WASHOE TRIBE OF NEVADA AND CALIFORNIA

Wá bíba úm múše eš gí

Translation- "Read It Here"

Washoe Tribal Newsletter—Voice of the Washoe Tribe of Nevada & California June 2014

Highlights of what's inside

Stewart Father's Day Pow Wow—page 6-7
June 13-15. Need Stewart School Alumni Nominations.

"Ask Your Medical Provider"—page 18
New question and answer column offers advice.

Youth Awareness Day—page 23
Washoe Police sponsor their annual event on June 21st.

Art Contest—page 23
Washoe Tribe Social Services sponsors art contest for logo.

Washoe Crafters needed—page 26
Crafters needed for BBQ and Round Dance—Alpine County 150th Celebration.

ITCN Youth Leadership Conference—page 27
Limited availability, register now for this August 3-6 event in South Lake Tahoe.

See page 2 for newsletter submission and deadline information.

Elders leave legacy with Head Start students

April 30, 2014 — The Washoe Tribe Elder Center invited our Head Start Immersion Nest Program children to the center for a craft project. When the children arrived in the morning we set about mixing cement for stepping stones. Each student was paired up with an elder and together they decorated their stepping stones with their handprints and mosaic tiles and stones. These stepping stones will be placed in the Elder Center Garden when it is completed and will be available for the children who participated in the project to view when they become

(Continued on page 3)

Spring Ranch Update

Lower Ranch Update

Water and funding are the two main issues we are attempting to resolve in the most efficient method possible.

Water

Since the flood occurring in 1997 and the removal of the old bridge, the river above/below the diversion has scoured out material to the extent that the inlet of the box is higher than the river. This makes it very difficult to obtain water through the conveyance system as the 1865 water right allows.

Placement of rock above

(Continued on page 2)

(Continued from page 1) **Spring Ranch Update**

the diversion raising the level of the bottom of the river to the degree/elevation that will enhance the flow into the diversion takeout is necessary. Estimated cost for material and engineering fees is 60K to 175K.

The above described project using rock/concrete to raise the level of the river was agreed to be the most effective solution.

To date, we have met with the following agencies in an effort to obtain a funding source.

Kristine Hansen – Army Corp of Engineers

Bruce Peterson – State Conservationist N.R.C.S.

Jim Gifford – District Conservationist N.R.C.S.

Clint Kolbe – State Exec. Director – Federal Farm Service

Gus Wegren – District Director – Federal Farm Service

Sara Adler – U.S.D.A. State Director

Betty Houk – County Director – Federal Farm Service

Tara Vogul – District Director N.R. C.S.

William Brewer – Housing Dir. Rural Development

Kelly Clark – U.S.D.A. Rural Development

Funding if applicable for the river project is in the form of a low interest loan not a grant. We are contacting the Bureau of Reclamation and other agencies to pursue the possibility of funding in the form of a grant.

Douglas County status at this time is rated D3 or extreme drought conditions. Turning ground over with limited water available makes it very difficult to plant alfalfa or other crops. Alfalfa seed runs $3-4/pound. At 30 pounds per acre plus cost of discing, leveling and planting, raises the cost per acre to $250-300 per acre. Young alfalfa planted prior to June 1st or before the last frost won't survive as the first 6 months are the most critical for a new seeding. Combined with drought conditions and projected limited water available after June 15th to sustain the new seed, makes it a very difficult gamble. There would be a loss of $90-120 per acre on seed alone.

June CALENDAR

Dresslerville Community Council Meeting
Wednesday, June 4, 6:00pm

Carson Colony Community Council Meeting
Wednesday, June 11, 6:00pm

Woodfords Community Council Meeting
Thursday, June 12, 6:00pm

Tribal Council Meeting
Friday, June 13, 6:00pm
Dresslerville Community
(subject to change)

Father's Day
Sunday, June 15th

Stewart Community Council
Tuesday, June 17, 6:00 pm

Articles and opinions expressed in this publication are not necessarily the opinions of this publication or the Washoe Tribe or Tribal Council. This Tribal Newsletter encourages tribal members and their families to submit letters, articles, photographs, and events to be considered for publication. These are subject to editing. Contributing writers, and photographers include tribal community members, tribal employees and other sources as appropriate. To ensure timely publication of submissions contact information must be provided. Addresses, phone numbers, e-mail addresses, and other provided contact information will not be published, unless requested.

Disclaimer: All dates are subject to change. We reserve the right to refuse any submission with final approval by the Tribal Chair or Vice Chair. Absolutely no campaigning for political gain allowed.

Submission deadline: Items submitted for publication must be received no later than 5pm on the 15th of each month unless a later deadline is otherwise posted. Unformatted electronic submission preferred. Printed monthly January through December. Published on or around the first of each month.

Submissions: Submissions may be mailed to Washoe Tribal Newsletter, 1246 Waterloo Lane, Gardnerville, NV 89410 or emailed to djohnson@washoetanf.org or faxed to 775-782-6892, Attention: Newsletter Editor. **Questions? Call 775-782-6320**

(Continued from page 1) **Elder's Legacy**

adults. These children will be able to tell their children, "This is my handprint, this is what I made with my elders." We would like to thank the elders and children that participated, the Immersion Nest teachers, Ms. Lisa Enos, Mr. Mitch Osorio, and Ms. Melba Rakow. We would also like to thank the parent volunteers and also the volunteers that just happened to show up at the Elder Center and got put to work. We really appreciate your help on big projects like these.

Successful Earth Day Event

WEPD wants to thank everyone who came out and contributed to and participated in another great Earth Day! WEPD wants to thank all of our partners who donated items and provided assistance for the event. WEPD would especially like to thank the following partners for attending and contributing to this event: Carson Valley Trails Association, US Forest Service, Washoe Tribe Law Enforcement, Washoe Tribe Healing Center, Washoe Tribe Domestic Violence, Native Youth Resource Center, TANF, Washoe Tribe Social Services, Washoe Tribe Language Program, Washoe Tribe Head Start, US Fish and Wildlife Service, Alpine Watershed Group, Washoe Tribe CERT, Red Cross, and Keep Tahoe Blue. Hope to see you next year!

Dear Readers,

We are putting in a new column in our newsletters...an "Ask your Medical Provider" question and answer column *(see page 18).* Please send any questions you would like answered to Washoe Tribe Health Center 1559 Watasheamu Rd. Gardnerville, NV 89460 Atten: AYMP.

We will be happy to answer either personally or in the Washoe Tribe Newsletter.

(Continued from page 2)

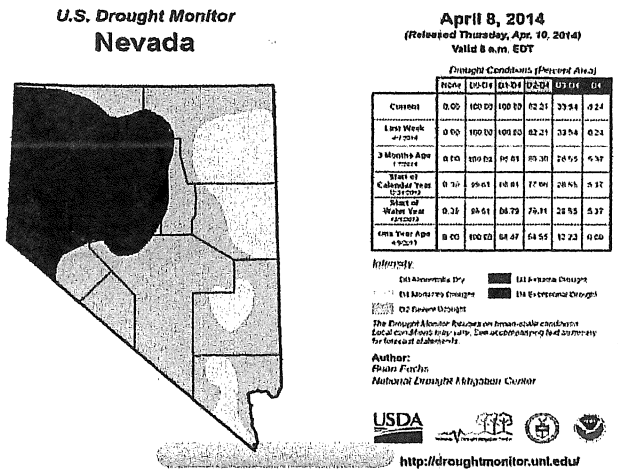
Nevada State Emergency Operations Center
Statewide Drought Emergency
Mission # 01162014-148

Situation Report #7
April 15, 2014

Current Situation

Drought Declaration

- Currently all 17 counties are under a Drought Emergency Declaration as designated by U.S. Department of Agriculture.
- Carson D3 Extreme Drought
- Churchill D4 Exceptional Drought
- Clark D1 Severe Drought
- Douglas D3 Extreme Drought
- Elko D3 Extreme Drought
- Esmeralda D2 Severe Drought
- Eureka D3 Extreme Drought
- Humboldt D2 Severe Drought
- Lander D4 Exceptional Drought
- Lincoln D2 Severe Drought
- Lyon D3 Extreme Drought
- Mineral D2 Severe Drought
- Nye D2 Severe Drought
- Pershing D4 Exceptional Drought
- Storey D3 Extreme Drought
- Washoe D3 Extreme Drought
- White Pine D2 SevereDrought



County Resource Requests

- No requests have been submitted to the SEOC at this time.

