

Wá bíba úm múše eš gí

Translation- "Read It Here"

Highlights of what's inside

Nevada Indian Commission Honors 4—page 4 & 23

Washoe Juvenile Probation Officer and 3 others receive awards.

Message from the Tribal Prosecutor and Probation—page 5

Convicted Felons and Sex Offenders

New Tribal Employees—page 8

See who was hired lately and employee statistics.

Sober Holiday Celebrations in your communities—page 16

There are sober celebrations for the whole family during the holidays.

Raffle for kids without cavities—page 19

Your son or daughter can win a prize if they meet the cavity free criteria.

Important Message for Off-Reservation Members—pages 24

We need your address updates. WalMart gift cards available for the holidays.

See page 2 for newsletter submission and deadline information.

Wašiw Guwa? Huṇa ?umhamuheši ?

We at the Cultural Resource Department would like to announce our new language website washeshiwguwa.org ("the workings of the Wašiw people"). The website is actually an

online classroom with access to beginning Wašiw lessons, a calendar of events, class schedule and also an online community (much like Facebook). The website was not created to replace actual

classes, as there is no way to recreate hearing and speaking the language and no way to recreate the lessons that come with talking to our Elders. If you are in-

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Cultural Resource Department
Wašiw Guwa?- Workings of the Washoe



Thank You!

Patalḡi Meṭk'i Immersion Nest would like to thank everyone who came out and showed their support at the Book Release event on November 8, 2014, it was a huge success! We handed out over 100 sets

of books! The youth and their families were able to get their books signed, munch on some tasty snacks and drinks, participate in some hands on arts activities, planted pine nut seeds. All of the activities coordinated with each Wašiw legend. We would like to also thank our book illustrators, Mauricio Sandoval, Billy Hawk

Enos, Kevin Jones & Charles Munroe for coming and signing all of the books for those in attendance, it made that night all the more exciting. If you have not received a copy please feel free to see Lisa Enos at the Dresslerville Head Start Monday-Friday after 1:30. Photos courtesy of Robert O. Pinto & Debby Carlson

(Continued from page 1)

Cultural

Interested please go to the washeshiwguwa.org, click on the 'Language Program' tab in the right hand corner. Click on the 'Courses' section, click 'Beginning Wašiw', click on a lesson and there will be a yellow 'Enroll Now' button for new students. The courses are currently free but we would like to maintain that these courses are specifically for Wašiw People and those who work directly with our communities. If you have any further questions please contact Herman Fillmore at (775) 781-4853 or herman.fillmore@washoetribe.us

Galis Guwa ʔebeʔi

As we get deeper and deeper into the Holiday season the Cultural Resource Department would like make sure that students are aware classes will be on hold during the weeks of Christmas and New Years to provide time for Curriculum Development and planning for this Spring and

Summers activities in collaboration with the Education Program

Cultural Resource Department History Lesson

This is a new addition to the Cultural Resource Department that will touch on some of the aspects of Indigenous relations with the Federal Government, and how they represent our values as Indigenous Peoples.

Since contact, European Nations have entered into treaty agreements with Indigenous People in order to gain rights from them. Indigenous peoples were in power during early contact and it was in European Nations best interest to enter into treaties for their protection and gain some traction in the new world. Indigenous Peoples were not granted rights from treaties but instead gave rights to European Nations. The most notorious treaties often involved Indigenous People's cessations of land. However, these early cessations were often met with a greater demand for more land and resources by Eu-

December CALENDAR

(all dates subject to change)

Dresslerville Community Council Meeting

Wednesday, December 3, 6:00pm

Carson Colony Community Council Meeting

Wednesday, December 10, 6:00pm

Woodfords Community Council Meeting

Thursday, December 11, 6:00pm

Tribal Council Meeting

Friday, December 12, 6:00pm
Woodfords Community

Stewart Community Council

Tuesday, December 16, 6:00 pm

Christmas Day and New Year's Day Thu, Dec 25 & Thu, Jan 1 Tribal offices will be closed

ropean Nations who looked to develop resources for profit. Even after the United States won

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Articles and opinions expressed in this publication are not necessarily the opinions of this publication or the Washoe Tribe or Tribal Council. This Tribal Newsletter encourages tribal members and their families to submit letters, articles, photographs, and events to be considered for publication. These are subject to editing. Contributing writers, and photographers include tribal community members, tribal employees and other sources as appropriate. To ensure timely publication of submissions contact information must be provided. Addresses, phone numbers, e-mail addresses, and other provided contact information will not be published, unless requested.

Disclaimer: All dates are subject to change. We reserve the right to refuse any submission with final approval by the Tribal Chair or Vice Chair. Absolutely no campaigning for political gain allowed.

Submission deadline: Items submitted for publication must be received no later than 5pm on the 15th of each month unless a later deadline is otherwise posted. Unformatted electronic submission preferred. Printed monthly January through December. Published on or around the first of each month.

Submissions: Submissions may be mailed to Washoe Tribal Newsletter, 1246 Waterloo Lane, Gardnerville, NV 89410 or emailed to djohnson@washoetanf.org or faxed to 775-782-6892, Attention: Newsletter Editor. **Questions? Call 775-782-6320**

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Cultural

Food and Eating

Demlu wayu?uš alŋi?i- The food smells good
Halunja i·bik mama?esi- It's not quite done
Demlu·ŋa gu·wawa?esi- No left overs
Wi·di gegilbam- have a bite (bite this)
Gemu gi·gi- taste it
Demlu cíŋama? gasa?- put food on the dish
Demlu itbaŋa?a gasa?- put food on the table
Di bi·šopu?i- I'm hungry
Di yo·moli- I'm full
Hutiwe?um sa?heši- Do you have anything?
Demlu um sa?heši- Do you have food?
Gobe?um sa?heši- Do you have coffee
Demlu i·bik mama u·wey- the food is almost done
Demlu i·bik mamay- the food is done
Golaš wewuš lemlu hulew- we will eat soon
Ćiŋam itbaŋa?a geyewe- Set the table
Lišil ___ - give me....
Gešil ___ - give them...
Demlu itdi·yu?a gabaŋa- set the food on the stove
Ge?es tagim- take some pinenuts
Waluš gayakim- slice the bread
Demlu dayasuŋ- hot food

Ziŋ ziŋ bo·ŋ

(Sung to the tune of jingle bells)

Ziŋ ziŋ bo·ŋ , ziŋ ziŋ bo·ŋ
Ziŋ ziŋ gišawe?i
Gahamu ?aŋaw šemuya?
Laka?gawayi mohi·giši!

