

Wá bíba úm múše eš gí

Translation- "Read It Here"

Washoe Tribal Newsletter—Voice of the Washoe Tribe of Nevada & California

January 2014

Highlights of what's inside

Scholarships/
Internships/Youth
Science Institute—
pages 4, 5, 7, 9, 15, 18,
& 19

Opportunities for youth
and college-age students.

**Tis the season for
thanks—pages 4, 8 & 19**

Thanks to Christmas
party helpers, jurors,
Secret Santa Helper's,
Dresslerville Head Start.

**Six New Faces at the
Tribe—page 7**

See who's new and
where they work.

**What to expect from
the Clinic Drivers—
page 6**

Learn how and when to
get a ride to the Clinic
from their transportation
drivers.

**What to do for snow
storms and extreme
cold weather —page
10 & 11**

Housing has some tips as
does Environmental.

**Help is needed for
Tribal Elections—
page 15**

Contact Tribal Council.

See page 2 for newsletter
submission and deadline
information.

Cultural projects in touch with traditional Wašišiw ways

Huŋa me hešuší from Wašišu Gu Wa?

I hope this finds you all in good health
and spirits this New Year season!! Ga-
lis gahamu aŋaw!

Dayoliti

We have been extremely busy at Cul-
tural resources, between making our
dayoliti (new rabbit skin blanket) and
making snow shoes. Our blanket is al-
most complete! We still have, maybe,
one more class until it's completed and
I must say, it looks pretty good. It's
definitely the biggest one that we've
made to date. We used about 50 skins
to make this one blanket. It's definitely
a learning process. We find ourselves
saying "what would our ancestors have



done with the tools they had?"
Every blanket we've done so
far gets better and better. We
will be using this blanket for
display and presentation pur-
poses. Keep an eye out for it
being displayed somewhere in
your community.

Snowshoe making

We had an amazing turn out
for our snowshoe making
event that took place Decem-
ber 12th. We had planned for

(Continued on page 2)

Language to practice at home:

Food and Eating...

Demlu wayuš alŋi i- The food smells good

Haluŋa ibik mama? esi- It's not quite done

Demluŋa guwawa esi- No left overs

Widi gegilbam - Have a bite (bite this)

Gemu gigi- Taste it

Demlu činam a? gasa?- put the food on the dish

Demlu itbaŋa a? gasa- Put the food on the table

Di yomoli-I'm full

Hutiwe um sa? heši- Do you have anything

Demlu um sa? heši- Do you have food?

Gobe? um sa? heši- Do have coffee

Demlu ibik mama uwey- the meal is almost done

Demlu ibik mamay - the food is done

Golaš wewuš lemlu hulew- We will eat soon

(Continued from page 1)

12 pairs of snow shoes but we had over 20 participants. Everyone made one shoe for practice using willow, jute and rawhide. The kids gave them a try outside the community building in the snow! Again, these are all learning processes for us as these items haven't been made by Wašišiw in a very long time. We found that using the rawhide is best as it makes the shoe more stable and a lot stronger, also different types of wood would make a difference as well. Bending the willow into the round shape proved to be challenging as we heard several snapping! Some came to the conclusion that they need to be stripped and dried as

you would for baskets, then soaked before use so that they become pliable. We will be holding a second snowshoe making class Thursday, January 2nd, 2014 using willow and rawhide twine to make a "pair." This will be held at the Dresslerville community building at 6:00 pm.

Language Classes

We will be resuming regular scheduling of languages beginning Monday January 6; this includes our afterschool kindergarten classes as well.

Thank you to everyone involved in helping us in our revitalization efforts with our language and culture. It's not just one person's



January CALENDAR

New Year's Day

Wednesday, January 1st
Tribal Offices Closed

Dresslerville Community Council Meeting

Wednesday, January 8, 6:00pm

Carson Colony Community Council Meeting

Wednesday, January 8, 6:00pm

Woodfords Community Council Meeting

Thursday, January 9, 6:00pm

Tribal Council Meeting

Friday, January 10, 6:00pm
Woodfords Community Center
(subject to change)

Martin Luther King Day

Monday, January 20th
Tribal Offices Closed

Stewart Community Council

Tuesday, January 21, 6:00 pm

responsibility; it's going to take the communities and a tribe as a whole to really achieve what we are trying to accomplish. So thank you to every one of you who participate. Um wa? aṅawi!! Miligi gobegi!

