and being in his corner each and every one of his matches.

Washoe Economic Development

March 19, 2015

Completing the Puzzle – Washoe Meets with Closure as the Goal

After two years of hard work – including over 1,400 work hours and more than 25 public Tribal Council meetings conducted within all four Washoe Communities, the Tribe will take the final steps to complete the document approvals necessary to implement the Washoe Tribe's Travel Plaza project and the gaming facility lease (the Projects).

What are the Projects?

- A Travel Plaza/Convenience Store the Tribe will finance through a loan program using federal and state new market tax credits, which will provide approximately $11.8 million to build the Travel Plaza. Approximately $6 million of the $11.8 million will be forgiven as part of the tax credits structure. The Tribe will make interest only payments for seven years, after which the Tribe will start principal and interest payments on the $5.6 million outstanding on the loan.
- The Tribe will enter into a ground lease with PCIGA (Poarch Creek Indian Gaming Authority), in which PCIGA will build and operate a gaming facility at its own expense and will pay the Tribe annually in both rent and taxes for that privilege.

UPCOMING MEETINGS

- **March 26th: 10 AM-4PM Discussion Forum/Work Session 1248 Waterloo, TANF Native Youth Resource Center**
- **March 26th: 6 PM, Tribal Council Meeting, Stewart Community Building.**
- **March 27th: 6 PM, Tribal Council Meeting, Stewart Community Building.**

What Are the Steps Necessary for Washoe to Complete the Puzzle?

Our last tasks include finalizing all the documentation necessary to complete the transactions.

What Happens At the Meetings?

- During the day on March 26, the Tribe is hosting a Discussion Forum and Work Session. Tribal Council members, the Executive Team, and the Tribe's contractors will be present to answer questions and provide information on the Projects. Tribal members are welcome and encouraged to stop by with any questions or just to learn more about the Projects.

- During the March 26th and 27th Special Tribal Council Meetings the Washoe Tribal Council will be presented with finalized documents and resolutions for the final Tribal Council approvals on the Projects' deal terms and conditions.

What are the Benefits to the Tribe of the Projects?

- The Tribe will receive approximately $19.8 million dollars in investment into its Tribal property – including installation of infrastructure like water and sewer and the improvement of access to the parcel from US 395.
- The Tribe will only have to pay back about $5.6 million for that investment.
- The Tribe may purchase, own, and operate the gaming facility any time after one year or at the end of the lease.
- 100 – The estimated direct and indirect jobs created by the Projects.
- Approximately $1.8 million NET– The amount of cash flow the Tribe is anticipating receiving every year from the Projects.
- Washoe cultural monitors will be present during all project ground work, thus ensuring protection of Tribal lands, preservation of Washoe cultural resources found, and additional employment for Tribal members.

What Happens After the Meetings?

- Finalization and signature of all the parties to the approved documents.

- Submission of final lease transaction documents to NIGC.

- Move the focus onto the completion of the design drawings and obtain all necessary approvals to start construction.

- Build!

NIHB addresses Senate Committee on Indian Affairs during Jan. 28 hearing

NIHB highlights Native American priorities for the 114th Congress

WASHINGTON, D.C. – On Wednesday, Jan. 28, the Senate Committee on Indian Affairs held its first hearing during the 114th Congress to gain an overview of American Indian and Alaska Native priority issues. National Indian Health Board (NIHB) Executive Director Stacy A. Bohlen (Sault Ste. Marie Chippewa) testified before the Senate Committee on Indian Affairs in an oversight hearing to explore "Indian Country Priorities for the 114th Congress." In his first hearing as Committee Chair, Senator John Barrasso (R-WY) noted in his introductory remarks that: "As chairman, my top priorities are jobs, energy and natural resource development, healthcare, education, juvenile justice, and tribal self-governance."

New Committee Vice Chairman John Tester (D-MT) said: "I look forward to working with… everybody…on this committee to move Indian Country forward."