T'ebe? wabala·suŋ gayabaš
Laka?gawayi mohi·giši
Dak Muwe gišawe?
Sasaw giša
Ziŋ ziŋ lew didamali
Digum su?uš wadašuwa?
Gahamu ?aŋaw k'ulašu?uš ?išim gu?uša

its independence from Britain, the Federal Government maintained treaty relations with Indigenous Peoples. It is important to note that treaties were enacted as a way to both protect the newly founded United States of America as it was a way to avoid conflict with tribes over resource development and expansion into “Indian Territory”, because this fragile new nation was still outnumbered by the Indigenous Peoples of this country. The treaty period ended in 1871 with the signing of the last treaty, in correspondence with the end of what became known as “Indian Wars” through western expansion in the name of Manifest Destiny (or the “God given right” of the United States to expand its borders from the Atlantic Ocean to the Pacific at whatever cost to Indigenous peoples). By this time the Indigenous Peoples of this land had already ceded nearly a billion acres of land, with only small tracts of land and promises of health care, education, food, and technical training in return. These promises are most notably represented through programs such as IHS, commodity foods and boarding schools, each of which has not benefited Indigenous Peoples in the way they were expected.

However, there is one other important aspect of current Indigenous Nations that came from treaty negotiations with European Nations, and that was the establishments of Indigenous Peoples as Sovereign Nations with their own governments, religions and practices that must be respected. This establishment of Sovereignty outlined Indigenous Peoples relationship with the United States; although, the Washoe Tribe of Nevada and California never entered any treat agreements and was not established as a Sovereign Nation until after the Indian Reorganization Act of 1934. Sovereignty is not a right given to Indigenous peoples, it is an extension of our unique status, beliefs and customs and with that comes the responsibility to maintain those things for the future.

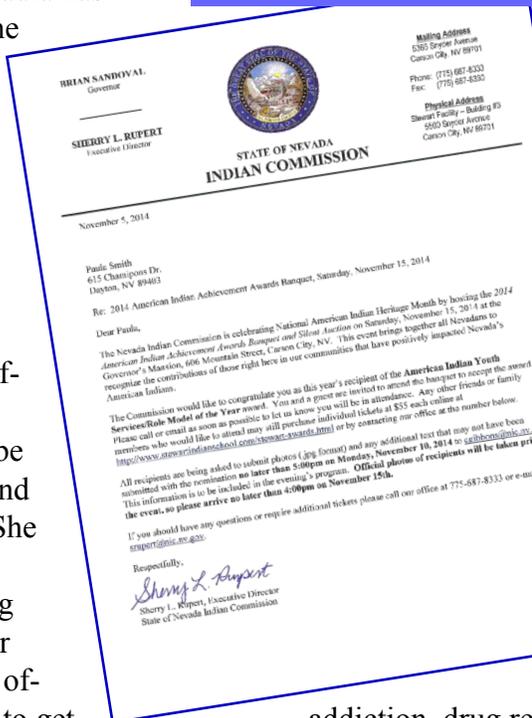
Paula Smith has been a member of the Statewide Native American Coalition (SNAC) for four years, and has held the office of President for the Advisory Board for two years. Paula has worked in the field of Juvenile Probation for 24 years and is currently working as the Juvenile Probation Officer for the Washoe Tribe of Nevada and California. She works with youth, giving them a better outlook and offers choices to get them out of the legal system.

Paula is the Native American representative on the State of Nevada Juvenile Justice Commission representing our minority youth and reducing disproportionate minority contact. Within this Commission, Paula makes sure that our incarcerated Native Youth have a voice and this position has allowed her to have input on legislation and juvenile laws.

As President of the SNAC she collaborates with 27 tribal communities throughout the State of Nevada prevention programs to at risk American Indian youth to reduce legal and illegal drug use, alcohol,

2014 American Indian Youth Services Role Model of the Year

Reprinted from the American Indian Achievement Awards Banquet program.



rafting, golfing and hikes into the outdoors. She has supported her youth at their sports games and graduations. She has facilitated post management classes with youth. In her last employment with Nevada Urban Indians she worked with urban Native American youth in 10 middle schools and 7 high schools and assisted them throughout their education

and encouraging them to pursue higher education. During this time she was also a member of the Nevada Indian Commission's Education Advisory Committee for Native American and Alaska Natives.

Paula's ability to be a role model and engage youth in positive ways sets her apart from many Juvenile Probation Officers. She takes her job seriously; she does not see it as a "job" she sees it as much more. She sees it as an opportunity to correct risky behaviors and be a positive influence in a child's life, and at times the only positive influence in a child's life. She advocates for the youth she serves, fights for fair and just treatment and builds relationships with them. They can trust her and know that she is not just there to monitor and punish, but to provide a service to help them rebuild their lives outside the justice system.

addiction, drug related crimes, injury and death within our Indian communities and tribal drug endangered children. She looks out for the best interests of the Native American Youth in Nevada, making sure that the data driven prevention efforts from SNAC will best serve the youth here in Nevada.

In her spare time she is an avid outdoors person, fishing with her nephews and nieces and other youth who are interested in learning. She has also been coaching softball and basketball since 1990 for numerous athletic leagues. She has volunteered her time taking high risk youth out backpacking,

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**From the Prosecutor & Probation:
Reminder: Convicted Felons And Sex
Offenders Are Required To Register
With Washoe Tribe Probation**



Any person living or residing within Washoe Tribal Lands upon release from prison or who at any time has been convicted of a felony, sex crime, or any offense which is punishable by imprisonment for a year or more is required to register with Washoe Tribe Probation immediately. * Registration includes providing name and any aliases, date and jurisdiction of convictions, residence, and submitting to photographing and fingerprinting. Failure to register *is a crime* and is punishable by imprisonment pursuant to the Washoe Tribe Law and Order Code.

Contact Washoe Tribe Probation Officer Kevin Bailey today to set up an appointment to register or make sure your registration is current. **Officer Bailey:**
(775) 265-7885

* Washoe Tribe Law and Order Code Section 5-70-180 (Registration of Certain Offenders): Any person convicted in any tribal, state, or federal court for (a) any offense which is punishable by imprisonment for one (1) year or more; or (b) who has been convicted of sexual assault, statutory sexual seduction, using a minor in the production of pornography, promotion of the sexual performance of a minor, incest, open or gross lewdness, indecent or obscene exposure, or lewdness with a child under the age of fourteen (14) years, or any attempt to commit any such offenses shall register with the tribal police within forty-eight (48) hours of arriving in the tribal colony in which he resides or is temporarily present for forty-eight (48) hours or more.