Articles and opinions expressed in this publication are not necessarily the opinions of this publication or the Washoe Tribe or Tribal Council. This Tribal Newsletter encourages tribal members and their families to submit letters, articles, photographs, and events to be considered for publication. These are subject to editing. Contributing writers, and photographers include tribal community members, tribal employees and other sources as appropriate. To ensure timely publication of submissions contact information must be provided. Addresses, phone numbers, e-mail addresses, and other provided contact information will not be published, unless requested.

Disclaimer: All dates are subject to change. We reserve the right to refuse any submission with final approval by the Tribal Chair or Vice Chair. Absolutely no campaigning for political gain allowed.

Submission deadline: Items submitted for publication must be received no later than 5pm on the 15th of each month unless a later deadline is otherwise posted. Unformatted electronic submission preferred. Printed monthly January through December. Published on or around the first of each month.

Submissions: Submissions may be mailed to Washoe Tribal Newsletter, 1246 Waterloo Lane, Gardnerville, NV 89410 or emailed to djohnson@washoetanf.org or faxed to 775-782-6892, Attention: Newsletter Editor. **Questions? Call 775-782-6320**

Washoe tradition is source of pride for 3rd grader

3rd grader, Ebieny Crawford proudly wrote and presented a report on the

Washoe Tribe of Nevada and California for her Heritage Presentation to her class and attending parents on Thursday, December 19th.

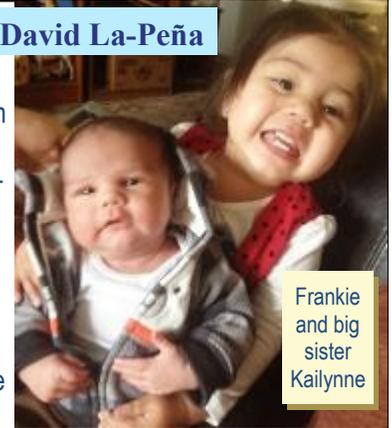
Ebieny made acorn biscuits (top photo) for her traditional food and helped make her own Washoe dress (right).

Ebieny is a Washoe Tribal member and grateful to have the opportunity to present her culture and traditions to her fellow classmates and parents. Great job Ebieny! Love mom and family.



Franklin David La-Peña

Dave and Debbie Tom would like to congratulate their daughter Christy and son-in-law Kai La-Peña on the new addition to their family.



Frankie and big sister Kailynne

Welcome Grandson

November 15, 2013
9 lbs., 11 oz.
21 inches

We Love You!



Happy *Belated* Birthday
Ben James turned "33"
On December 20th

The Leggett Sisters

Jackie 5/8/1984 - 12/2/2011

Sandra 4/5/1988 - 12/6/2012

It's been 2 years for one and 1 year for the other

Losing you both was so hard

But we've tried to be there for each other.

Without you both here it has taught a hard lesson:

To cherish what is precious, no one's perfect, and to make our time here together worth it.

Pretty close when it came down to how close sisters could be,

Even made me a little jealous of what my own sisters' and my relationship should be.

You both lit up our lives with your jokes, pranks, and laughter.

No doubt the same crazy sense of humor like the ultimate crazy character - your mother!

She misses you guys the most you know, like any mother would.

Hurts us to see what all she's gone through, the things no mother should.

Thank you for being there, even if just in spirit to help pull her through, every day that she's able to be strong we know its helped by you.

We will hold on to the good times and memories that we had together and even though it broke our hearts to see you go,

We're happy you sisters still have each other.

Missed by: Mom, Step-Dad, brothers, sisters, son/nephew, aunts, uncles, niece, nephew, cousins, friends, and loved ones!

Thanks To All

The Carson Community would like to thank everyone that helped get their Christmas Party going.