The hearing clearly demonstrated the continuing bi-partisan, collaborative commitment to continue being the legislative nexus for the advancement of issues important to American Indians and Alaska Natives. "Our Peoples continue to live sicker and die younger than other Americans," said Bohlen. "Our lifespan is 4.2 years less than other Americans and on some reservations, like Wind River – home of the Northern Arapaho Tribe in Wyoming – where life expectancy is only 49 years. …It's more than time that we must stand together to change these realities." Affirming the federal government's trust responsibility for American Indian and Alaska Native Health, the NIHB set forth an agenda for change. NIHB will diligently work with the Committee to advance these Tribal objectives. Ms. Bohlen set forth the Tribal Health agenda, including such issues as:

- Mandatory and increased Appropriations for the Indian Health Service
- Advance appropriations for Indian Health Service (like the Veteran's Administration)
- Exemption for Tribes from all sequestration and rescission cuts
- Medicare-Like Rates for Purchased Referred Care for non-hospital providers
- Exemption for Tribes from the Employer Mandate in the affordable Care Act (ACA)
- Correcting the Definition of Indian in the ACA
- 5-year renewal of the Special Diabetes Program for Indians at $200 million per year
- Oversight on implementation of the Indian Health Care Improvement Act (IHCIA)
- Long-term, sustainable methods to fully fund Contract Support Costs

Investment into Indian Country's public health infrastructure

Located in Washington DC on Capitol Hill, the NIHB, a non-profit organization, provides a variety of services to tribes, Area Health Boards, Tribal organizations, federal agencies, and private foundations. The NIHB continually presents the Tribal perspective while monitoring federal legislation, and opening opportunities to network with other national health care organizations to engage their support on Indian health care issues.

Please visit www.nihb.org for more information.

A prevention and education program for 13 - 17 year old Native American male youth.

Kristin Burtt, of the Washoe Cultural Resources department, is planning to attend the White Bison "Sons of Tradition" 3 -day class in April. As training for facilitators, Burtt plans to bring this program to the Washoe Tribe in hopes of enhancing the lives of boys of the Washoe Tribe.

According to organizers at the Fallon Paiute-Shoshone Tribe, "this program is a great opportunity to learn ways we can give back to the community by guiding our young boys to a healthier lifestyle and a brighter future". "It is a program that provides a character-building framework that will enable male youth (ages 13-17) to create healthy identities for themselves as young Native men".

White Bison, well-known for their Wellbriety programs for adults and youth alike, has been providing guidance for healing resources and programs like this since 1988 under it's Founder and President Don Coyhis, Mohican Nation.

White Bison, Inc., is an American Indian non-profit charitable organization operating under the provisions of 501(c)3 of the Internal Revenue Code and is based in Colorado Springs, Colorado. White Bison offers sobriety, recovery, addictions prevention, and wellness/Wellbriety learning resources to the Native American community nationwide. Many non-Native people also use White Bison's healing resource products, attend its learning circles, and volunteer their services.

The "Sons of Tradition" curriculum was designed using traditional Native American teachings. These teachings have been handed down by Elders in many Native American communities. They are based upon the natural laws, principles, and values that govern the Earth. Sometimes they are called the teachings of the “Good Mind” or the “Original Instructions.” We have identified these teachings as The Teachings of the Medicine Wheel.

Burtt's objectives align with the White Bison philosophy. As a result of this facilitated year-long training, the boys will

- Learn how their own cultural traditions and ceremonies can provide a framework for healthy lifestyles
- Learn how culture and spirituality create the pathway to meaning in our lives.
- Learn how to draw upon their own innate knowledge to make healthy decisions
- Understand how the various aspects of respect can provide them with a set of values for living
- Learn how to express their feelings, hopes, dreams and fears both in writing and in safe talking environments
- Learn from elders, peers and community members about ways to recognize, avoid, and get help for problems that they see or experience
- Explore the three questions for this developmental stage: Who am I? Why am I? and Where am I going?
- Know what it is like to belong to a healthy group and participate in healthy thinking and healthy activities

As a result of participating in this year long program the expected outcome for boys who commit to attending will become aware of and be able to discuss their feelings, learn to apply the teachings and principles of healthy living to their own lives, recognize healthy behavior and learn how to avoid unsafe situations.

They will also understand the meaning of anger, guilt, shame, and fear, understand and apply spiritual values to their lives and experience healthy lifestyles, strong character and a sense of harmony, and learn how to engage in talking circles that encourage sharing experiences, exploring new concepts and learning how to help each other.