<p>TURNING YOUR LIFE AROUND <i>FEWER COURT DATES AND LESS P.O. CONTACT REQUIRED</i> IN CONTACT WITH P.O. AS REQUIRED; CLASSES/COUNSELING/I.O.P. COMPLETE; FINE PAID; ABSTAINING FROM DRUGS AND ALCOHOL; OBEYING ALL LAWS</p>
<p>IN COMPLIANCE <i>FEWER COURT DATES, MOVE UP ON THE COURT CALENDAR</i> IN CONTACT WITH P.O.; ATTENDING CLASSES/COUNSELING/I.O.P.; WORKING ON FINE/C.S.; ABSTAINING FROM DRUGS AND ALCOHOL—TESTS CLEAN; OBEYING ALL LAWS</p>
<p>IN SUBSTANTIAL COMPLIANCE <i>MOVE UP ON THE COURT CALENDAR</i> IN CONTACT WITH P.O.; ENROLLED IN CLASSES/COUNSELING/I.O.P.; FINE PAID; DRUGS AND ALCOHOL TESTS CLEAN; OBEYING ALL LAWS</p>
<p>PROBATION VIOLATION <i>IN DANGER OF GOING TO JAIL</i> MISSED P.O. APPTS; MISSED COURT DATE; UNEXCUSED I.O.P. SESSIONS; DRUG/ALCOHOL TEST DIRTY</p>
<p>MOTION TO REVOKE PROBATION <i>COURT TO DETERMINE WHETHER YOU GO TO JAIL</i> MISSED P.O. APPTS; MOVED AND DID NOT PROVIDE NEW ADDRESS; FAILED TO APPEAR IN COURT; UNEXCUSED I.O.P. SESSIONS; DRUG/ALCOHOL TEST DIRTY; FOUND IN POSSESSION OF WEAPONS; FAILURE TO OBEY ALL LAWS— ARREST/PROSECUTION BY ANY AGENCY</p>
<p>PROBATION REVOKED <i>JAIL</i></p>

IOP GRADUATION

The IOP Program will hold its second graduation on Wednesday, December 10th. These graduates have completed the 16 week Program and course work, attend-

ed an AA meeting weekly, have demonstrated the willingness and ability for self-examination. They have

learned they have learned the value and necessity of honest reflecting back to their peers concerns and praise. And, they have created their give back project. (Look for it in December in the Medical Center Lobby and in the Tribal Court House Lobby.) As they went through the program together, these 4 graduates have decided to create and present their give back project together.

The graduates have requested to keep their graduation ceremony to their Families and IOP Personnel. We are proud and thankful for

the four graduates holding them in the highest regard for their ongoing growth and life of sobriety.

TREATMENT FUNDS AVAILABLE



Consider an unusual Christmas Gift!

Is it possible that Substance Abuse Recovery Treatment would be a wonderful a gift this season for you, a family member or valued community member. Isn't it a life giving reality that sobriety transforms lives...creates open doors and new possibilities? Sobriety is a beginning that calls us back to remember and live who we really are! Sobriety offers a beginning turning the often shame filled desert of our lives into, (once again), the fertile soil from which to grow.

There are different ways

to approach the recovery journey. If you would like more information about recovery possibilities, call or stop by the Healing Center. For those concerned about funding:

Most of the opportunities for local recovery - outpatient-treatment are free of charge.

They do however,

requiring of the cost of commitment, willingness and hard work.

Interested in Inpatient Treatment/ Rehabilitation?

The Healing Center has funds available for treatment.

Treatment is available for Alcohol and other Drug abuse.

In many cases, transportation is also covered.

Native American Recovery Programs are available.

Washoe Tribe Healing Center: 775-265-5001

Washoe Tribal Health Center Medical Priorities

The Washoe Tribal Health Center's Purchased/Referred Care (PRC), formally known as Contract Health Services (CHS) has been on a Medical Priority One. Effective September 1, 2014 PRC will open our Medical Priorities to priority Two-A and Two-B.

Washoe Tribal Health Center will remain on a Medical Priority One for all Emergency Room visits.

Please schedule an appointment at the Washoe Tribal Health Center in order to receive a referral for outside care. Your referral will be taken to the Managed Care Committee where it will be given a medical priority.

Contact Washoe Tribal Health Center's Referral Department (Tarah or Thera) for assistance with your referrals.

PRIORITY ONE

Definition: Diagnostic or therapeutic services that are necessary to prevent the immediate death, loss of limb, or serious impairment of the health of the individual, and which, because of the threat to the life or health of the individual, necessitate the use of the most accessible health care available and capable of furnishing such services. Diagnosis and treatment of injuries or medical conditions that if left untreated, would result in uncertain but potentially grave outcomes (i.e. spinal cord injury, open fractures, severe burns).

Categories of Services Included (random order):

- Emergency room care for emergent/urgent medical conditions, surgical conditions, or acute trauma
- Emergency inpatient care for

emergent/urgent medical conditions, surgical conditions. or acute injury

- Renal replacement therapy, acute and chronic
- Emergency psychiatric care involving suicidal persons or those who are a serious threat to themselves or others
- Services and procedures necessary for the evaluation of potentially life threatening illnesses or conditions
- Prenatal care, obstetrical services and in-hospital neonatal care.
- Obstetrical deliveries and acute perinatal care
- Emergency evaluation of grave presenting symptoms (i.e.: cardiac chest pain, signs of stroke, profuse GI bleed)
- Surgical emergencies (i.e.: acute cholecystitis, acute appendicitis, emergency c-section, ORIF of fracture)
- Treatment of acute exacerbation or unstable, serious chronic or acute health diagnosis that cannot be directly provided by WTHC (i.e.: unstable CHF, CKD stage 4 and worse, hypertensive crisis, cauda equina) by Emergency Provider, surgeon or Specialist.
- Diagnostic evaluation of potentially life threatening clinical abnormalities that meet criteria for further, urgent testing and consultation (i.e.: breast mass, elevated PSA, abnormal cervical cytology, abnormal neurological exam, hematochezia).
- Treatment of and continued surveillance for active cancer diagnosis, including oncology services, chemotherapy, radia-

tion, surgical intervention and related imaging/diagnostic studies.

- Therapeutics and diagnostics required for preserving life that cannot be directly provided by WTHC (i.e.: dialysis, Pace-maker check, home oxygen). Physical therapy after surgery, serious trauma or acute neurological deterioration necessary to restore function of effected area
- Cardiac Rehabilitation
- Oral Biopsy

PRIORITY TWO

Definition: Primary health care that is aimed at the prevention of disease or disability. This includes services proven effective in avoiding the occurrence of a disease (primary prevention) and services proven effective in mitigating the consequences of an illness or condition (secondary prevention).

PRIORITY TWO~A

Diagnostic or therapeutic services that are necessary to prevent moderate impairment of health of the individual or would soon lead to a priority one definition if left unchecked or untreated.

Categories of Services Included (random order):

- Treatment or evaluation of worsening or worrisome chronic or new health diagnosis that cannot be directly provided by WTHC (i.e.: CKD stage 3, asthma, seizure disorder, lupus) by Specialist.
- Diagnostics and consultation for severely limiting, worsening or neurologically effecting or-

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(Continued from page 7) **Priorities**

thopedic problems (i.e.: significant radiculopathy, loss of limb function).

- Treatment of intractable pain unsuccessfully treated at WTHC
- Surgery for acute or severe worsening of orthopedic problems or general surgical urgencies when referral to Phoenix Indian Medical Center (PIMC) would increase morbidity (i.e.: ACL tear, full thickness rotator cuff tear, joint replacement for joint that no longer functions).

Excluding: Emergency room or urgent care services provided

when clinic was not available for conditions that were not life threatening, but should not await next clinic availability.