Special thanks to Angela Thrasher-Malone, her husband James Malone, Jesse Pacheco, Chris Fillmore, Chavin Malone, Thomas Ahdunko, Louie Evans, Michael Palomo, TANF Carson-Heather, Jeremy, Linda G., Torrance Malone, Natasha Malone, Christina Moore, Reyna Moore, Eleanore Muscott, Ellen Fillmore, Chad Malone, and to all of the cooks, Anna, Iolia, Tessi, Deidra, Francine, Torrance, Stephanie, Victoria, Catherine M., and Jeannie.



Most of all, thanks to "Toys for Tots" for the donation of the Toys.

THANK YOU ALL
so much... Merry Christmas and
Happy New Year.

APPLYING TO COLLEGE HORIZONS

Deadline:

Applications must be postmarked by **February 4, 2014**. Priority financial aid is awarded to applicants who apply on time. Late applications are accepted on a space available basis only, financial aid may not be available for late applications.

Application Parts:

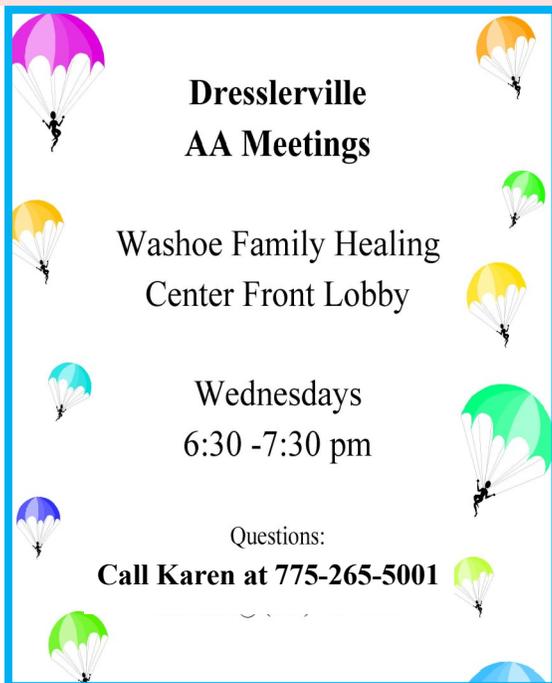
- o Student Application with short answer and personal essay
 - o Parent Financial Summary & Copy of Tax Returns for 2012 or 2013*
 - o Waivers: Consent to Participate, Privacy Statement, Consent to Photography/Audio/Video Recording.
 - o Counselor recommendation with official academic transcript (must include 1st semester grades from this 2013-2014 school year)
 - o Academic Teacher recommendation
 - o \$10.00 Application processing fee (non-refundable)
 - o \$50.00 Deposit of the \$225.00 Program Fee. The deposit is refunded if the student is not admitted to the program.
- Note: Applications will not be reviewed unless complete even if they are submitted on time. Incomplete applications will be considered late.

Note on Parent Financial Summary & Tax Information:

College Horizons requires parents to complete a financial summary as well as submit a copy of their 2012 or 2013 tax return information (parent's should block out or redact any social security numbers).

Parents often have questions on why they need to submit detailed financial and tax information to programs such as College Horizons and for good reasons. Sharing personal family information and making sure that your privacy is being protected are fair concerns. Our goal at College Horizons is to expose students to the entire college application process – from selecting schools to apply to, to actually completing a sample college application, drafting a college essay, and understanding the financial aid process (a separate process/system from college admissions). **Likewise, College Horizons needs to expose parents to the financial aid process because you will play the most critical role in helping your child navigate the process by providing the required parent financial information.** One of the most important steps you can take as a parent is to make sure that you are filing your IRS Income Tax returns on time – this is the only way colleges and the

(Continued on page 5)



**Dresslerville
AA Meetings**

Washoe Family Healing
Center Front Lobby

Wednesdays
6:30 -7:30 pm

Questions:
Call Karen at 775-265-5001



(Continued from page 4) *COLLEGE HORIZONS*

federal government will determine your child's eligibility for financial aid (scholarships, grants, educational loans, work-study, etc.).