If you would like more information please contact Kristin Burtt in the Cultural Resources Department after April 9th.

Washoe Women's Gathering

Girls and Women ONLY

DRESSLERVILLE COMMUNITY BUILDING

Date: April 7th and April 9th, 2015

Time: 5:30pm-8:00pm

Please join the Cultural Resources Department for an evening "talking circle" with elder speakers, as we create a forum for discussing traditional cultural values while being immersed in the Washoe language.

- **We will be making Washoe skirts as a hands-on project during our "talking circle".**
- **Materials will be provided to the first 25 to sign-up. TANF clients will have priority. Contact Kristin Burtt to sign-up.**
- **If we reach our limit of 25, additional participants are welcome but must provide their own materials for a skirt.**
- **Potluck style dinner, please bring your favorite dish to share.**

***Girls 12 and under must be accompanied by an adult to operate the sewing machines.

CULTURAL RESOURCES DEPARTMENT

919 Highway 395 South
Gardnerville, NV 89460

Phone: 775-782-0010
Email: Kristin.Burtt@washoetribe.us

NATIVE YOUTH IN FOOD AND AGRICULTURE: SUMMER LEADERSHIP SUMMIT 2015

Application Process Now OPEN

The Indigenous Food and Agriculture Initiative at the University of Arkansas School of Law was launched in 2013 to assist Indian Country in issues related to tribal governance in food and agriculture, strategic business and community assessments, and youth education and professional development in food and agriculture.

In furtherance of our goals in service to Indian Country, we held the first ever "Native Youth in Food and Agriculture: Summer Leadership Summit" in July 2014.

We welcomed 48 students from 22 tribes to the inaugural Summit for a week of classroom learning, field trips, culture sharing, and leadership opportunities. Students came from all across Indian Country to attend, and the accomplishments and continued learning of those first Summit students continue to astound us. This year we are holding the 2nd annual Summit. We are looking for first-time attendees, second-time attendees who will serve as "Summit Fellows", and Student Leaders who are already attending college or university.

We are looking for American Indian, Alaska Native, and Native Hawaiian students with a passion and interest in food and agriculture who are willing to be our next generation of food and agriculture leaders in Indian Country.

How you can help:

We now need your help to spread the word about the 2nd annual Summit. Please tell young people in your communities about this opportunity. Encourage them to go online and complete an application. They will travel to our campus to participate in another exciting week of discussion, leadership development, cultural experiences, field trips, learning and planning. Because specialized business, law and policy issues surround Indian Country food and agriculture, we are focused at the Initiative on ensuring that our next generation has all the tools they need to succeed. All selected students will have pre-arrival materials to complete before arrival on campus. **Please apply as soon as possible.**

Dates: July 19-July 28, 2015 (this includes travel dates)

Location: University of Arkansas – Fayetteville, Arkansas

Hosts: Indigenous Food and Agriculture Initiative at the University of Arkansas School of Law
Farm Credit Council
Intertribal Agriculture Council
National FFA Organization

Application Information: The deadline for all applicants is June 1st, 2015, but spaces are limited, so please encourage interested youth to get their applications in as soon as possible.

Cost to attend: All food, lodging, instructional materials, and field trip costs will be provided. Depending on the number of students, some travel scholarships will also be provided. However, we need applications as soon as possible to plan for travel needs. If you have any questions about the application process, please contact Rebecca Sims at ras017@uark.edu or call (479) 575-4434.

You can submit your application by email (to ras017@uark.edu) or by mail to:

University of Arkansas School of Law
Indigenous Food and Agriculture Initiative
c/o Rebecca Sims
1045 W. Maple St.
Fayetteville, AR 72701

Opportunity for American Indian, Alaska Native and Native Hawaiian Artists

To date, 41 American Indian, Alaska Native and Native Hawaiian artists and culture makers have been honored with a Native Arts and Cultures Foundation Artist Fellowship. NACF Fellows clockwise from left, work by Nora Naranjo Morse (Tewa), visual artist Sonya Kelliher-Combs (Athabascan/Iñupiaq) in studio, work by Alan Michelson (Mohawk), performance by author Sherwin Bitsui (Navajo), still from documentary film by Christen Marquez (Native Hawaiian) and weaver Jeremy Frey (Passamaquoddy) in studio.