Note: All elective surgeries must undergo budget review prior to approval and may be deferred until funds are available.

PRIORITY TWO~B

Diagnostic or therapeutic services that are recommended to preserve health or to prevent moderate impairment but are not currently expected to lead to a priority one definition.

Categories of Services Included (random order):

- Standard screening diagnos-

tics based on age or risk factors (i.e.: mammogram, colonoscopy)

- Specialist care for chronic, stable health problems that cannot be directly provided at the WTHC (i.e.: neurology, cardiology, and rheumatology).
- Functional or chronic/stable orthopedic problems (i.e.: moderate osteoarthritis, DDD)

Excluding: Emergency room or urgent care services provided for conditions that were not life threatening and could have awaited the next clinic Same-Day appointment availability

New Faces Keep the Washoe Tribe Moving Forward

Below are the new faces the Washoe Tribe hired, transferred or promoted since the last newsletter:

Employee Statistics as of November 1, 2014

Total # of Employees:	288
Total # of Females:	65% 187
Total # of Males:	35% 101



EEO Statistics:

Caucasian	100	35%
Hispanic	25	9%
Asian	4	1%
Black	3	1%
Amer Indian	156	54%
Washoe	83/	Other A.I. 73

<u>NAME</u>	<u>DEPARTMENT</u>	<u>POSITION</u>	<u>START DATE</u>
Cindy Curley	WDG	Health Center Director	10/20/14
Tamara Jim	Clinic	Benefits Coordinator I	10/20/14
Wendel Murdock	Clinic	Dentist	11/12/14
Valerie Nevers	Senior Center	Assistant Cook	10/16/14
Leonard Pitts, Jr.	WUMA	WUMA Tech I	11/03/14
Hector Zaragoza	TANF	Resources Manager	11/03/14



Household Hazardous Waste Station for Stewart Community

The Washoe Environmental Protection Department (WEPD) has completed the Household Hazardous Waste (HHW) Collection Station for Stewart Community. It is located in front of the Stewart Community HeadStart, next to the wind turbine. WEPD is currently working with the other three communities to get those HHW stations up and running as soon as possible.

The Stewart Community HHW Collection Station is open every day. The Stewart Community is encouraged to start utilizing this facility to drop off HHW items. Items allowed include: metals, tires, oil, car batteries, tree

limbs, appliances, electronics, light bulbs, and paint. There is a white bin for household recyclables including glass, plastic, and tin.

No trash is allowed at the collection station! Please help keep the yard nice and clean. HHW and household recyclables will be collected weekly. If you have any questions, please feel free to call Eric Fillmore at 775-720-3413. Thank you for your cooperation and participation!

HHW and Recycling Schedule

Tuesday:

collection from all four recycling stations for regular recyclable items (glass, plastic, etc.) -Eric

Wednesday:

collection from all four communities for the curbside recycling program –Eric collection from Stewart Community and Carson Community HHW Collection Locations (HHW, appliances, etc)

-Crew

Thursday:

collection from all Tribal offices and buildings -Eric collection from Dresslerville Community and Woodfords Community HHW Collection Locations (HHW, appliances, etc.) -Crew

Friday:

green waste, any additional cleanup from all four HHW Collection Stations –Eric and Crew



Many thanks to our Tribal and Community leaders and managers and to our great partners at NDOT and SNC for the successful completion of the NDOT US395 safety project (NDOT Contract 3571) – an excellent example of how everyone working together in a good way can produce outstanding results.



Thank you to the Tribal Chairman for the elders Apple Hill trip. It was a spiritual joy for all 37 elders and staff. At Hill High Ranch they enjoyed a BBQ lunch, apple fritters and apple pie alamode. The experience consisted of sharing and creating stories, craft booths and food items to purchase throughout the day. Everyone enjoyed the ride in a deluxe coach bus while watching Avatar and Spirit Bear. The weather was beautiful and they continue to give thanks for a wonderful trip of bringing everyone together.

Elder's Apple Hill Trip



Veterans Brunch 2014



Discover the Treasures of WIC

What is WIC?

- WIC is a supplemental nutrition program for Mothers, children, and infants
- WIC serves low income pregnant, postpartum, and breastfeeding women, infants, and children up to the age of 5 who are at nutritional risk

Some things WIC has to offer

- FREE nutrition education
- Support for pregnant and postpartum woman and fathers
- FREE nutritious foods
- We provide information and support for breastfeeding women
- Referrals to health care & Community resources
- Nutrition counseling
- We have a Registered Dietitian on staff to answer any high risk/special needs nutrition questions

ITCN WIC LOCATIONS

Moapa/
Overton
Schurz
Elko
Wadsworth
Carson City
Owyhee
Nixon
Dresslerville
Fort McDermitt
Yerington
Fallon
Goshute UT/Ely

Please call our office to schedule an appointment
775-398-4960



Do you want to jump start your future?



If you have your High School Diploma or GED and have a vision to attend college or get a certificate/license and just don't know how to start, then stop by the

Washoe Tribe Scholarship Department to see a Pre-College Advisor. They can assist with making your vision come true.

Washoe Tribe Scholarship Department
1246 Waterloo Lane, Gardnerville, Nevada 89410
(775) 782-6320 x2808
Monday-Fridays 8am to 4:30 pm

Get child care paid or subsidized by ITCN



Inter-Tribal Council of Nevada, Inc. Child Care Development Fund (CCDF) can pay up to 95% of your child care costs if you are a Native American family in Nevada. Child care subsidies are available for Native American families in your community.

To be eligible your child

must be 13 years of age or younger, have proof of Native American descendency, (or parent/guardian), working, attending technical/higher education, or in a job training component. Call (775) 355-0600, extension 290, today to see if you are eligible!

Do you have health insurance?

If not, have you applied for the American Indian/Alaska Native (AI/AN) exemption?

Starting January 2014, you and your dependents must either have health insurance coverage throughout the year, qualify for an exemption from coverage, or make a shared responsibility payment when you file your 2014 federal income tax return in 2015. Many people already have qualifying health insurance coverage and do not need to do anything more than maintain coverage throughout 2014.

If you or your dependents do not have qualifying health insurance and plan on filing your 2014 federal income tax return in 2015 and do not want to pay a shared responsibility payment, then an application for Exemption for American Indians and Alaska Natives must be completed.



Penalties for not having a qualified health insurance plan or not getting the AI/AN exemption:

2014 - \$95/adult and \$47.50/under 18 or 1.0% of income - *whichever is greater*. Maximum of \$285.

2015 - \$325/adult and \$162.50/under 18 or 2.0% of income - *whichever is greater*. Maximum of \$975.

2016 - \$695/adult and \$347.50/under 18 or 2.5% of income - *whichever is greater*. Maximum of \$2,085.