Wildfires

- The Western Great Basin Coordination Center reports no new wildfires in the past week.

Federal Partner Messaging

USDA press releases
http://www.usda.gov/wps/portal/usda/usdahome?navid=LATEST_RELEASES

USDA disaster and drought assistance
http://www.usda.gov/wps/portal/usda/usdahome?navid=DISASTER_ASSISTANCE

FSA disaster assistance program (links to information, e-mail list
http://www.fsa.usda.gov/FSA/webapp?area=home&subject=diap&topi

Drought Impact on Agriculture

Drought prompts disaster declaration
http://www.nevadaappeal.com/news/9778388-113/drought-counties-east-fire

NDWR water level data http://water.nv.gov/data/waterlevel/

USGS water level, stream flow, etc. data
http://waterdata.usgs.gov/nv/nwis

Desert Research Institute Drought Dashboard
http://www.gbdash.dri.edu/

Drought Impact on Habitat

BLM Planning and Sage Grouse
http://www.blm.gov/pgdata/etc/medialib/blm/nv/field_offices/elko_field_office/information/communications_forum/02_29_12.Par.65994.File.dat/Planning%20and%20Sage%20Grouse.pdf

Drought Impact on Municipal

- No impact currently reported

Nevada/California Indian Housing Association

And

AMERIND Risk Management Corporation

Due:
July 1, 2014

~~~~~~~~~~~~~~~~~~~~~~~~A Scholarship

Available to Support Post High School Education in
2 and 4 year Colleges, Universities or
Technical and Trade Schools

Scholarships will be awarded for Fall 2014 Semester

Applicants must submit by USPS the attached Scholarship Application along with the requested documents and information:

1. Name/Address/Telephone/Email
2. Proof of Tribal Enrollment
3. Proof of Enrollment for Fall 2014 semester in a 2 or 4 year college, university, or a certified technical or trade school
4. Personal essay statement regarding your needs for the funding and how you would use the scholarship funds.
5. Personal photo

Applications are due: July 1, 2014

Send to:
Deirdre Flood
NV/CAL Scholarship Fund Committee
C/o Washoe Housing Authority
1588 Watasheamu
Gardnerville, CA 89460

Questions: Contact Deirdre Flood @ 530.307.1840

Applications will be reviewed and funding decisions will be made by the Nevada/California IHA Scholarship Fund Committee

Nevada/California Indian Housing Association

AMERIND Risk Management Corporation

Are Pleased to Announce

Please contact Annette Alvarado, Washoe Housing Authority at 265-2410 for a scholarship application. Scholarship application must be submitted with personal essay in order to be considered.

STEWART FATHER'S DAY POWWOW COMMITTEE

Stewart Indian School
Alumni Nomination Form

The children who attended the Stewart Indian School from 1890-1980 are a vital part of Nevada's history. The Stewart Powwow Committee would like nominations of Stewart Indian School Alumni to honor at the 2014 Stewart Father's Day Powwow. **Alumni chosen will be featured in the Powwow program and recognized at an evening reception to be held at the Stewart Indian School on Thursday, June 12, 2014.**

Stewart Alumni Nominee Contact Information	
Name of Alumni	
Address	
City, State, Zip Code	
Phone	
E-mail Address	
Years Attended	

Please explain why this person should be chosen (attach essay - 300 word minimum).

Name of person completing this form: _____

Phone number: _____

E-Mail: _____

Please return form via mail or e-mail to:

Nevada Indian Commission
Attn: Deborah Larson
5366 Snyder Avenue
Carson City, NV 89701
Phone: (775) 687-8333
E-mail: dlarson@nic.nv.gov

All nomination forms are due to the Stewart Powwow Committee no later than Friday, May 30, 2014

Alumni chosen will be notified immediately after selection.
Honorees will be required to provide a brief biography and picture for the Powwow program.

www.StewartIndianSchool.com

SESQUICENTENNIAL

STEWART FATHER'S DAY

POWWOW

SIGNATURE EVENT

JUNE 13-15, 2014

5500 SNYDER AVE., CARSON CITY NV 89701

BATTLE BORN ★ NEVADA PROUD 150th Anniversary of Statehood

For information and related forms, please visit

StewartIndianSchool.com

Find us on: facebook.

www.facebook.com/stewartindianschool

General Information Free admission ~ Dry camping is available in designated areas only (call for more information); if in an undesignated area, you will be asked to move ~ Food / Indian tacos (We will accept the first 4 completed and paid Indian taco vendor applications) ~ Please bring your own chairs ~ Set up for shade tents begins Friday morning at 8 am (no exceptions)

Activities Stewart Alumni Reception to take place Thursday, June 12, 2014, at the Stewart Indian School, Bldg #1 (former administration building)

Competition Dancing (must be in full regalia to accept award) ~ Stewart Powwow Princess Contest (raffle tickets must be sold with candidate receiving 10% of sales) ~ Raffle and 50/50 ~ Arts & craft vendors Special events and exhibits

For Information Call **Sherry Rupert** or **Deborah Larson** at **775.687.8333** or email at **dlarson@nic.nv.gov.**

Host Hotel: Carson City Plaza Hotel **1-888-227-1499**
Overflow Hotel: Gold Dust West & RV Park 775-885-9000. Ask for the 'Stewart Powwow' rate.

The Stewart Father's Day Powwow Committee, Stewart Alumni Committee, Nevada Indian Commission, and State of Nevada are not liable for accidents, injuries or short funded travelers.

This is an alcohol and drug free event.

Sponsored in part by:

NEVADA ARTS COUNCIL · ART WORKS. · NEVADA A WORLD WITHIN. A STATE APART. · CARSON CITY

Master of Ceremonies:
Gridley Hilpert, Sun Valley, NV

Arena Director:
Sam Johnson, Reno, NV

Head Man:
James Johnson, Reno, NV

Head Lady:
Alorha Baga, LeMoore, CA

Head Teen Boy:
Dylan Jeude, Cottonwood, CA

Head Teen Girl:
Leilani O'Daye, Reno, NV

Host Drum:
Sage Point Singers, Ft. Hall, ID

Grand Entry Times
Friday 7:00pm to 10:00pm

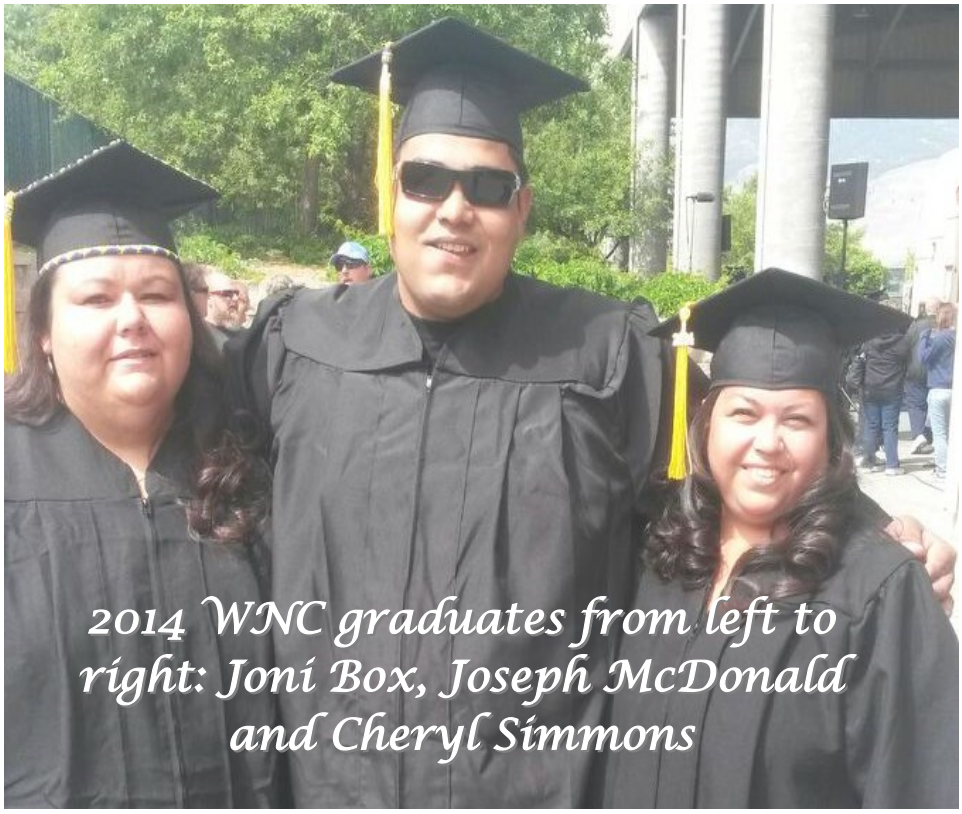
Saturday 1:00pm to 5:00pm, and 7:00pm to 11:00pm

Sunday 12:00pm to 4:00pm

OPEN TO THE PUBLIC

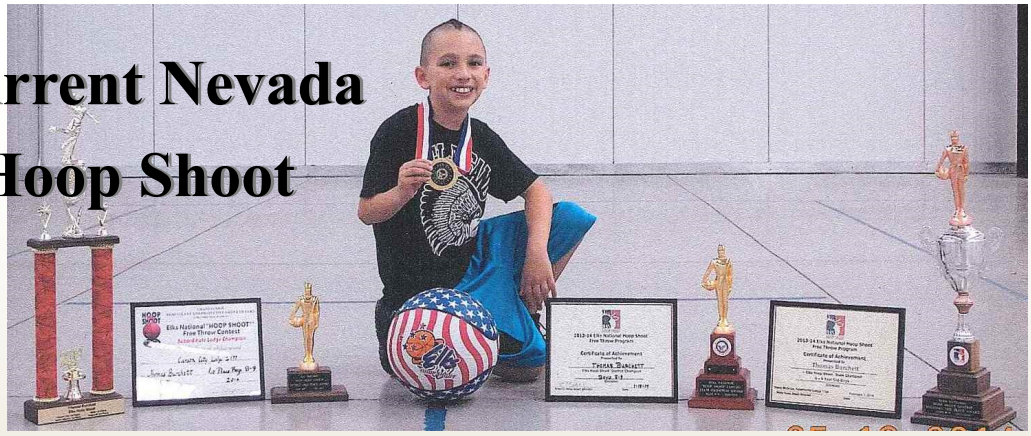
It is with a sad heart I announce my resignation from my position at the Washoe Tribal Health Center as Nurse Practitioner/ Director of Nursing. I will be moving this summer due to a family concern with a possible return in one year. I am honored to have been a part of your lives for the last eight years and I thank you for all you shared with me. The Washoe community has meant so much to me and I will remember your lessons and keep good memories of my time here. My last day at the clinic will be July 11th. Please take care, I will miss you!

Kameren Owens



2014 WNC graduates from left to right: Joni Box, Joseph McDonald and Cheryl Simmons

Burchett current Nevada State Elks Hoop Shoot Champion