(VANCOUVER, Wash.) – American Indian, Alaska Native and Native Hawaiian artists nationwide have until April 6 to apply for the 2015 Native Arts and Cultures Foundation (NACF) Artist Fellowship.

2015 NACF Artist Fellowships

The coveted national award includes support ranging up to $20,000 per artist. Awards will be made in six artistic disciplines, including: performing arts, filmmaking, literature, music, traditional arts and visual arts. "To meet a broadening need in the arts community, this year we invite applications in the discipline of performing arts," said NACF Program Officer Andre Bouchard (of Kootenai and Chippewa descent). "More Native artists than ever before are exploring performing arts through multi-disciplinary approaches. We are looking forward to seeing what Native performing artists have been up to around the country!"

DEADLINE: Monday, April 6, 5 p.m. P.S.T.

To apply, artists who are members of federally and state-recognized U.S. tribes, Alaska Native and Native Hawaiian communities can review criteria and complete an application at http://your.culturegrants.org before the April 6, 5 p.m. PST deadline.

The foundation will announce award recipients in August 2015. For questions and technical support, contact Program Officer Andre Bouchard at andre@nativeartsandcultures.org or (360) 314-2421.

One of the only opportunities in the U.S. of this magnitude dedicated to supporting Indigenous artists and culture makers, the foundation's national fellowship has been awarded to 41 American Indian, Alaska Native and Native Hawaiian artists so far. Artists who have received the award in the past are ineligible to apply for the 2015 NACF Artist Fellowship. Past fellows include visual artist Nora Naranjo Morse (Tewa), recording artist Keola Beamer (Native Hawaiian), choreographer Emily Johnson (Yup'ik), author David Treuer (Ojibwe), multidisciplinary artist Shan Goshorn (Eastern Band Cherokee) and film director Andrew Okpeaha MacLean (Iñupiaq).

Since it began operating in 2009, the nonprofit foundation has invested $5,113,574 in programs to support Native arts and cultures across the nation, including direct support for over 127 Native artists and organizations. To learn more about the foundation's mission and past fellows awarded, visit www.nativeartsandcultures.org.

What is Child Abuse?

April is National Child Abuse Prevention Month, a time to raise awareness about child abuse and neglect and encourage individuals and communities to support children and families. Research estimates that almost 3,500 children under the age of 15 die from physical abuse and neglect every year in the industrialized world. Child abuse estimates for the U.S. show that 1,460 children die annually from abuse. Reporting your suspicions may protect that child and may warrant a closer look at the child's surroundings. To find out more about "Reporting Child Abuse and Neglect: Signs and Symptoms" go to www.childwelfare.gov. As a community it ***IS*** our business to protect our youth and our future. We ***MUST*** make it our business. Contact your local police department or social services agency if you suspect possible child abuse and neglect. (***Remember:*** Reporting is kept confidential!)

What is Sexual Assault?

April has also been designated Sexual Assault Awareness Month (SAAM). The goal of the Washoe Tribe Domestic Violence Program is to raise community awareness about sexual violence (focusing on sexual assault and rape) and to educate communities and individuals on how to prevent sexual violence. Sexual assault is a crime of motive and opportunity. Native women are four times more likely to be sexually assaulted than any other ethnic group. That's why it's so important that native women are aware of possible risks. If you or someone you know is a victim of a sexual assault please understand that the assault is not your fault and that you are not alone. Here are some steps you can take to maximize your safety: (***Remember:*** Reporting is kept confidential!)

- Don't let your guard down – don't assume someone is looking out for your best interests
- Form a Buddy System – arrive together, check in with each other, and leave together
- Avoid being alone or isolated – especially with someone you do not know
- Practice safe drinking – whether at a bar, party, or get together always watch your own drinks
- Be aware of your surrounding – be alert and aware at all times
- Secure your home or property – check to make sure all locks are working and functional
- Report suspicious behavior – if it makes you feel uncomfortable, report it or tell someone
- Most of all…***TRUST YOUR INSTINCTS!!!***

The Washoe Tribe statistics from 2007-2008 report that Child Abuse and Sexual Assault have been reported more than 75% of the time. These crimes are committed by someone they know, love, or someone closely related or involved with the family. Reported Sexual Assaults have increased from 0%-8% in the past two years which include child sexual assaults. Stalking and Harassing has increased from 11%-13%. All statistics are on file with the Washoe Tribe Domestic Violence Program and with the Washoe Tribe Social Services.