Use the application if you and/or anyone in your household are:

A member of an Indian tribe.
Another individual who's eligible for health services through the Indian Health Services, tribes and tribal organizations, or urban Indian organizations

Download the application at:

[http://
marketplace.cms.gov/
getofficialresources/
publications-and-articles/
tribal-exemption.pdf](http://marketplace.cms.gov/getofficialresources/publications-and-articles/tribal-exemption.pdf)

Send the complete, signed application with documents to:

Health Insurance Marketplace-Exemption Processing
465 Industrial Blvd.
London, KY 40741

The Health Insurance Marketplace will follow-up with you within 1-2 weeks and let you know if they need additional information. If the exemption is granted, they will give you an Exemption Certificate Number that you will put on your federal income tax return

and you can keep it for future years without submitting another application. If you do not hear from the Health Insurance Marketplace visit HealthCare.gov or call 1-800-889-4325.

The Purchased Referred Care (PRC) department, formally known Contract Health Services (CHS), at the Washoe Tribal Health Center can be of assistance to help answer your questions or to mail your exemption. Please contact us at (775) 265-4215.

Washoe Tribe of Nevada & California

Employee of the Month

October's employee of the month, Jennifer Johnson, was honored for her dedication and professionalism in executing her duties and responsibilities in an effective and efficient manner. As current interim Director of the Environmental Department Jennifer assumed her new role in January and was given a seemingly daunting task of taking the department in a new direction. That new direction included establishing departmental accountability and transparency. Jennifer stepped up in our time of need and immediately created a solid working relationship with the Tribal Administration and the Tribal Council.

Jennifer also quickly conducted an internal review and discovered several areas of concern that were immediately addressed and corrected. As a result, the department was able to focus its attention on only those grants that were the most beneficial to the Tribe.

Jennifer also continued to administer those programs that provided direct services to our tribal communities. Vitaly important programs such as the community recycling program, and earth day events are perfect examples of the community oriented activities that are beneficial to our communities.

The Elder's firewood program is another program that provides direct assistance to our Tribal members by providing firewood to our elders and identified families in need. Last year Jennifer and her environmental crew successfully delivered ap-



Jennifer Johnson,
Interim WEPD Director

proximately 145 cords of firewood. The firewood program continues to enjoy success under her leadership.

Lastly, Jennifer continues to work to establish and maintain professional working relationships with various federal, state and local agencies (such as USEPA, USFS, BLM, USFWS, TRPA, NDOT, CALTRANS, NDOW and CFW) in a collaborative effort to forge partnerships within our respective communities. These relationships are very beneficial and could not have been established were it not for the professionalism and dedication of Jennifer and her entire team.



Happy 40th Birthday "Mom"

Angie Alvarado

"May the Creator Bless You each and every day". We Love You, You are the

BEST

Happy
Birthday



WASHOE PHARMACY HOURS

Please allow the pharmacy 48 business hours to refill your medication requests. Our standard pick up time is after 3pm , 2 business days after you put in your request.

Monday	8am to 5pm*
Tuesday	8am to 5pm*
Wednesday	8am to 5pm* (closed for 10a-12p)
Thursday	8am to 5pm*
Friday	8am to 5pm*

Washoe Tribal Health Clinic Pharmacy
1559 Watasheamu Road Gardnerville, NV

*** LUNCH IS 12:15pm to 1:15pm EVERYDAY (pharmacy is closed)**

The National Johnson-O'Malley Association Art Contest*

Theme:

“JOM Recipe for Success: Parent, Student
and Teacher Collaboration”

Submission Instructions:

Artwork must be no larger than 8 1/2 x 11. The artist must include an interpretation of the artwork. Do not include any text in the artwork. Please include your NAME, AGE, and address with your artwork so the winners can be contacted.

Mail or deliver artwork to:

Navajo Nation JOM Program

P.O. Box 1950
Window Rock, AZ 86515

All entries must be received by:

February 22, 2015

The winners will receive prizes.

1 st Place	\$300
2 nd Place	\$200
Honorable Mention . . .	\$100

For more information contact (928)871-6678
ore-mail: EleanorThomas@mndode.org

**all artwork will not be returned*



Christmas Craft Faire

December 12th, 13th and
14th, 2014

Carson Community
Gym

2900 South Curry Street, Carson
City, NV

For additional information and vendor
applications, please contact:

Ada Johnson at 775-265-7103
(Evenings)

All Natives and Non-Natives Welcome!

Community Sober Celebrations for the Whole Family

12- STEP PROGRAMS, such as AA or NA have holiday 'ALKATHONS'. These are during Thanksgiving, Christmas and New Years. Families are welcomed, there are tables of food!

Some places have pool tables. I've seen and heard of puzzle tables set up, card games, board games, guitar playing and singing.

There are usually 24hr. meetings for those that need or want them. Food, Fun and Family Sober Celebrating. While each district may vary in the detail, they all have them.

Want to find an 'Alkathon'...or the likes? Is the Holiday celebrating getting out of control...tempted to drink or use...do you feel uncomfortable, even scared? Call...Go!

Gardnerville: I am told *Pitt Rd Recovery Community* hosts "Alcathons" for all the holidays.

Carson City: Alano Club
1800 Hwy 50, Ste. 5
Carson City, NV
775-882-0443

Thanksgiving: 10am - 8pm

Christmas and New Years: The schedule will be available soon. Please call the number above.

Reno Sparks Colony:

NEW YEARS SOBRIETY POW WOW:

Held at the Reno Sparks Colony Gym.

7pm - 12:30pm: New Year's Eve



FREE TRAINING

**Carson Colony Gym
February 21-22, 2015
8am-5 pm each day**

Everyone is welcome to attend and learn:

- Disaster Preparedness
 - Fire Safety
- Disaster Medical Operations Part 1&2
- Light Search and Rescue Operations
 - CERT Organization
 - Disaster Psychology
 - Terrorism and CERT & Disaster Simulation to show everything you have learned

**To pre-register please
call 775-790-7354
or email**

lisa.christensen@washoetribe.us

We are entering a season of giving and receiving. Individually, as families, as a community something of the inner calling of autumn winds and winter cold, draws us to the hearth...in our homes and in our hearts. This can be a challenge for those of us grieving the loss of a loved one, no matter what the cause of their passing. The holiday season often intensifies the struggle. There is no one formula for when and how to re-enter the doings of our lives. My thoughts and prayers are with all in this situation during these holidays. I hope the following helps. I found it in, "Healing the Hurt Spirit"- Catherine Greenleaf, November 15th.

“RECEIVING—There’s no sense in giving to others if our hearts are shut down and we are unable to receive in return. For survivors feelings of unworthiness, vulnerability, and fear can all arise when someone attempts to give to us. And, unfortunately, we may try to sabotage that beautiful gift by turning away, making a negative comment or by simply refusing to accept it. It’s our set of limitations and not the fault of the person trying to show affection. Why put that innocent person through all our torturous emotional gyrations? Today, I will take a deep breath, accept the Spirit of giving as it is intended and say, Thank You.”

Here are some simple things that really help make grief

more manageable.

Creating Grieving and Non-Grieving Times

Buy an egg timer.