By exposing parents/students to the financial aid process we hope to ease anxiety over what financial information has to be submitted. Often, parents believe their income is too high to qualify for aid, but there are many factors that may make your child eligible for aid (number of dependents, how many children/parents are currently in college, medical/disability issues, etc.). It is also important to know that there are different types of aid and eligibility: need-based aid (based on income) or merit based aid (based on a talent, academic performance, geographic location, etc.); there is eligibility for Federal Student Aid, but also, colleges have their own internal formulas for financial aid. It is possible for a student to qualify for institutional (college) financial aid rather than federal aid. Lastly, we need financial information to determine if a student is eligible for a scholarship to CH (tuition or travel) and for curriculum planning and scholarship searches.

[2014 Host](#)

[Application Process](#)

[FAQs for Applicants](#)

Cost of Program & Airfare:

The total program cost is \$225.00 and includes tuition, dorm room/linens, meals, ground transportation to/from host airports (for those arriving by plane), and all materials. Students are responsible for their own transportation to the host campus, either flying or driving. A \$50.00 deposit is due at the time of application. The remaining \$175.00 is due by March 15, 2014. If a student withdraws from the program before April 15, 2014, the deposit will be refunded only if a wait listed student can

take their place.

Financial Aid:

Scholarship financial aid is available for both tuition and airfare travel assistance (each year we award travel assistance to over 50% of our students). Students must apply for financial aid on their application and parents/guardian must provide tax returns

and income information.

Cancellation Policy:

Students not admitted to the program will have their \$50.00 deposit refunded. If a student is admitted and then notifies College Horizons of their withdrawal before April 15, 2014, their deposit will be refunded only if a wait listed student can take their place. If a student receives a travel scholarship and withdraws or is a no show to the program after a ticket has been purchased, the student and parent are responsible to pay the cancellation fee of the ticket and reimburse College Horizons for the total cost of the ticket.

Eligibility:

To be eligible, each student must,

- Be American Indian, Alaska Native, or Native Hawaiian AND provide appropriate tribal/ancestry documentation (copies of relevant tribal enrollment forms or descent documentation issued from a state or federally recognized tribe, or verified Hawaiian ancestry documentation such as required by the Kamehameha Schools, or from the Ho'oulu Hawaiian Data Center, or birth certificates showing Hawaiian descent);
- Be a current 10th grade or 11th grade high school student
- Have a 3.0 grade-point average (in core academic courses, not electives)
- Be a current or permanent resident of the United States
- For those students applying for financial aid scholarships (tuition or travel assistance), a copy of a parent's tax returns and income information is required

Submit a completed application packet by the deadline

Please contact the Pre-College Advisor Lori Pasqua if you would like help with the application process.

lpasqua@washoetanf.org or (775)782-6320 x2808

Washoe Clinic Transportation:

Information regarding transportation services from the clinic.

We can arrange rides to and from your clinic appointments and even the appointments that are made through the referral process. This service is for those elder and/or disabled Native American patients that can no longer drive themselves, or who do not have a caregiver person who can assist them with transportation.

There are other means of obtaining transportation for medical appointments depending on where you live, how old you are and what your medical conditions are, as well as your financial status.

The Washoe Tribe Senior Centers have limited transportation service for medical appointments. For more information call the Senior Center office at 775-265-6426.

Alpine Co. (Woodfords) has the dial-a-ride program that costs less than \$10.00 for a ride. To schedule a ride, please call Alpine County Dial-A-Ride at 530-694-9301.

Logisticare is a state-wide company that provides pre-arranged transportation for people who have Medicaid. Call 888-737-0831 for more information.



Clinic transportation is limited, with only 3 drivers and vehicles. We work on a first-scheduled, first-served basis through the referral process and receptionists at the clinic. We cannot guarantee same day or even short notice appointments (no less than 5 days notice).

For full eligibility and services as well as responsibilities please refer to the printed policy adopted by Washoe Tribe Health Center and approved by the Advisory Committee.

WASHOE TRIBAL HEALTH CENTER (WTHC) Transportation Policy

Approval date: 7/24/13

Function: TD

Last revision date:

Section: 0001

TRANSPORTATION

TRANSPORTATION SERVICES

Policy: To establish eligibility criteria and operational standards for quality care and transportation service delivery.