National Calendar of events:

April is National Sexual Assault Awareness Month www.nsvrc.org/saam www.rainn.org

April is National Child Abuse Prevention Month www.childabuse.org www.childhelp.org

Ribbon & Support, Symbol Causes & Colors pertaining to this month:

"Teal Loop" – *Sexual Assault Awareness*

"Dark Blue" – *Child Abuse Prevention*

ALWAYS CALL 911 IN AN EMERGENCY!!!

Our goal is to insure that all victims of domestic violence and/or their children are treated with compassion, respect, and sensitivity in addressing their needs with the main focus being Safety, Outreach, and Advocacy.

Washoe Tribe Domestic Violence Program
1-775-265-8698
(1-800-769-2746) ext. 1233

Washoe Tribal Police Dept.
1-775-265-7540

Tribal Police Dispatch
1-775-783-7233

National Crisis Hotline 24 Hours
1-800-799-SAFE (7233)
1-800-787-3224 (TDD)

*If you or someone you know needs help, have questions about domestic violence or about this article, or just want to talk, know that there is help and that everything discussed will be kept strictly confidential. Look for future on-going articles in the Tribal Newsletter. "Remember that **YOU** have the **RIGHT** to live a life **FREE** of violence", from the Washoe Tribe Domestic Violence Program.*

This project was supported by Grant No. 2009-TW-AX-0050. Awarded by the Department of Justice, Office on Violence Against Women. Points of view in this document are those of the author and do not necessarily represent the official position or policies of the U.S. Department of Justice.

Nearly every part of our country experiences periods of reduced rainfall. If we plan for drought, then we can enjoy the benefits of normal or rainy years and not get caught unprepared in dry years.

Before: Always observe state and local restrictions on water use during a drought. If restricted, for example, do not water your lawn, wash your car, or other non-essential uses, to help ensure there is enough water for essential uses. Contact your state or local government for current information and suggestions.

Strategies for drought preparedness focus mainly on water conservation. Make these practices a part of your daily life and help preserve this essential resource.

Indoor Water Conservation Tips Prior to a Drought

GENERAL

- Never pour water down the drain when there may be another use for it. For example, use it to water your indoor plants or garden.
- Repair dripping faucets by replacing washers. One drop per second wastes 2,700 gallons of water per year.
- Check all plumbing for leaks and have any leaks repaired by a plumber.
- Retrofit all household faucets by installing aerators with flow restrictors.
- Install an instant hot water heater on your sink.
- Insulate your water pipes to reduce heat loss and prevent them from breaking.
- Install a water-softening system only when the minerals in the water would damage your pipes. Turn the softener off while on vacation.

Choose appliances that are more energy and water efficient.

BATHROOM

- Consider purchasing a low-volume toilet that uses less than half the water of older models. Note: In many areas, low-volume units are required by law.
- Install a toilet displacement device to cut down on the amount of water needed to flush. Place a one-gallon plastic jug of water into the tank to displace toilet flow (do not use a brick, it may dissolve and loose pieces may cause damage to the internal parts). Be sure installation does not interfere with the operating parts.

Replace your showerhead with an ultra-low-flow version.

KITCHEN

Start a compost pile as an alternate method of disposing of food waste or simply dispose of food in the garbage. (Kitchen sink disposals require a lot of water to operate properly).

Outdoor Water Conservation Tips Prior to a Drought

GENERAL

- Check your well pump periodically. If the automatic pump turns on and off while water is not being used, you have a leak.
- Plant native and/or drought-tolerant grasses, ground covers, shrubs, and trees. Once established, plants adapted to your local climate do not need water as frequently and usually will survive a dry period without watering. Small plants require less water to become established. Group plants together based on similar water needs.