Make a deal with *your grief* to attend to your grief certain times of the day, for certain amounts of time. Plan it out—both what you will do when ‘**not in your grief time**’ (i.e. walk, clean, talk on the phone, cook, color, bake, take a bath, garden, sew, read...) AND—What you will do ‘**in your grief time**’. (i.e. cry, talk with a friend-crying or not, sleep, wrap in a blanket with a cup of tea and watch TV, write a letter to your loved one, journal, chop wood until you’re exhausted...) THEN

Go about your day, setting the timer for your grief times. Make them as often as you need them. Allow yourself to stop active grieving when it rings...knowing you will honor your need to grieve again during the day as needed and possible.

Walking: even 10 minutes, taking deep breaths, swinging your arms. Pause to deliberately study one thing. EX: a leaf, a cloud, a branch, a certain rock. Put all your attention there, for 1 full minute...as if there is nothing else in the world to

During the holidays...In the Spirit of Giving...In the Spirit of Receiving

see. Then take a deep breath, and walk on. You will have more focus and clarity when you are done.

Stretching: Gentle stretching, and holding stretched until the muscles relax, releases all kinds of chemicals that accumulate from anxiety and depression. Deep breath during the stretches. Make sure you are taking in enough water to flush out your system.

Coloring:

If your mind is all over the place...and the tension is driving you crazy, color within the lines of a coloring book.

If you are numb, blocked and can’t find an expression/voice for the unseen and unheard inside you, just color...paint... free flow, finger paint.

Grief making it hard to eat: Make different color/flavor jello and pudding, finger paint with that and lick you fingers!

Find some kids...make piles of leaves, jump in. Throw them in the air with your face up so they fall down all around you. Put your grief on the leaves as they fall to the earth.

Should you or a loved one need someone to talk things over with during the holidays,

Dresslerville
Elder Center
Lunch Menu



Dresslerville
(775)265-6426
Carson
(775)883-4888

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sloppy Joe's 1 Tater Tots Cucumber Salad Orange Jell-O w/ Fruit	Oven Fried Chicken 2 Mashed Potatoes & Gravy Steamed Corn Pecan Pie	Polish Sausage w/ 3 Sauerkraut & Onions Corn Bread Orange Dream Bars	Beef Roast 4 Baked Potatoes Steamed Zucchini Sliced Strawberries <i>Elder Site council @ 1pm</i>	Beef Vegie Soup 5 Mixed Green Salad Sliced Oranges Chocolate Cake
Beans & Ham 8 Mixed Green Salad Corn Bread Peanut Butter Cookies	Meat Loaf 9 Steamed Peas Whole Wheat Bread Pineapple Cottage cheese	Beef Stir Fry 10 Steamed Rice Sliced Tomatoes Birthday Cake & Ice Cream	Pork Carnitas 11 Flour Tortillas Salsa & Sour Cream Pinto Beans Pears	Tuna Sandwich 12 Lettuce & Tomatoes Tomato Soup Peach cobbler
Beef Stroganoff 15 Mixed Green Salad Whole Wheat Bread Sliced Peaches	Broccoli Cheddar 16 Soup Ham Sandwiches w/Lettuce, Tomato Applesauce	Taco Salad 17 Salsa & Sour Cream Refried Beans Fruit Cocktail Butterscotch Pudding	Alfredo Pasta 18 w/ Broccoli Garlic Bread Mixed Salad Cherry Jello	CHRISTMAS PARTY CARSON COLONY GYM © 12PM 
Boiled Beef 22 Roasted Potatoes Green Beans Tapioca Pudding	French Dip Sand. 23 French Fries Sliced Oranges Chocolate Cake	Bruch 10am 24 Breakfast Casserole Sausage Mixed Green Salad Blue Berry Muffin	 MERRY CHRISTMAS	Chicken & 26 Wild Rice Soup Spinach Salad Corn Bread Fruit Salad
Vegie Lasagna 29 Mixed Green Salad Garlic Bread Peanut Butter- Cookies	Stuffed 30 Bell Peppers Steamed Carrots Corn Bread Vanilla Cake	Brunch 10am 31 French Toast Scrambled Eggs Bacon Vanilla Yogurt w/ Fruit		All meals are served with 2% milk.

Washoe Tribe Domestic Violence Program

ALWAYS CALL 911 IN AN EMERGENCY!!!

Our goal is to insure that all victims of domestic violence and/or their children are treated with compassion, respect, and sensitivity in addressing their needs with the main focus being Safety, Outreach, and Advocacy.

Washoe Tribe Domestic
Violence Program
1-775-265-8698
(1-800-769-2746) ext. 1233

Washoe Tribal Police Dept.
1-775-265-7540

Tribal Police Dispatch
1-775-783-7233

National Crisis Hotline
24 Hours
1-800-799-SAFE (7233)
1-800-787-3224 (TDD)

If you or someone you know needs help, have questions about domestic violence or about this article, or just want to talk, know that there is help and that everything discussed will be kept strictly confidential. Look for future on-going articles in the Tribal

This project was supported by Grant No. 2009-TW-AX-0050. Awarded by the Department of Justice, Office on Violence Against Women. Points of view in this document are those of the author and do not necessarily represent the official position or policies of the U.S. Department of Justice.

Hey Parents! Are your kids cavity free?

If so, enter them in our...raffle drawing!*

When: Oct 1st thru Dec 31st, 2014

Who: Children ages 3-12

Where: Washoe Tribal Dental Clinic in Dresslerville

What to do: Schedule an appt. for a dental checkup and if you are cavity free, you may enter to win a great FREE prize (\$10 value)

*Drawing to be held December 31st, 2014; parents of winner will be notified by phone in early January.

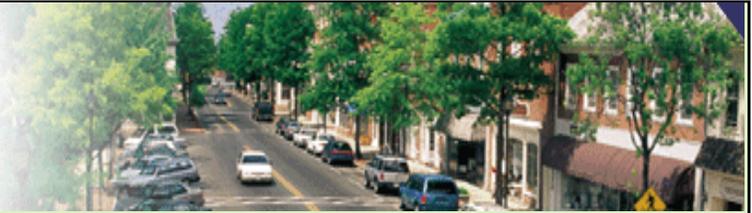
Kali Sargent, a Washoe Tribal Member, helped her softball team, the Reno Heat, to win a National Championship in Palmdale, CA on November 7-11, 2014. USA Preps holds this tournament annually and last year the Reno Heat took second place. Kali pitched 4 games and closed out 3 games out of 8 games played. She had 29 strikeouts and hit one homerun. The Reno Heat was very dominating, going 8-0 and having the run-rule apply to every game except 2. They played teams from Washington, Idaho, California and Nevada. The Reno Heat is comprised of some of the best high school softball players in Northern Nevada. It's been a great season for the team and they played some high caliber teams. Kali held her own and we are very proud of her! Good job Bubba!