Thomas Burchett, the son of Richard and Nichol Burchett and the grandson of Sharon Burchett is the current Nevada State Elks Hoop Shoot Champion. Thomas participated in the Elks National Hoop Shoot Competition on January 4, 2013 in the 8-9 year old division. He worked his way up to the Regional Competition by taking first place in the local, district and state competitions where he battled through three tie breakers to become the State Champion and have the right to represent the State of Nevada at Regionals in Las Vegas. Thomas placed third at the Regional Competition (placing the highest of all the competitors that represented the State of Nevada) just one step away from the National Competition that is held in Springfield, Massachusetts, home of the Basketball Hall of Fame. Thomas is eager to compete again and is currently preparing himself to go all the way to Nationals next year, where if he were to become the National Champion, his name would be inducted into the Basketball Hall of Fame.

Washoe Tribe Domestic Violence Program

Elder Abuse!!!

Definition: Elder Abuse is defined as (1) neglect, (2) verbal abuse, and/or (3) financial exploitation mistreatments that are imposed on older persons by immediate caregivers, non-native extended family members, and primarily a family member. The elderly are being left alone and/or denied food, medicine, or companionship by their loved ones or caregivers as a way to control the out come of the abusers needs. The abuser will also deliberately insult, frighten, humiliate, threaten, physically abuse, take the elderly's' possessions, and/or treat the elderly as a child in order to intimidate them, thus causing fear and gaining control. Another way the abuser controls the elderly is by taking their money, using it for their own benefit, and leaving the elderly with nothing. This type of abuse causes the elderly to fall into financial strains: unpaid bills; shut off notices for electricity, water, sewage, phone, etc.; no money to pay for medications.

The most prevalent of the abusers are the immediate family members. Those who care for them are usually those who just got out of prison or jail, are unable to find work, or are very dependent persons. They can also be those who were unwillingly placed in the position as caregiver by other family members who do not have the time or resources to care for the elder person. Some abusers are those who are married into the family or are the boyfriend or girlfriend of the family member and can be living in the same home. These people have persuaded the family member into coercing the elderly into giving them money, check cards, check book, keys to their cars, etc. in the name of "love" and using it to their own advantage.

The Washoe Tribe Domestic Violence Program has seen a rise in Elder Abuse regarding Elder Abuse incidences and reporting. Those who are most vulnerable to abuse are (1) women, (2) those who are the oldest which include both men and women, (3) those who are socially isolated either by area or deliberately by the abuser, and (4) those who are living with the primary caregiver either in their own homes or the caregivers' home. Unfortunately, most elderly pass away due to implications sustained by physical, emotional, and mental abuse and never have the chance to be vindicated. Please be aware of elder abuse, its signs and symptoms, and take action! Know that the steps that you take to prevent and be aware of elder abuse can save the life, mental state, and well-being of an elder.

If you suspect Elder Abuse, you can report it to the Washoe Tribe Police Department, the Washoe Tribe Domestic Violence Program, or the Senior Centers (Dresslerville or Carson Sites)

Take the first step! The elderly are dependent on us to see, hear, and notice!!!

National Calendar of events:

June is National Safety Month (http://www.nsc.org/nsm **)**
June is Children's Awareness Month (http://mentalhealth.samhsa.gov **)**
June is Elder Abuse Awareness Month (http://aging.state.nv.us **)**
June 15, 2014 is Father's Day (www.dayformothers.com **)**

Ribbon & Support, Symbol Causes & Colors pertaining to this month:

"White" – Child Exploitation Awareness **"Gold"** – Elder Abuse Awareness

ALWAYS CALL 911 IN AN EMERGENCY!!!

Our goal is to insure that all victims of domestic violence and/or their children are treated with compassion, respect, and sensitivity in addressing their needs with the main focus being Safety, Outreach, and Advocacy.

Washoe Tribe Domestic Violence Program
1-775-265-8698
(1-800-769-2746) ext. 1233

Washoe Tribal Police Dept.
1-775-265-7540

Tribal Police Dispatch
1-775-783-7233

National Crisis Hotline
24 Hours
1-800-799-SAFE (7233)
1-800-787-3224 (TDD)

*If you or someone you know needs help, have questions about domestic violence or about this article, or just want to talk, know that there is help and that everything discussed will be kept strictly confidential. Look for future on-going articles in the Tribal Newsletter. "Remember that **YOU** have the **RIGHT** to live a life **FREE** of violence", from the Washoe Tribe Domestic Violence Program.*

This project was supported by Grant No. 2009-TW-AX-0050. Awarded by the Department of Justice, Office on Violence Against Women. Points of view in this document are those of the author and do not necessarily represent the official position or policies of the U.S. Department of Justice.

Bordewich Bray had a wonderful Native Award night

33 students were recognized for their academic achievements.

Kindergarten
LaSade Conti
Anthony Porter
Addy Painter
Kane Rambeau
Tyee Yazzie-Malone

First Grade
Jasmine Andrews
Tiberius Bryan
Peter Fillmore-Mendez
Jasmine Arthur
Payton Brown
Jayladean McNoise-Fred
Jenay Rambeau
Jarena Shoshone

Second Grade
Naleia Abbie
Amber Arthur
Alexandra Berger
Robert Berger
Tina Garcia
Jazlynn Johnson
Emma Painter
Shawn Combest
Mia Snooks

Third Grade
Trentin Fillmore-Mendez
Takya Ahdunko
Ozzy Garcia
Chance Kaamasee

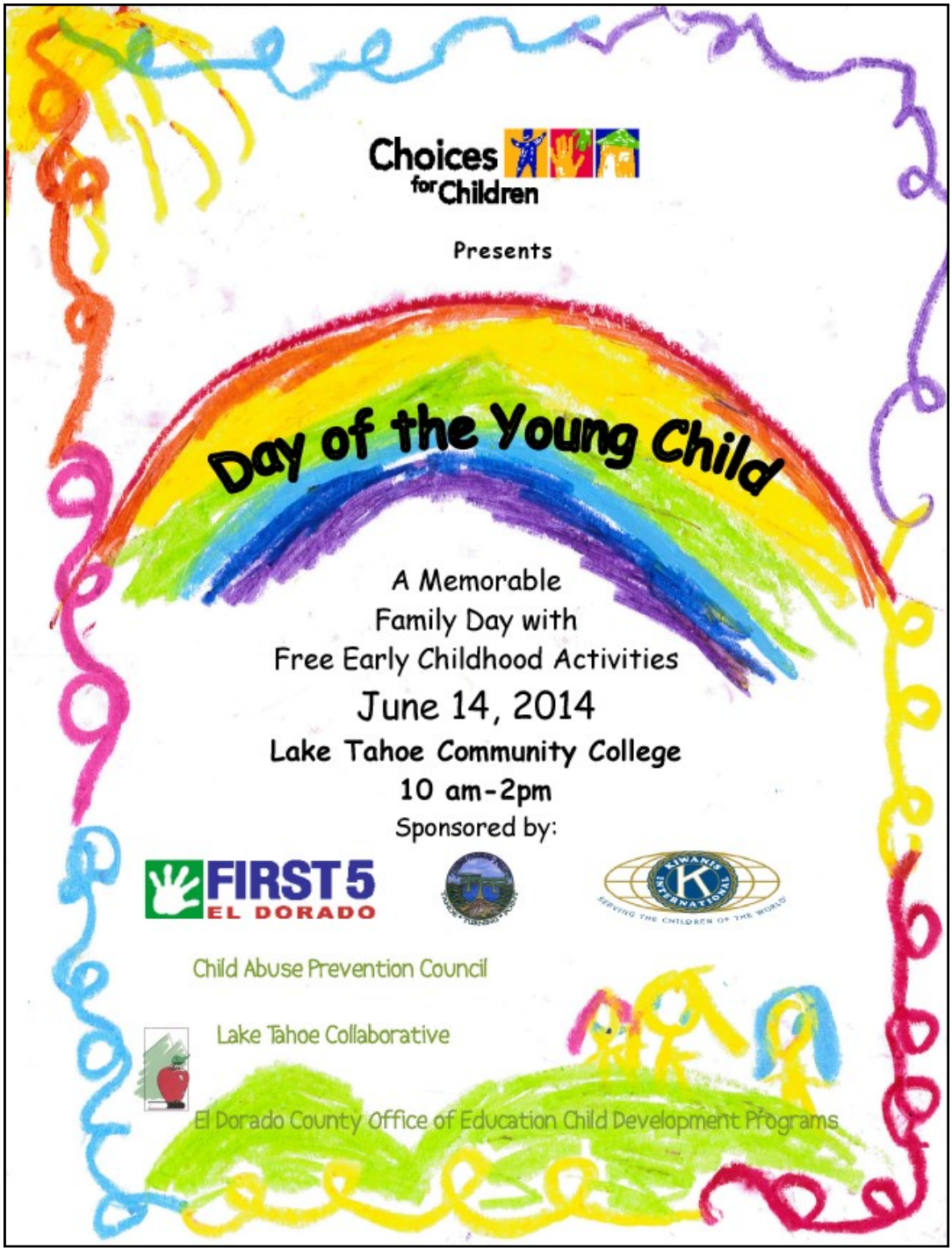
Fourth Grade
Marius Painter
Chalina Barriga-Brown
Brianna Malone
Delcia Colunga

Fifth Grade
Sequoya Fillmore-Mendez
Annabelle Crawford
Zachary Forbis

*Zachary Forbis was recognized as the top Fifth Grade student.

Mrs. Martin was chosen for the Most Outstanding Teacher Award.

Aaron Thacker
Washoe TANF Education Program
Bordewich Elementary
athacker@carson.k12.nv.us
775.283.2464
775.309.3848



Elders make Memorial Day wreaths

The Washoe Tribe Elder Center had an art therapy classes at both Elder Centers this month. On May 13, the class was in Dresslerville and on May 15 we held the class at the Carson Elder Center. This was a fun class in which we made Memorial Day wreaths. It was nice to sit with the elders and listen to the stories of loved ones who have gone before us and who the wreaths were being made for. On Saturday, May 24, 2014 I went out to the cemetery to pay my respects to family members and friends and as I walked around the cemetery I noticed that many of these wreaths made it to their intended place. It was touching to see these wreaths laid at the head of so many grave stones when I saw each one of them being lovingly made for that special person.

Wa She Shu It'Deh 2014

July 25th, 26th, & 27th