Purpose: To identify and define patient eligibility and implement a process to ensure comprehensive guidelines for the Transportation Department.

Definitions: N/A

**TRANSPORTATION SERVICES
ARE A COURTESY TO ALL**

**ELIGIBLE WASHOE TRIBE
HEALTH CENTER PATIENTS**

Section 1 Eligible patients

A.) Patients aged 50+, who are unable to drive due to an existing medical condition, as defined by Nevada State Department of Motor Vehicles

B) Patients aged 50+, who do not have **access** to an operable motor vehicle

C.) All Dialysis and wheelchair-bound patients shall be considered priorities and shall be given transportation preference

D.) Patients under the age of fifty (50) may be eligible for **temporary** transport assistance if they are unable to drive due to an existing medical condition, as defined by Nevada State Department of Motor Vehicles and have **no other means of transport available**

E) All other requests shall be subject to review/approval by the Transportation Supervisor and/or the WTHC Director and adjusted per criteria

**ALL PATIENTS UNDER THE AGE
OF 50 ARE ENCOURAGED TO
MAKE THEIR OWN ARRANGEMENTS
FOR TRANSPORTATION**

New Faces Keep the Washoe Tribe Moving Forward

Below are the new faces the Washoe Tribe hired, transferred or promoted since the last newsletter:

Employee Statistics as of December 1, 2013

Total # of Employees:		302
Total # of Females:	68%	200
Total # of Males:	32%	102

EEO Statistics:

Caucasian	98	32%
Hispanic	21	7%
Asian	8	3%
Black	5	2%
Amer Indian	170	56%
Washoe	96	Other A.I. 74

<u>NAME</u>	<u>DEPARTMENT</u>	<u>POSITION</u>	<u>START DATE</u>
Kristin Wyatt	Clinic	Receptionist	11/18/13
Shabrielle Mayer	Clinic	Medical Records Clerk	12/2/13
Guilherme Mabunda	Clinic	Physician	12/2/13
Rosemary Gacel	TANF	Case Manager/Stockton	12/2/13
Jon Flint	Admin	Building Maintenance Specialist	12/2/13
James Harrison	Dresslerville	WEX/Recreation Assistant	12/16/13



UC Davis Tahoe Environmental Research Center (TERC) offers a 16-week afterschool program January through May. With the Youth Science Institute, high school students will work with scientists, conduct science experiments, take a ride on the UC Davis research vessel, experience our 3-D visualization lab, share science activities with other students and much more!

Minimum Requirements:

- Complete application
- Must be currently enrolled in grade 9, 10 or 11
- Minimum 3.0 GPA
- Must pass interview/screening process

Tuition of \$250

Benefits include:

- Learn new laboratory, leadership & job skills
- Work with scientists, researchers and graduate students

Youth Science Institute

- Become a fully-trained UC Davis docent
- Opportunity to become a paid intern
- Receive scholarship assistance
- Fulfill required community service hours
- Receive certificate of completion & letters of recommendation

Past YSI Participant Testimonials:

- "I loved it and had so much fun!"
- "It was a great program, definitely got me thinking about some really

interesting fields of science and the careers in those fields. Highly recommended."

- "I really enjoyed this program. I thought it was really interesting to learn about the different types of sciences. The people who lectured on all of the topics were great."
- "YSI was a great program that allowed me to see many different aspects of science in the working world."
- "I am currently applying to four year schools with the major marine biology. YSI definitely influenced my choice to major in this field. The program is very beneficial to people with a serious interest in science."
- "YSI was a great experience!! Should be advertised more to local students to apply to the program. I was lucky and heard of it by chance, a lot of qualified and interested stu-

(Continued on page 8)

dents are missing out."

- "It was an amazing experience! I enjoyed all the topics we explored. I learned there are a lot of science fields that are available, I would recommend this class to everyone that is interested in science, and to anyone that would like to find out more."
- "This is a great opportunity to learn new things and meet new people. It is a fantastic way to get a foothold in the scientific community, and if I do say so myself, it is pretty fun." "I thoroughly enjoyed every moment of this program, and greatly benefited from its services. I am currently a Residential Assistant at the University of Nevada, Reno, and I know that I would not be as driven by curiosity and self learning if I had not been a part of this organization. I greatly appreciate all the facilitators and presenters that gave their time to help influence me to follow my true passion."