(Continued on page 17)

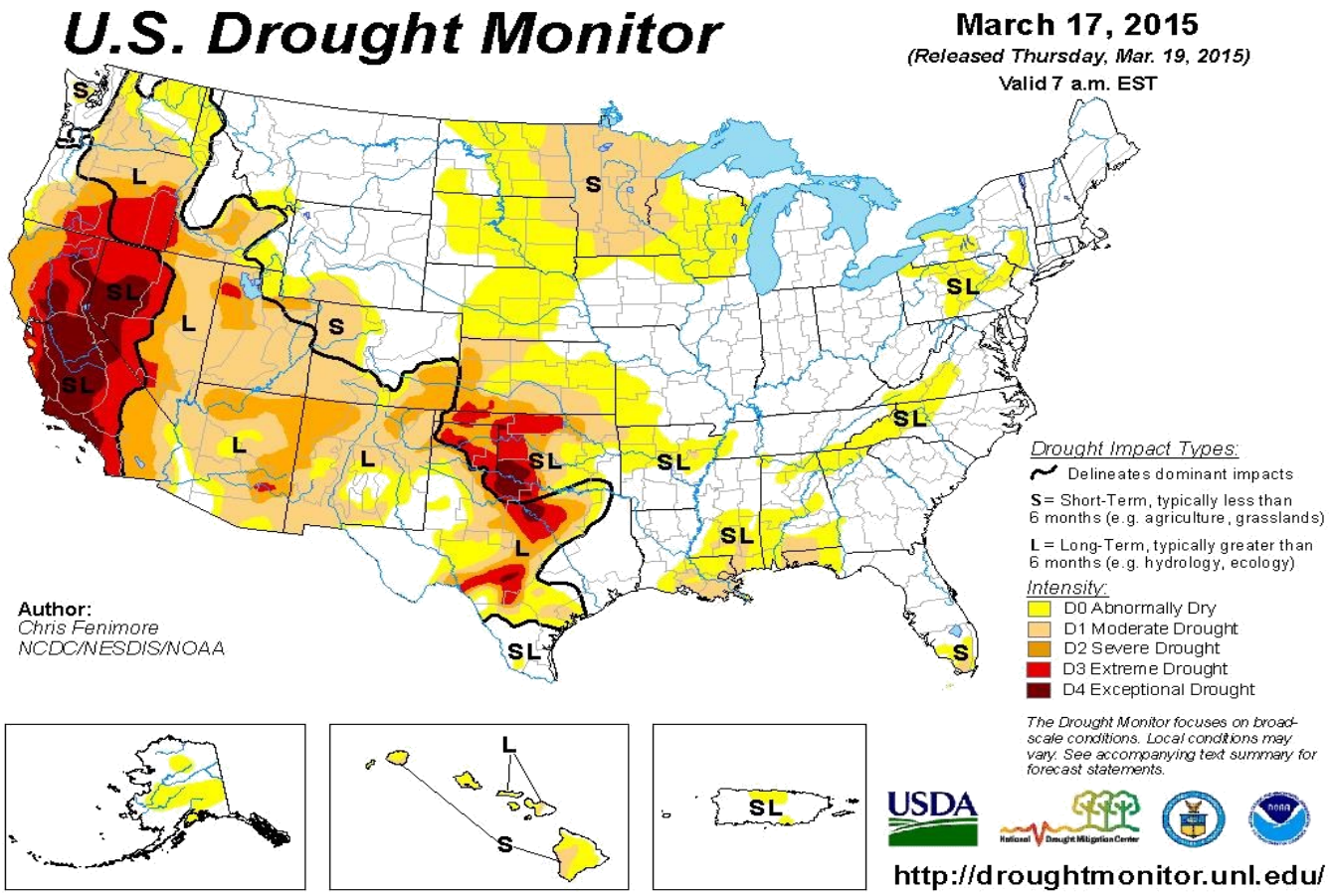
(Continued from page 16) **Drought**

- Install irrigation devices that are the most water efficient for each use, such as micro and drip irrigation, and soaker hoses.
- Use mulch to retain moisture in the soil. Mulch also helps control weeds that compete with landscape plants for water.
- Avoid purchasing recreational water toys that require a constant stream of water.
- Avoid installing ornamental water features (such as fountains) unless they use recirculated water.
- Consider rainwater harvesting where practical.

Contact your local water provider for information and assistance.