ATTENTION VOLUNTEERS, VENDORS, DEMONSTRATORS, & PERFORMERS!

Wa-She-Shu It'Deh 2014 is quickly approaching. This year the festival will begin with our opening dinner on Friday, July 25th and will run through Sunday, July 27th 2014. We are looking for VOLUNTEERS, VENDORS, DEMONSTRATORS, & PERFORMERS! If you have a great idea and would like to bring it to the table come to the Wa-She-Shu It'Deh Committee Planning meeting. For more information please contact Gwen James at the Washoe Tribe:

775-265-8600 @ ext. 1105

Bring Your Ideas, Talents, Strengths, Time, & Hearts and Let's Make This Wa-She-Shu It'Deh Festival The Greatest Yet!

New Faces Keep the Washoe Tribe Moving Forward

Below are the new faces the Washoe Tribe hired, transferred or promoted since the last newsletter:

Employee Statistics *as of May 1,2014*

Total # of Employees:		315
Total # of Females:	68%	212
Total # of Males:	32%	103

EEO Statistics:

Caucasian	105	34%
Hispanic	23	7%
Asian	7	2%
Black	3	1%
Amer Indian	177	56%

Washoe 98 / Other A.I. 79

Name	Department	Position	Start Date
Jennifer Kline	Law Enforcement	Domestic Violence Advocate	4/21/14
Delia Fruhn	Clinic	Medical Assistant	4/24/14
Jennifer Jones	Clinic	Registered Nurse	4/28/14
Trisha O'Connor	Clinic	3rd Party Billing Accts. Rec. Clerk	4/28/14
Janelle Rodriguez	WDG/Meeks Bay	Resort Worker	4/28/14
Tes Trier	WDG/Meeks Bay	Resort Worker	4/28/14
Lydell Wyatt	WDG/Meeks Bay	Housekeeping Supervisor	4/30/14
Robert Duba	WDG/Meeks Bay	Food & Beverage Supervisor	5/5/14
Paul Villaescusa	TANF	Case Manager/Alpine	5/5/14
Loni Booth	WDG/Meeks Bay	Resort Worker	5/12/14
Carletta Christensen	WDG/Meeks Bay	Resort Worker	5/12/14
Kerri Fernando	WDG/Meeks Bay	Resort Worker	5/12/14
Madeline McDonald	WDG/Meeks Bay	Resort Worker	5/12/14
Angel Rojas	WDG/Meeks Bay	Resort Worker	5/12/14
Gage Parriette	WDG/Meeks Bay	Resort Worker	5/12/14
Alyssa Burt	WDG/Meeks Bay	Resort Worker	5/12/14

TANF participates in 25th Annual Youth Day

Stockton TANF office participated in the 25th annual Children & Youth Day in Pixie Woods on May 17, 2014. This free event is designed to increase community awareness of services and opportunities for families in San Joaquin county. There was live entertainment and displays for all ages, hands-on activities, parenting information, and education and training opportunities. Our program provided program information as well as had the opportunity to make dream catcher fans and Indian paper dolls with the many of the children that attended the event.

Sheriff Crawford Receives Special Recognition

Wednesday 5/21/14—At Alpine County Board of Supervisors meeting, Sheriff John Crawford received a wonderful award – a special resolution from the California Legislature honoring his many years of dedicated service. Sheriff Crawford will be retiring this year. Congratulations, Sheriff Crawford!

Councilman Ellis, Cole, Greg, Lane and the Washoe IT/telecommunications team were at the meeting providing a briefing for the Supervisors on the Hawkins Peak microwave backhaul project for Hung A Lel Ti Community and County residents, and were fortunate to be able to observe this outstanding tribute and to take these photos. "It was an honor and made me very proud to personally witness the California Legislature in recognition of Sheriff Crawford. Mr. Crawford served Alpine County as a deputy and Sheriff for the last 20 years. He's also recognized as the 1st Native American Sheriff in the State of California. Sheriff Crawford exemplifies the strength and dignity of the Washoe Tribe. Congratulations Sheriff Crawford and good luck with your future endeavors. You'll be greatly missed as our random Santa Claus and insuring a safe and happy Hung A Lel Ti Community," commented Councilman Ellis. Others' comments received via email... "Praise God for His wonderful works to the children of men (us!) – God is good." " Let us praise Him today. He has not forgotten us. We are very blessed people of God. See how the Lord stood with John Crawford to keep him safe all these 20 +years of his service to his people and the residents of Alpine County. Congratulations, John, to you and to your family…," "What a fine example you have been to all of us. I am proud of you" said Kathleen Simpson.

"I am very honored to serve John for all these years. He was a great boss and an even better friend. I will truly miss our daily meetings in my office and his telling me 'wait, no bad news until I have had my cup of coffee.' He was a great leader and I wish all the best for him in his retirement" said Undersheriff Robert E. Levy of the Alpine County Sheriff's Office.

Gourd News is Good News!

Carson Valley Museum has the Washoe Gourd Project on display

Now through July 2014

Learn more at

washoegourdproject.com

Gourds Gourds Gourds Gourds

Discover the Treasures of WIC

What is WIC?

- WIC is a supplemental nutrition program for Mothers, children, and infants
- WIC serves low income pregnant, postpartum, and breastfeeding women, infants, and children up to the age of 5 who are at nutritional risk

Some things WIC has to offer

FREE nutrition education

Support for pregnant and postpartum woman and fathers

- FREE nutritious foods
- We provide information and support for breastfeeding women
- Referrals to health care & Community resources
- Nutrition counseling
- We have a Registered Dietitian on staff to answer any high risk/special needs nutrition questions

ITCN WIC LOCATIONS

Moapa/
Overton
Schurz
Elko
Wadsworth
Carson City
Owyhee
Nixon
Dresslerville
Fort McDermitt
Yerington
Fallon
Goshute UT/Ely

Please call our office to schedule an appointment 775-398-4960

ITCN WIC

Thank You

We would like to thank the Carson Community Council, and everyone that helped during our fundraiser, also everyone that supported this young man get to Chino, CA for JOs Boxing Tourney. Thank you.

Get child care paid or subsidized by ITCN

Inter-Tribal Council of Nevada, Inc. Child Care Development Fund (CCDF) can pay up to 95% of your child care costs if you are a Native American family in Nevada. Child care subsidies are available for Native American families in your community.

To be eligible your child must be 13 years of age or younger, have proof of Native American descendency, (or parent/guardian), working, attending technical/higher education, or in a job training component. Call (775) 355-0600, extension 290, today to see if you are eligible!

Elder Center Garden Makes Progress

Progress is being made on the Elder Center Garden. One month ago if you looked into the back yard of the Elder Center you would have seen a jungle with one clearing. Now when you look at the Elder Center garden you can see all the hard work done by our volunteers. We have the enclosed garden structure erected, some of the raised garden beds have been put together and filled, we have even started to plant. The Elders are getting more excited each day with all of the changes that are being made. We have had many volunteers in this project and it is great seeing the community pull together to complete this project. Our volunteers, youth all the way to elders, have made such a difference in the way we work together as a people. It is truly something special to see. We are still seeking volunteers to complete this project. If you would like to volunteer please contact the Dresslerville Elder Center: 775-265-6426