Program Documents:

[Youth Science Institute Flyer](#)

[Sample Schedule](#) (2014 schedule under development)

- Youth Science Institute Applications (choose one format)

[Youth Science Institute Application](#)

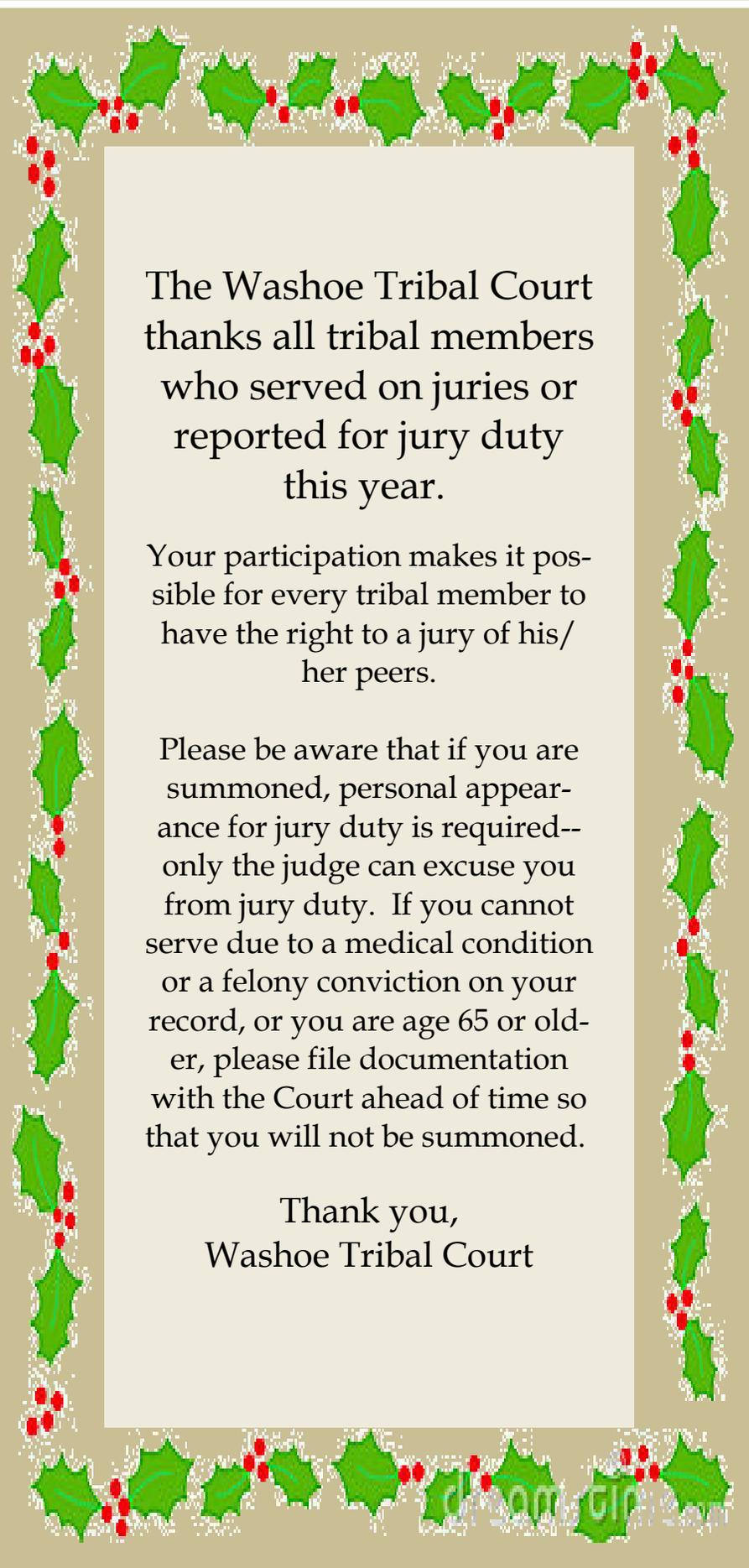
(PDF Document to be printed - Please PDF or scan and email to knwilkins@ucdavis.edu; fax to 775-832-1673; or mail to UC Davis YSI, 291 Country Club Drive, Incline Village, NV 89451)

[Youth Science Institute Application](#)

(Word Document)

DEADLINE: APPLICATIONS FOR THE 2014 YOUTH SCIENCE INSTITUTE ARE DUE JANUARY 3, 2014.