LAWN CARE

- Position sprinklers so water lands on the lawn and shrubs and not on paved areas.
- Repair sprinklers that spray a fine mist. Most misting issues result from a pressure problem, properly regulating pressure in an irrigation system will prevent misting.
- Check sprinkler systems and timing devices regularly to be sure they operate properly.
- Raise the lawn mower blade to at least three inches or to its highest level. A higher cut encourages grass roots to grow deeper, shades the root system, and holds soil moisture.
- Plant drought-resistant lawn seed. Reduce or eliminate lawn areas that are not used frequently.
- Avoid over-fertilizing your lawn. Applying fertilizer increases the need for water. Apply fertilizers that contain slow-release, water-insoluble forms of nitrogen.
- Choose a water-efficient irrigation system such as drip irrigation for your trees, shrubs, and flowers.
- Turn irrigation down in fall and off in winter. Water manually in winter only if needed.
- Put a layer of mulch around trees and plants to reduce evaporation and keep the soil cool. Organic mulch also improves the soil and prevents weeds.



(Continued on page 18)

(Continued from page 17) **Drought**

Invest in a weather-based irrigation controller—or a smart controller. These devices will automatically adjust the watering time and frequency based on soil moisture, rain, wind, and evaporation and transpiration rates. Check with your local water agency to see if there is a rebate available for the purchase of a smart controller.

POOL

- Install a new water-saving pool filter. A single back flushing with a traditional filter uses 180 to 250 gallons of water.

Cover pools and spas to reduce evaporation of water.

Indoor Water Conservation Tips While in a Drought

BATHROOM

- Avoid flushing the toilet unnecessarily. Dispose of tissues, insects, and other similar waste in the trash rather than the toilet.
- Avoid taking baths—take short showers—turn on water only to get wet and lather and then again to rinse off.
- Avoid letting the water run while brushing your teeth, washing your face or shaving. Place a bucket in the shower to catch excess water for watering plants.

KITCHEN

- Operate automatic dishwashers only when they are fully loaded. Use the "light wash" feature, if available, to use less water.
- Hand wash dishes by filling two containers—one with soapy water and the other with rinse water containing a small amount of chlorine bleach.
- Clean vegetables in a pan filled with water rather than running water from the tap.
- Store drinking water in the refrigerator. Do not let the tap run while you are waiting for water to cool.
- Avoid wasting water waiting for it to get hot. Capture it for other uses such as plant watering or heat it on the stove or in a microwave.
- Avoid rinsing dishes before placing them in the dishwasher; just remove large particles of food. (Most dishwashers can clean soiled dishes very well, so dishes do not have to be rinsed before washing)
- Avoid using running water to thaw meat or other frozen foods. Defrost food overnight in the refrigerator or use the defrost setting on your microwave oven.

LAUNDRY

Operate automatic clothes washers only when they are fully loaded or set the water level for the size of your load.

Outdoor Water Conservation Tips While in a Drought

CAR WASHING

- Use a commercial car wash that recycles water.
  If you wash your own car, use a shut-off nozzle that can be adjusted down to a fine spray on your hose.

LAWN CARE

- Avoid over watering your lawn and water only when needed:
- A heavy rain eliminates the need for watering for up to two weeks. Most of the year, lawns only need one inch of water per week.
- Check the soil moisture levels with a soil probe, spade or large screwdriver. You don't need to water if the soil is still moist. If your grass springs back when you step on it, it doesn't need water yet.
- If your lawn does require watering, do so early in the morning or later in the evening, when temperatures are cooler.
- Check your sprinkler system frequently and adjust sprinklers so only your lawn is watered and not the house, sidewalk, or street.
- Water in several short sessions rather than one long one, in order for your lawn to better absorb moisture and avoid runoff.
- Use a broom or blower instead of a hose to clean leaves and other debris from your driveway or sidewalk.
- Avoid leaving sprinklers or hoses unattended. A garden hose can pour out 600 gallons or more in only a few hours. In extreme drought, allow lawns to die in favor of preserving trees and large shrubs.

For more information please contact Lisa Christensen at lisa.christensen@washoetribe.us or 775-790-7354.