The Elder Center would also like to thank the Environmental Crew for coming out and getting the yard cleaned up and cutting down the trees. Thanks for all your hard work!

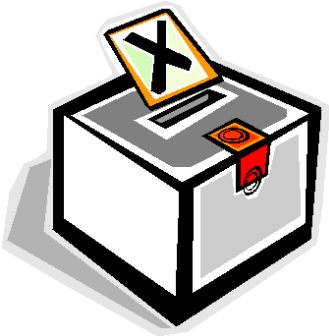
Your service is needed for Tribal Elections

The Election Board is looking for alternates and poll watchers for the upcoming 2014 General Election. We are looking to fill vacancies for (1) alternate and (1) poll watcher from each community; Carson, Dresslerville, Stewart, Woodfords and Reno-Sparks.

According to the Washoe Tribe of Nevada and California Law & Order Code, Title 20 Election Proceedings:

20-50-030 Alternates; Poll Watchers

1. *The Tribal Council shall select six (6) alternates and six (6) poll watchers to assist the Election Board in its duties and in conducting elections.*

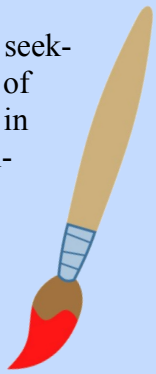


2. *The poll watchers and alternates shall serve the same length of period as regular Election Board Members and shall be appointed by the Washoe Tribal Council in the same term as the regular Election Board Members.*

If you are interested in being a part of the Election process please submit a letter of interest to your Tribal Council representative.

Attention Wašiw Artists

The pat'alŋi me?k'i Head Start language nest is still seeking artist to illustrate our children's books based off of our Wašiw legends and stories. If you are interested in contracting with the language nest to illustrate a children's book please contact Lisa Enos @ (775) 265-2629 0r (775) 790-7357. We can set up an appointment for you to bring in art samples and meet with the staff.



REMINDER: Washoe Tribal Health Center buildings and surrounding areas are designated to be smoke free.

Summer is approaching!

Save water, save life…

Saving water is easy for everyone to do!

- Turn your sink *off* when brushing your teeth/face, washing dishes or hands. Etc…
- Did you know that when you run *both* your dishwasher and clothes washer FULL you save up to 1,000 gallons a month?!
- You can keep track of your water meter to discover if you have water leaks in your house.
- Water your lawn, garden or trees in the early morning or late evening to minimize evaporation.
- Make sure your sprinklers are aiming at your lawn! Not your house, sidewalk or street. This is a common careless act that can be easily fixed!
- A dripping faucet or fixture can waste 3 gallons a day. A total of 1,096 gallons a year!
- Dispose of toxic chemicals properly.
- Defrost food in the fridge or in the microwave.
- Turn your hose *off* when not in use, instead of letting the water run down the street and into gutters.
- Make sure your toilet is not leaking; *you can save up to 1,000 gallons a month.*
- Take shorter showers.

Please conserve our valuable natural resource for our future generations. Conserve water with these simple tips…

A message from the WUMA Department

Water is life…
Cherish every drop!

"Happy Birthday Josiah!

You're the greatest gift mommy could ever ask for. Love Mommy, sissy and family"

Flowers do not force their way with great strife.
Flowers open to perfection slowly in the sun. . . .
Don't be in a hurry about spiritual matters.
Go step by step, and be very sure.
—White Eagle

Fall Head Start program wait list

Each year there continues to be a long waiting list for the Washoe Tribe Head Start program. You can still call 775-265-1074 or go by the Dresslerville or Stewart centers to pick up an application however, our classes are currently full and we cannot guarantee enrollment. If your child is 3 to 5 year old you may still be put on a waiting list for September, 2013 - May, 2014.

Children must be 3 years old before October 1st to meet the age requirements and not turn 5 until after October 1st. The program is offered in the Dresslerville and Stewart communities and is a comprehensive child development program with the goal of increasing school readiness of young children. Hot nutritious meals, socially inviting activities, making new friends lead to success in their school environment and beyond in their careers.

Washoe Tribe of Nevada & California

Employee of the Month

Alonzo Gonzalez,
TANF Site Manager

The employee of the month for the month of April is Alonzo Gonzalez, Site Manager for the Oakland site.

Mr. Gonzalez has been with the Oakland site since February, 2013, and previously served three years as a Site Manager for the San Jose site. The Oakland TANF site has the highest number of clients with the most complex cases, and they have experienced some of the highest turnover rates among their staff which contributed to the challenges faced by TANF managers. There have been many changes at the Oakland site and these changes encountered many rough roads.

When he arrived at the Oakland site, he was ready. Alonzo's goal to engage all staff towards collaboration and creating a one-stop service center is a positive move and they're almost there. His diligence, determination and great leadership to the staff, clients and partners have moved them a step closer to ensuring their clients reach their self-sufficiency goals and brought stability to the site. He takes great pride in his work toward having a comprehensive and inclusive program and his hard work is paying off.

"Ask Your Medical Provider"

Dear Provider,

What is the difference between diabetes type 2 and diabetes type 1? Which one is worse? And if "they" say you are "borderline" am I a diabetic, I have heard there is no "borderline".

Dear Reader,

Let's break this down, first Diabetes Types are basically on how your pancreas functions, the short layman's version is that in Type 1 we do not secrete the appropriate amount of insulin to keep our blood sugars absorbed and in control. Type 1 diabetes, sometimes called **insulin-dependent diabetes** or **juvenile diabetes**, usually develops before the age of 30. Diabetes type 1 is a serious, chronic autoimmune disease in which the pancreas no longer produces enough insulin. This type of diabetes mellitus often requires several insulin injections each day to prevent high blood sugar (glucose) levels and cannot be controlled through diet, nutrition, and exercise.

Type 2 we secrete insulin, but it does not connect and work with our muscles and clear out the blood sugar or glucose. Type 2 diabetes accounts for more than 90% of all cases of diabetes mellitus. Diabetes type 2, which usually develops later in life, also is called **non-insulin-dependent diabetes** or **adult-onset diabetes**. In most cases, this type of diabetes is related to **obesity** and can be controlled through diet, nutrition, exercise, weight loss, and oral medications.