For more information contact Kylee Wilkins, (775) 881-7560, ext. 7474 or email knwilkins@ucdavis.edu; or contact Heather Segale, (775) 881-7562, or email hmsegale@ucdavis.edu.



The Washoe Tribal Court
thanks all tribal members
who served on juries or
reported for jury duty
this year.

Your participation makes it possible for every tribal member to have the right to a jury of his/her peers.

Please be aware that if you are summoned, personal appearance for jury duty is required--only the judge can excuse you from jury duty. If you cannot serve due to a medical condition or a felony conviction on your record, or you are age 65 or older, please file documentation with the Court ahead of time so that you will not be summoned.

Thank you,
Washoe Tribal Court

Secret Santa Project and Elder's Christmas Celebration

For those who attended the Elder Christmas Celebration Secret Santa Project on Friday December 20, 2013 that will be a day to be remembered! There were more than seventy-five Tribal Elders in attendance enjoying the company of friends and family while having a delicious tri-tip meal with all of the extraordinary side dishes that



everyone enjoys as well as several desserts. The cooks of both the Dresslerville and Carson Centers out did themselves in preparing this meal for our elders; thank you to Gloria McDonald, Teresa Horse and Courtney Hardin. Our drivers Ed Williams and Arlen Wyatt safely transported those who needed transportation to and from this wonderful event Thank you fellows!

Outreach Coordinator
Joni Box did a great job in helping to organize this event and had a great time

playing Santa delivering gifts to Elders who weren't in attendance. The real heroes in this event are the Tribal Employees and Tribal Members who "adopted" our Elders and granted their Christmas Wish. Saying "thank you" isn't enough because everyone was so very generous but please know that you made our Tribal Elders so very happy! It was heartwarming to watch as the elders received their gifts and opened them; the smiles will remain in my memory for my lifetime!

Respectfully submitted by Sharon Doan

Summer 2014 Department of Energy Internship/Fellowship Opportunities

The Office of Science / Office of Workforce Development for Teachers and Scientists (WDTS) is pleased to announce that it is accepting applications to its 2014 Summer Term internship/fellowship opportunities at Department of Energy (DOE) Laboratories. These competitive, paid internships, are for 10 weeks during the Summer Term (May to August 2014), and include support for travel and housing. The three programs accepting applications are:

Science Undergraduate Laboratory Internship (SULI)

More information about SULI and access to the online application can be found by [clicking here](#) or going to this website page <http://science.energy.gov/wdts/suli/>

Community College Internships (CCI)

More information about CCI and access to the online application can be found by [clicking here](#) or going to this website page <http://science.energy.gov/wdts/cci/>

Visiting Faculty Program (VFP)

More information about the VFP and access to the online application can be found by [clicking here](#) or going to this website page <http://science.energy.gov/wdts/vfp/>

Applications for these three programs must be completed and submitted online by 5:00 PM ET on January 10, 2014 (including all required application materials and recommendations).

WASHOE HOUSING AUTHORITY

NEWSLETTER



The Staff of Washoe Housing Authority would like to extend our sincere appreciation and thanks to all the vendors who donated and all the community members who attended our Annual Turkey Bingo event that was held on November 21, 2013. It was a huge success for all! Hope to see you all again next year.

SNOW REMOVAL WITHIN ALL FOUR COMMUNITIES AND OUTLYING HOMES IN ALPINE COUNTY, CA

WHA has been continuously monitoring snowstorms in our area. In partnership with the Washoe Tribe, in the event of snow accumulation, staff are implementing snow removal and snow plowing in all four communities. This consists of snow plowing all community roadways, snow clearing of Elder ramps and driveways as well as Elder welfare checks.