SOFTBALL

2014 CHAMPION





USDA Rural Development Invests \$161 Million in Home Loans, Small Business Loans That Create Jobs, and Essential Community Facilities in Rural Nevada

Carson City-Nov. 14, 2014— More than \$161 million was invested in rural Nevada in Fiscal Year (FY) 2014 by the Department of Agriculture's Rural Development (USDA RD) agency to support housing, business and community facilities. Since 2009, the rural agency has provided over \$987 million to strengthen rural Nevada's families and communities.

In announcing the year-end total, USDA RD State Director Sarah Adler said the positive impact for families, businesses, and communities has been significant. Since 2009, the agency has helped 4,555 Nevada families to purchase or repair homes and 67 rural businesses to grow. Over 100 community projects to improve water and waste systems, build essential community facilities, and purchase emergency response equipment were funded.

"Despite a furlough that left us frustrated on the sidelines for the first 17 days of FY 14, we came barreling back and got the

job done for families, businesses, nonprofits, local governments, and tribes in rural Nevada," said Adler.

In FY 14 Rural Development's Business Programs provided \$11.8 million in guaranteed loans, topping two previous years. The guaranteed loan program encourages private lenders to invest capital in rural areas. As an example, USDA's financing helped Clean Dried Processing, a light manufacturer, expand its operations into Silver Springs, creating 16 jobs in a community with high unemployment. The company uses a dehydrator to create tomato pumice and other products used in animal feed.

In FY 2014 USDA RD approved a second \$500,000 Rural Microenterprise Assistance Program (RMAP) loan to the Rural Nevada Development Corporation (RNDC). Adler called the funding one of the highlights of the year.

"Our partnership with RNDC,

wherein we provide them a loan, and in turn they administer a revolving loan fund with microloans to small rural businesses statewide, is showing excellent results," said Adler. "The job creation resulting from these loans really makes a difference for rural communities."

Ferrel Hansen, RNDC's Chief Executive Officer, called the first allocation of RMAP funds in Nevada to RNDC a great success. "The USDA loan allowed us to provide microloans to 27 small rural businesses retaining 47 jobs and creating 30 new jobs. The original \$500,000 was leveraged with other sources of funds to total \$ 693,689 in total dollars lent to ultimate recipients," Hansen said. "The annual benefit to rural Nevada of just the new jobs created from this program in its initial allocation to RNDC is \$900,000. That's a very good return on investment!"

USDA's Housing Program continues to be the heavy hit-

(Continued on page 21)

(Continued from page 20)

USDA Invests

ter in terms of dollars invested in rural communities. In FY 2014, the Guaranteed Single Family Housing Program provided over \$125 million in loans to 750 families, working with 45 different mortgage lenders statewide to provide 100% financing to credit-worthy low and moderate income families. As a direct lender, Nevada's USDA staff accessed extra funds from a national pool, thereby doubling previous home loan totals while serving 64 rural families. The agency also obligated \$297,675 in repair loans and grants for 40 very low-income seniors and homeowners who would not have otherwise afforded these essential repairs.

Between guaranteed and direct loans, families in every county in Nevada benefited from USDA's homeownership assistance. Rural Development also created a campaign to reach out to Hispanic families considering homeownership through its "Mi Casa en Rural Nevada" homeownership education videos in Spanish, available on YouTube.

USDA Rural Development finances and provides rental subsidy to very low income residents, many of them seniors and disabled, in apartment complexes throughout rural Nevada. USDA keeps a vigilant watch on the portfolio and through rental assistance which brought another \$9.3 million federal dollars into the state in FY 2014.

In FY 2014, the Community Facilities Program invested over \$3.8 million in essential equipment, vehicles, and buildings in rural and tribal communities. Of that, \$151,500 was in grants- the balance was loans to local governments and nonprofits that will be repaid.

In 2014, USDA RD continued its partnership with Boulder City Hospital by approving a direct loan of \$1.7 million for an Electronic Health Records system. In FY '13 USDA RD had invested \$16.3 million in direct and guaranteed loans to Boulder City Hospital for renovation and expansion that is now nearing completion.

Across all programs, the agency has focused attention on highest need communities in FY 2014.

In addition to investing more than \$282,076 in tribal communities across the state for business enterprise and essential community facilities, the agency is now using a team approach in some of the most remote and challenged "Opportunity Communities" in the state where unemployment is high and household income is low.

"As we all know, the whole is greater than the sum of its parts. We seek to increase the vitality of whole communities by bringing together not only our diverse RD programs but also those of our federal and state partners to respond to community-identified priorities," Adler stated. "We already are seeing results and we are eager for this work to continue and magnify in the benefits it reaps."

USDA Rural Development has offices in Carson City, Fallon, Las Vegas and Elko. For more information, contact the state office at (775) 887-1222 or visit the USDA RD website at www.rurdev.usda.gov/NVHome.html



Washington DC Essay Contest

ATTENTION TRIBAL MEMBERS
and/or DESCENDANTS AGES
16-21 YEARS OF AGE



Contact Info:
1688 Watsaheamu Drive
Gardnerville, Nevada 89460
776-266-2410



The Washoe Housing Authority wants to take a tribal youth to Washington D.C.!

The Washoe Housing Authority (WHA) will be attending a National American Indian Housing Council (NAIHC) Legislative Conference for the week of February 17-19, 2016 and is holding an essay contest to take one Washoe Tribal Member and/or descendant, 16 to 21 years of age, to the Nation's Capital. The chosen individual will have the opportunity to be involved in NAIHC meetings, meet with national leaders, and explore the Nation's Capital.

In order to apply for this opportunity, applicants must submit a written essay, on the topic of his or her choice regarding the Washoe Tribe, to the WHA by 6:00 pm on December 30, 2014. Applicants will then be interviewed by the WHA Board of Commissioners. Interviews will be held at the WHA on a date to be determined.

The WHA will then select from the essays and interviews the individual who will be traveling to Washington DC with the WHA Board of Commissioners and Staff.



Applicant Requirements

Washoe Tribal Members and/or descendants (proof of membership required)

16 to 21 years of age (17 and under require chaperone and must be available during the dates of travel)

Written essay submitted to the WHA by 6:00 pm December 30, 2014

Must participate in interview to be conducted on a date to be determined.

If you would like some help applying for this wonderful opportunity please see the Washoe Tribe's Pre-College Advisor Lori Pasqua at 1246 Waterloo Lane in Gardnerville or email lpasqua@washoeTANF.org

Nevada Indian Commission honors Nevadans at American Indian Achievement Awards Banquet

Carson City, Nev. – The Nevada Indian Commission honored four Nevadans Saturday, Nov. 15 for their important contributions to the American Indian community. The banquet took place at the Governor’s Mansion in Carson City. The American Indian Achievement Awards Banquet and Silent Auction is now in its fifth year and is the first statewide effort to recognize people in the state who have positively influenced the lives of American Indians.

Gov. Brian Sandoval has proclaimed November as American Indian Heritage Month. “Each award recipient has demonstrated leadership and a commitment to preserving the American Indian community throughout the state of Nevada. It is my pleasure to celebrate their contributions and honor the excellent work they do to build strong, vibrant communities,” Gov. Sandoval said.