Type 2 diabetes develops when the pancreas produces inadequate amounts of insulin or when the body becomes resistant to this hormone. Some patients with type 2 diabetes eventually need insulin injections to control blood sugar (glucose) levels. Symptoms of diabetes type 2 develop gradually over time and may be mild and unnoticeable. The condition often is diagnosed during routine laboratory tests.

Which one is "worse"? Well knowing that Type 2 can be controlled with lifestyle changes, weight control, nutritional control and a routine lifestyle and Type 1 requires medication and particularly "shots" you be the judge. Remembering that lifestyle changes can and usually are very difficult to do and maintain. Both types have complications if we let them control us instead of us controlling them, both types can

(Continued on page 19)

(Continued from page 18)

be very costly to us. Cost in the loss of function, pain and debility with a shortened life span. Now "borderline"?

Diabetes mellitus is a disorder characterized by abnormally high blood glucose levels (hyperglycemia). Glucose, a type of sugar, is the body's primary source of energy. In type 1 diabetes, blood glucose is elevated because the pancreas produces little or no insulin—the hormone that permits cells to remove glucose from the blood; in type 2 diabetes, high blood glucose develops because the body's cells are resistant to insulin. The following glucose tests are performed to diagnose or monitor diabetes. A single blood sample taken anytime after eating that day may be sufficient for a diagnosis; a blood glucose level above 200 milligrams per deciliter (mg/dL) associated with the classic symptoms of hyperglycemia—thirst, frequent urination, and weight loss—indicates that diabetes is present.

Fasting blood glucose measures blood glucose levels after a 12- to 14-hour fast. While levels normally decrease during fasting, they remain persistently high in people with diabetes. A fasting glucose value above 125 mg/dL on at least 2 tests indicates diabetes.

Postprandial blood glucose measures blood glucose levels 2 hours after eating a meal. Postprandial blood glucose is usually done in people who have symptoms of hyperglycemia, or when the results of a fasting glucose test suggest possible diabetes, but are inconclusive. Values of 200 mg/dL or more indicate diabetes.

The oral glucose tolerance test is not necessary in most cases, but is the method of choice to detect diabetes when results from the fasting and postprandial tests are borderline or inconclusive. In oral glucose tolerance, the glucose levels in the blood and urine are measured periodically for several hours following the ingestion of a beverage containing a specified dose (usually 75 grams) of glucose.

Hemoglobin A1c (HbA1c), also known as the glycosylated hemoglobin or glycohemoglobin test, is used to monitor the effectiveness of therapy in people already diagnosed with diabetes. HbA1c measures the amount of glucose attached to hemoglobin (the oxygen-carrying protein in red blood cells), which increases as blood glucose levels rise. Since hemoglobin circulates in the blood until the red blood cells die (half the red blood cells are replaced every 12 to 16 weeks), the HbA1c test is a useful tool for measuring average blood glucose values over the previous 2 to 3 months.

Borderline is when you are "pushing" close to these numbers and may have symptoms to go with it.

Disclaimer: *The information provided in this article is solely for educating the reader. It is not intended to be a substitute for the advice of a medical expert.*

http://www.healthcommunities.com/understanding-diabetes/diabetes-mellitus-overview.shtml

http://www.healthcommunities.com/understanding-diabetes/diabetes-mellitus-overview.shtml

The Johns Hopkins Consumer Guide to Medical Tests

USDA Invites Applications for Community and Economic Development Programs

(CARSON CITY, Nev.- May 27, 2014) USDA Rural Development recently announced that the Rural Business Opportunity Grant Program (RBOG) is accepting applications. This grant promotes long-term economic growth and community vitality in rural areas with exceptional needs.

The RBOG program provides funds to public bodies, nonprofit corporations, Indian tribes, institutions of higher education, and rural cooperatives with exceptional needs in areas of long-term poverty. Visit http://www.rurdev.usda.gov/BCP_rbog.html

Grant funds must be used for projects in rural areas and they can be used for:
- Community economic development
- Technology-based economic development
- Feasibility studies and business plans
- Leadership and entrepreneur training
- Rural business incubators
- Long-term business strategic planning.

For more information contact USDA Rural Development Business Programs Specialists Michelle Kelly in Carson City at (775) 887-1222, Ext. 118. or David Foster in Las Vegas at (702) 407-1400 Ext. 103.

USDA, through its Rural Development mission area, has an active portfolio of more than $199 billion in loans and loan guarantees. These programs are designed to improve the economic stability of rural communities, businesses, residents, farmers and ranchers and improve the quality of life in rural America.

6th Annual

Men's Health Gathering

The Washoe Tribal Health Department in association with Native TANF would like to invite all Washoe Tribal Men to a night of Men's Health Information. All men ages 11 & up are encouraged to attend with brothers, uncles, fathers and grandfathers.

Educational speakers on substance abuse, men's health issues and native men's roles in family and healthy living.

Work participation hours are available for TANF clients.

July 31st - 5:30-9:00PM

at the Carson Valley Inn

If transportation is needed please contact your local TANF office at: Carson (775)882-9256, Douglas (775) 265-4382, or Alpine (530) 694-2555

RAFFLE PRIZES, DINNER, EDUCATIONAL TOPICS

This event is sponsored by the SDPI Grant

Do you want to jump start your future?

If you have your High School Diploma or GED and have a vision to attend college or get a certificate/ license and just don't know how to start, then stop by the Washoe Tribe Scholarship Department to see a Pre-College Advisor. They can assist with making your vision come true.

Washoe Tribe Scholarship Department
1246 Waterloo Lane, Gardnerville, Nevada 89410
(775) 782-6320 x2808
Monday-Fridays 8am to 4:30 pm

Funding Available for Advanced Communications in Rural Areas

WASHINGTON, May 22, 2014 – Agriculture Secretary Tom Vilsack has announced that USDA is accepting applications for grants to enhance telecommunications and broadcast services in rural areas. The funding is available from the Community Connect Grant Program, the Distance Learning and Telemedicine Program, and the Public Television Station Digital Transition Grant Program.