W.K. Kellogg Foundation supports NCAI President Cladoosby's statement on equal opportunities for Native children

W.K. Kellogg Foundation President and CEO La June Montgomery Tabron Responds to NCAI President Brian Cladoosby's State of Indian Nations Address

BATTLE CREEK, Mich. – *Brian Cladoosby, president of the National Congress of American Indians (NCAI)*, articulated in his State of Indian Nations address that progress is being made in implementing policies that are strengthening tribal economies and justice systems, improving the quality of life of American Indian and Alaska Native peoples and modernizing the trust relationship between tribal nations and the federal government. Yet, Cladoosby emphasizes that much more must be done.

The W.K. Kellogg Foundation (WKKF) fully endorses his declaration that "we must tear down barriers to growth" that are hindering opportunities for Native Americans.

Most importantly, we must address the obstacles and realities faced by American Indian and Alaska Native children – many of which are frequently overlooked, or even ignored. Twenty-five percent of Native children live in poverty; approximately half graduate from high school; suicide is the leading cause of death for native children and youths; and they are twice as likely as any other race to die before the age of 24. Many of the inequities and barriers native children face are the result of racism, poverty, under-resourced schools and unhealthy living environments.

The Kellogg Foundation applauds this commitment and all efforts that make the challenges and successes of native children a visible and central part of our public discourse. WKKF believes every child, regardless of race or income, deserves an equal opportunity to thrive. By modernizing the trust relationship and empowering tribes, as President Cladoosby advocates, tribal-led solutions can be developed to ensure that native children can succeed in school, work and life. A critical component of these efforts is and will be emphasizing cultural relevance, with parents, families and native communities playing essential roles in their children's development and care.

The Wakanyeja "Sacred Little Ones" Early Childhood Education Initiative of the American Indian College Fund is an example of a program that is strengthening and improving the quality of early childhood education in native communities. Funded by WKKF and others, the program empowers parents and families to become strong advocates for their preschool-aged children, while incorporating native languages and culture into its curriculum. It exemplifies a tribal-led solution that creates space for authentic participation and tribal sovereignty.

WKKF applauds Cladoosby for citing the success of the Alaska Native Tribal Health Consortium, which helped create the nation's first dental health therapist workforce more than a decade ago, which has expanded access to dental care to more than 40,000 children and families. By age 2, nearly 80 percent of native children will have tooth decay. Gone untreated, decay can affect a child's general health and cause her to lose valuable time in school. These effective mid-level dental providers have first-hand knowledge of their communities' needs and provide affordable, high-quality, culturally competent and responsive care to those who need it. Building on this successful model, WKKF has been a leader in supporting the broader use of dental therapists to increase access to dental care where it's needed most.

Every child has promise and potential. Federal, tribal, state and local governments along with nonprofits and the private sector must build trust and work in partnership to ensure that Native American children have equal opportunities to succeed. For too long the challenges and accomplishments of native children have been invisible to most Americans. WKKF hopes that this year will see a national bipartisan focus on all children and their families, and growing support for more tribal-led solutions to help each and every native child thrive.

Please let us know if your address has changed!

Washoe Tribe

of Nevada & California

919 US Highway 395 South,
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(775) 265-8600

To view this newsletter online go to
www.washoetribe.us
Let us know if we can remove you from the mailing list and save paper and mailing costs.

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Deirdre Jones Flood, *Vice-Chairwoman*
Lisa Christensen, *Interim Secretary/Treasurer*

Carson Colony
W. Gary Nevers, *Chairman*
Chad Malone, *Vice-Chairman*

Dresslerville Community
Lisa Christensen, *Chairwoman*
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Off Reservation
Jeremy Steele
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Lorraine A. Keller, *Representative*

Stewart Community
Jacqueline Steele, *Chairwoman*
Stan Smokey, *Vice-Chairman*

Woodfords Community
Irvin Jim, *Chairman*
Deirdre Jones Flood, *Vice Chairwoman*

Do you want to jump start your future?

If you have your High School Diploma or GED and have a vision to attend college or get a certificate/license and just don't know how to start, then stop by the Washoe Tribe Scholarship Department to see a Pre-College Advisor. They can assist with making your vision come true.

Washoe Tribe Scholarship Department
1246 Waterloo Lane, Gardnerville, Nevada 89410
(775) 782-6320 x2808
Monday-Fridays 8am to 4:30 pm