“This event reminds us of the contributions of four outstanding Nevadans from our tribal communities who bring so much to the state’s history and herit-

age,” said Richard Arnold, commission chairman. “An added bonus is that this event helps raise funds to support preservation of the Historic Stewart Indian School in Carson City.”



Members of the Nevada Indian Commission selected the 2014 award recipients. The Indian Commission’s mission is to ensure the well-being of American Indians statewide through development and enhancement of the government to government relationship between the State of Nevada and Indian tribes, and through education for a greater cultural understanding of the state’s first citizens. The commission was established in 1965 to be the conduit between the governor and the 27 federally-recognized Nevada tribes.

“The awards banquet continues to

celebrate the extraordinary leadership and achievements of Nevadans working in and for Indian Country,” said Sherry Rupert, executive director of the Indian Commission. “The event is a

great way to celebrate these individuals and to celebrate American Indian Heritage Month.”

Receiving Achievement Awards in each category are:

American Indian Community Leader of the Year – Aletha Tom, Chairwoman for the Moapa Band of Paiutes

American Indian Youth Services/Role Model of the Year – Paula Smith, Juvenile

Probation Officer, Washoe Tribe of Nevada and California

American Indian Youth Ambassador of the Year – Calista Cruz, student, Coral Academy, Reno, NV.

Contributor and Supporter of the Year – Ben Rupert, Firefighter, City of Reno Fire Department

For information on the Nevada Indian Commission and the Achievement Awards Banquet visit www.nic.nv.gov and for more information on the Stewart Indian Cultural Center visit www.StewartIndianSchool.com. Contact (775) 687-8333 or dmbecker@nic.nv.gov.



Important Message to Off Reservation Members

Name: _____

Address: _____

Phone #: _____

Enrollment #: _____

E Mail: _____

Hello Off Reservation Members,

In our efforts to keep Off Reservation members informed about Washoe Tribal activities. We are asking for members to update their addresses with us. Those of you who are interested please fill out the form below.

Also, we have funds available to provide Walmart gift cards for Off Reservations members who need a little extra for the holidays. Please send us your information no later than December 15th, 2014 to receive your gift card. Gift cards will be mailed out shortly after December 15th, 2014. The gift card amount will be determined by the volume of responses we receive and you must be Off Reservation to receive one. We will be providing one per household this year.

Please fill out the address information and mail to:

Off Reservation
Washoe Tribe of Nevada and California
919 Hwy 395 South
Gardnerville, NV. 89410

If you have questions you my email us at:

offres@washoetribe.us



Cut out along the dotted line

Summer Research Experience Opportunity for High School Juniors and Seniors

The American Indian Research and Education Center (AIREC)/University of Nevada Las Vegas (UNLV) under the School of Community Health Sciences is now a Coordinating Center with the Short-Term Research Experience Program for Underrepresented Persons (STEP-UP). The project aims to expose American Indian/Alaska Native (AI/AN) current year junior and senior high school students to the science of diabetes, endocrinology, metabolism, nutrition, and obesity.

Program Highlights

- 8 to 10 weeks of full-time research experience with flexible starting dates.
- Summer research stipend.
- Students are assigned to one of four High School STEP-UP Coordinating Centers to help coordinate and monitor their summer research experience.

• Students are encouraged to choose a research institute and/or mentor near their hometown or within commuting distance of their residence. Students are not required to relocate in order to conduct their summer research.

- Students receive training in the responsible conduct of research. All-paid travel expenses to the Annual High School STEP-UP Research Symposium held on

NIH's Main Campus in Bethesda, Maryland—gives students the opportunity to conduct a formal oral and poster research presentation.

Please read the <https://stepup.niddk.nih.gov/hs.aspx> before starting the application. Applications will be accepted online beginning **11/15/2014**. All online applications and supporting materials must be submitted by **2/15/2015**.

Students applying to the High School STEP-UP must:

- Complete and successfully submit online application.
- Complete and successfully submit a Personal

Statement with no more than 600 words.

- Contact two Academic References with instructions on how to submit Online Letters of Recommendation. Two complete Letters of Recommendation must be received on or before February 15, 2015 for program consideration.

Order an official academic transcript which reflects all earned credits and grades through December 2014 (most recent). Transcripts must be post-marked by **2/1/2015** and mailed to:

High School STEP-UP

**11 Democracy Plaza Blvd., Room 904
Bethesda, MD 20892**

For questions or comments please feel free to contact:

Ms. DeeJay Chino, MPA

STEP-UP Program Coordinator
American Indian Research & Education Center
University of Nevada Las Vegas
4505 S. Maryland Parkway Box 3064
Las Vegas, Nevada 89154-3064
(702) 895-4003
Email: chinoe@unlv.nevada.edu



If you would like some help applying for this wonderful opportunity please see the Washoe Tribe's Pre-College Advisor Lori Pasqua at 1246 Waterloo Lane in Gardnerville or email lpasqua@washoeTANF.org



Washoe Tribe

of Nevada & California

919 US Highway 395 South, Gardnerville, NV 89410
(775) 265-8600

To view this newsletter online go to

www.washoetribe.us

Let us know if we can remove you from the mailing list and save paper and mailing costs.

Washoe Tribal Council

Darrel D. Kizer, *Tribal Chairman*

Neil Mortimer, *Vice-Chairman*

Tamara Crawford, *Secretary/Treasurer*

Carson Colony

W. Gary Nevers, *Chairman*

Chad Malone, *Vice-Chairman*

Dresslerville Community

Julie Barr, *Chairwoman*

Joseph McDonald, *Vice-Chairman*

Off Reservation

Darrel Cruz

Mahlon Machado

Off Reservation Representatives

Reno Sparks Indian Colony

Lorraine A. Keller, *Representative*

Stewart Community

David L. Tom, *Chairman*

Stan Smokey, *Vice-Chairman*

Woodfords Community

Vacant, *Chairman*

Neil Mortimer, *Vice-Chairman*

Deirdre Jones-Flood, *Secretary/Treasurer*

Please let us know if your address has changed!

Christmas Basket sign ups NOW!

If you are eligible to receive food vouchers from the Washoe Tribe Social Services, you may sign up for the Christmas food baskets. The program allows **one** holiday basket **per household!**

When you come in to Washoe Tribe Social Services to get your next food voucher, ask to be signed up for the holiday baskets and, if applicable, Project Santa (see below).

If you have already received your food voucher, you can come back to Social Services to sign up to have a food basket. You **must** bring your food

voucher in with you as it will be marked to receive a basket!

Project Santa:

If your household is eligible for food vouchers and has children ages 0-14, you may also sign up for Project Santa at Social Services.

Project Santa helps to give out gifts to those children during the Holidays. Bring in your existing food vouchers to be marked if you have already received them, or ask for them to be marked if you have not yet received them.

Details regarding basket and gift pick-up will be given at the food closet when you next visit.