Through the Community Connect Grant Program, USDA plans to provide up to $13 million to fund broadband in unserved areas to support economic growth and deliver enhanced educational, health care and public safety services. Awardees must serve an area where broadband does not exist, provide a community center with broadband access, and offer broadband service to all residential and business customers. Since it was created in 2003, USDA has approved more than $142 million in more than 240 Community Connect projects to bring broadband service to rural communities that lacked it. Visit http://www.rurdev.usda.gov/utp_commconnect.html for more information.

USDA is making up to $19.3 million in Distance Learning and Telemedicine (DLT) program grants available to fund access to rural education, training and health care resources. The DLT program finances telecommunications-enabled equipment and advanced technologies for people who live and work in rural areas. Since 2009, USDA has invested almost $150 million in the program. Visit http://www.rurdev.usda.gov/UTP_DLT.html for more information.

In the Public Television Station Digital Transition Grant Program, USDA will provide up to $2 million as part of the Department's continued support of rural telecommunications and broadcast services. Funds can be used to acquire, lease or install equipment or software to complete the transition to digital broadcast signals. More information is available online at http://www.rurdev.usda.gov/UTP_DTV.html .

USDA will offer special consideration to Community Connect and Distance Learning and Telemedicine applications that contain at least one end-user site within a trust area or a Tribal jurisdictional area. For more information contact Nevada General Field Representative Rocky Chenelle at (530) 379-5032.

Washoe Tribe

Incentive Scholarship

The Education Scholarship Program is looking for all those Washoe Tribal Members that are going to a university/college and has earned a 3.0 or higher on their Grade Point Average for spring semester. You may qualify for the Incentive Scholarship that is due on July 5th 2014.

The applications are available on the Washoe Tribe web site: http://www.washoetribe.us/contents or stop by the office: 1246 Waterloo Lane, Gardnerville, Nevada

For information contact :
Lori Pasqua, Pre-College Advisor : (775) 782-6320 x2808, Cell (775) 309-3674

Treat the earth well: it was not given to you by your parents, it was loaned to you by your children. We do not inherit the Earth from our Ancestors; we borrow it from our Children.

Ancient Native American Proverb

WASHOE HOUSING AUTHORITY
NEWSLETTER

HIP Home Application Process

HIP applications are required to be submitted **annually** by the deadline specified by the WHA, in accordance with the BIA work plan submittal deadline.

HIP applications are reviewed by WHA staff and every attempt possible is made to assist the applicant with correcting any deficiencies within the application.

HIP applications are assigned a random number for anonymous review by the WHA Board of Commissioners (BOC), in order to assign points in each evaluation category per BIA regulations.

The annual HIP work plan is then completed with points associated to each applicant identified by the WHA BOC for presentation to Washoe Tribal Council.

Washoe Tribal Council approves the HIP work plan for submittal to BIA.

WHA submits the HIP work plan to BIA for review on behalf of the Tribe.

BIA reviews the WHA annual HIP work plan and determines whether an individual will be awarded a HIP grant. This is generally announced to the Washoe Tribe later in the year, that funds are awarded or denied.

AMERIND Safety Poster Contest

WHA held the annual AMERIND Safety Poster Contest party at the Carson Colony Senior Center on May 2nd. This was a fun event for children in kindergarten through 8th grade who had the opportunity to create a safety poster for the contest. Special thanks to the Washoe Tribe Police Department for providing safety awareness information to the children.

Title VI Project Update

WHA has begun the work on the 12 remaining homes in the Woodfords Community for the Flooring Deficiency Project Phase II.

Client Services

Client Services is currently accepting housing applications for all WHA programs. Please contact Tasha Hamilton or Jeriann Lopez for further information on what types of programs are available.

WHA Upcoming Activities

Applications are available at WHA.

June 17, 2014 – BOC Regular Meeting

July 4, 2014 – 4th of July Holiday

Washoe Housing Authority Board of Commissioners

Carson Indian Community
Chad Malone, Vice-Chairman
Beverly Barbour, Alternate

Dresslerville Community
Anthony Smokey, Commissioner
Johnny Erwin, Alternate

Stewart Community
Stan Smokey, Commissioner
Jacqueline Steele, Alternate

Woodfords Community
Deirdre Jones Flood, Chairwoman
Vacant - Alternate

Off Reservation
Lana Hicks, Secretary/Treasurer
Debra Keats, Alternate

Washoe Housing Authority Staff

Administration
Raymond E. Gonzales, Jr., Executive Director
Annette Alvarado, Executive Asst.

Finance
Nancy Nizankiewicz, Finance Mgr.

Client Services
Tasha Hamilton, Client Services Mgr.
Jeriann Lopez, Client Services Specialist

Development
Richard Lombard, Development & Modernization Manager
Nate Dondero, Skilled Laborer
Billy Enos, Skilled Laborer
Marvin Pahe, Skilled Laborer

Maintenance
Gary Nevers, Maintenance Mgr.
Dave Roberts, Maintenance
Loren Lundy, Sr., Maintenance

The Washoe Tribe Police Invites YOU to it's

Annual Youth Awareness Day!!!

Attention All Kids

Attention All Kids

Saturday, June 21, 2014

Dresslerville Community Gym

10:00 am – 3pm

Free Bar-B-Que at 12 noon

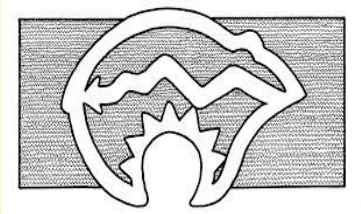
Come on down and join us in celebrating kids being kids!

We will have information booths with hand-outs, Special guests: East Fork Fire, Bureau of Land Management who is bringing "SMOKEY THE BEAR", Regional Gang Task Force, NHP, NV Division of Transportation, Rite of Passage.

Care Flight will also be landing at the ball field and will be available for pictures with our kids!

Special "Thanks" to our Community Partner, The Carson Valley Inn, Dresslerville Community Council, WT Clinic Diabetes Program, Washoe Housing Authority, TANF and all other participating WT departments!

Washoe Tribe Department of Social Services Announces



ART CONTEST

"We invite all Tribal Artists to participate in this contest to create a Washoe Tribe Social Services Logo that will be used on pens, t-shirts, cups or other items to promote Foster Families, and Tribal Family Services."

Requirements are it must be:

- ...cultural and it must present Washoe Tribal Family Values
- ...easily printed, etched, and transferred to items for future outreach events
- ...any art medium is accepted
- …a size that is easy to work with — would need to be moved easily
- ...received by July 17, 2014 deadline with brief contact information with description (to help judges)
- ...turned in to Washoe Tribe Social Services (located inside the Judicial Building), 950 U.S Highway 395 South, Gardnerville, NV 89410

Artists will be recognized and top three will be announced in Newsletter and at the Wa She Shu It Deh where the top three will be presented with their prize.

If you have any questions please call (775)265-7024 ext. 1253

Wašišu Guwaʔ- Workings of the Washoe

Huŋa meheši miw!

As we are winding down for the 2013-2014 school year, we've been assessing our after-school language participants on all the things we've gone over within this school year. I am very impressed with these kids' ability to remember their Wašiw itlu teachings and be able to begin using it in their everyday activities. A lot of these students even take their Wašiw language learning into the public schools and share with their teachers and peers, about how proud they are of their Wašiw heritage. It definitely gives these children a real focus on where they come from and it makes me so proud to see them carry it forward. The language will be stronger for what they have started today. Mi gum biʔisi (you make me proud).

Some of our monthly activities included a Presentation at Cowboy Poetry festival in Genoa, where Herman Fillmore talked on tribal History and Storytelling with Melba Rakow. We also did a Mother's Day candle making project that we did for the Mothers', Grandmothers and Aunties. During the Washoe Tribes Earth day event held at the Carson Colony Senior Center, we made paper using recycled paper. It was a lot of fun despite how windy it got that day.

We are in collaboration with the Education Departments' summer enrichment program and recreation departments to start planning for the summer months. Not only do we want the students to continue with academics through the summer we want them to experience academics through hands on learning that go hand in hand with language and cultural activities with a lot of outdoor learning. Keep a look out for the summer month's calendar.

Dresslerville language classes have moved over to the Dresslerville Elder center. We are still on Thursday nights at 6:00 pm to 8 pm. These classes have been very well attended and we are very excited to be having classes there along with the elders who are our true teachers! All our other classes will be changing as we are accommodating the summer enrichment program and continuing with the children's language learning. We will post this calendar as the times are established.

Miligi gobegi!

Every once in a while we need to remind ourselves about our responsibilities to the culture and once again it has come to our attention that over the years Dance Hill has been referenced to in derogatory terms, by both tribal members and non-tribal members. As we know, Washoe girls must run "the hill" as part of their coming of age ceremony. Therefore, it has great significance to our women, and our tribe as a whole. Many derogatory terms have been used in reference to the hill. The elders, tribal members, Washoe Cultural Resource Advisory Council would like to refer to the hill as ITUGUMAM (itu-goo-mum), meaning "going up". Please use this name, and encourage the use of it to your families, friends, and non-tribal members when referencing the hill.

Wašiw Itlu to practice at home.

<u>Introduction to descriptions-</u>

Deʔilpipili- blues and purples
Deʔilelegi- Red
Delćaćami- greens and yellows
Deʔilšošoŋi- Browns and Orange
Deʔilyawi- black
Deʔilpopoyi- white
Yećiši- dirty
Deʔilbababi- spot
Deʔilteʔtebi- fat
Deʔikaykayi- tall
Deʔilpuypuyi- thin
Deʔilšapšapi- fuzzy
Ipeš- rotten
Deholboli- bald
Metiw- white hair
Tiyeli- big
dewmumzɨm- pointed chin
dewhopoy blond
gumšaʔ- tattoo
dewyuš aŋaw es- bad smelling
deʔilumlumi- sparkly/shiny
ćimel- whiskers/beard

There are many things to be shared with the Four Colors of humanity in our common destiny as one with our Mother the Earth. It is this sharing that must be considered with great care by the Elders and the medicine people who carry the Sacred Trusts, so that no harm may come to people through ignorance and misuse of these powerful forces.

Resolution of the Fifth Annual Meetings of the Traditional Elders Circle, 1980

Call for

Washoe Crafters

Alpine County's 150th Celebration

BBQ and Round Dance

August 2, 2014—12p-4p

At Grover's Hot Springs State Park

EVENT Information
Vendor Information

Fee: Raffle Item from your table valued at $20 or more
Set up time: 8am
Tear down time: Sunset
Bring: your whole set up (We DO NOT provide tables or chairs)
Optional: Demonstration of craft or sharing your craft by teaching a class for hands on participation (can charge a fee for Material and class)

Contact before July 1st for information to reserve booth space or questions—Kristy Vann
kvann@alpinecountyca.gov

PH 530-694-2638
CELL 530-721-7665

Hung a lel ti residents are Free with demonstration.—**limited space!**

Save The Date

"OUR DREAMS, OUR VISIONS, OUR FUTURE"

Reserve your spot now—availability is limited!

REGISTRATION FORMS AVAILABLE ON-LINE : itcnccdf.org

11th ANNUAL INTER-TRIBAL COUNCIL OF NEVADA, INC.

NATIVE AMERICAN YOUTH LEADERSHIP CONFERENCE

Come and Join Us in South Lake Tahoe, Nevada

Meals, lodging and educational opportunities will be included in registration fee.

****Summer Youth Conference is open youth 7th to 12th grade.***

August 3-6, 2014

NEVADA STATE 4-H CAMP LAKE TAHOE

Please call 775-355-0600 X 260 for more information

Washoe Tribe

of Nevada & California

919 US Highway 395 South, Gardnerville, NV 89410
(775) 265-8600

To view this newsletter online go to
www.washoetribe.us
Let us know if we can remove you from the mailing list and save paper and mailing costs.

Washoe Tribal Council

Darrel D. Kizer, *Tribal Chairman*
Neil Mortimer, *Vice-Chairman*
Tamara Crawford, *Secretary/Treasurer*

Carson Colony
W. Gary Nevers, *Chairman*
Chad Malone, *Vice-Chairman*

Dresslerville Community
Julie Barr, *Chairwoman*
Joseph McDonald, *Vice-Chairman*

Off Reservation
Darrel Cruz
Mahlon Machado
Off Reservation Representatives

Reno Sparks Indian Colony
Lorraine A. Keller, *Representative*

Stewart Community
David L. Tom, *Chairman*
Stan Smokey, *Vice-Chairman*

Woodfords Community
Vacant, *Chairman*
Neil Mortimer, *Vice-Chairman*
Deirdre Jones-Flood , *Secretary/Treasurer*

Don Johnson, Newsletter Editor

Please let us know if your address has changed!

WASHOE PHARMACY HOURS

Please allow the pharmacy 48 business hours to refill your medication requests. Our standard pick up time is after 3pm 2 business days after you put in your request.

Monday	8am to 5pm*
Tuesday	8am to 5pm*
Wednesday	8am to 5pm* (**closed for 10a-12p)**
Thursday	8am to 5pm*
Friday	8am to 5pm*

*** LUNCH IS 12:15pm to 1:15pm EVERYDAY (pharmacy is closed)**

Washoe Tribal Health Clinic Pharmacy
1559 Watasheamu Road Gardnerville, NV