PIPE SAFETY DURING WINTER MONTHS

Severe cold weather, with snowfalls interspersed with periods of melting and freezing, can inflict considerable damage on homes. Here are some tips and steps you can take to make it less likely during extended severe weather.

To prevent pipes from freezing, take the following steps:

- Fit exposed pipes with insulation

sleeves or wrapping to slow the heat transfer. The more insulation there is the better.

- Seal cracks and holes in outside walls and foundations near water pipes with caulking.

- Keep cabinet doors open during cold spells to allow warm air to circulate around pipes (particularly in the kitchen and bathroom). Ensure harmful chemicals are kept out of reach of children and pets.

- Keep a slow trickle of water flowing through faucets connected to pipes that run through an unheated or unprotected space or drain the water system, especially if your house will be unattended during cold periods.

- Locate main water shut off to home.

- If your pipes burst, first turn off the water and then mop up spills immediately to reduce more damage.

- If you haven't already, make sure all hoses are disconnected from outside spigots.

- Make temporary repairs and take other steps to protect your property from further damage.

For more information, please visit AMERIND's web page at www.amerindrisk.org

WHA UPCOMING ACTIVITIES
The WHA will be closed on the following days:

January 1, 2014–New Year's Day
January 20, 2014–Martin Luther King's Day

Washoe Housing Authority Board of Commissioners

Carson Indian Community
Chad Malone, Vice-Chairman
Beverly Barbour, Alternate

Dresslerville Community
Anthony Smokey, Commissioner
Johnny Erwin, Alternate

Stewart Community
Stan Smokey, Commissioner
Jacqueline Steele, Alternate

Woodfords Community
Deirdre Jones Flood, Chairwoman
Jessie Silva, Alternate

Off Reservation
Elizabeth Lana Hicks, Secretary/
Treasurer - Debra Keats, Alternate

Washoe Housing Authority Staff

Administration
Raymond E. Gonzales, Jr.,
Executive Director
Annette Alvarado, Executive Asst.

Finance
Nancy Nizankiewicz, Finance Mgr.

Client Services
Tasha Hamilton, Client Services Mgr.
Jeriann Lopez, Client Services
Specialist
Sari Payne, Project
Implementation Specialist

Development
Richard Lombard, Development &
Modernization Manager
Nate Dondero, Skilled Laborer
Billy Enos, Skilled Laborer
Marvin Pahe, Skilled Laborer

Maintenance
Gary Nevers, Maintenance Mgr.
Dave Roberts, Maintenance
Loren Lundy, Sr., Maintenance

Winter Storms & Extreme Cold



Winter storms can range from a normal snow over a few hours to a blizzard with blinding, wind driven snow that lasts for several days. Many winter storms bring dangerously low temperatures and, sometimes, strong winds, icing, sleet, and freezing rain. One of the main concerns is that winter weather can knock out heat, power, and communication, sometimes for days at a time. Heavy snowfall and extreme cold can have serious effects on an entire region. Icy roadways can cause serious accidents, and sometimes people die from being in really cold temperatures for too long.

Heavy snowfall and extreme cold can have serious effects on an entire region. Icy roadways can cause serious accidents, and sometimes people die from being in really cold temperatures for too long.

Make a plan:

Build an emergency kit.

- Help your parents sprinkle sand on sidewalks and walkways. This helps to make them less slippery.
- Make sure you dress warmly and have extra blankets!
- Bring pets inside.

During a storm:

- Stay inside! Sidewalks can be very slippery and you can hurt yourself if you fall.
- If you are outside, make sure you wear a hat. It helps keep you from losing body heat.
- Mittens are warmer than gloves.
- Cover your mouth with a scarf to protect your lungs from the cold air.
- Put on dry clothes as soon as you come inside.
- If you can't feel your fingers, toes, ears or nose, or they appear pale white, tell a grown-up.

- Tell a grown-up immediately if you can't stop shivering, have trouble remembering things, feel tired or talk funny. You may have hypothermia which can be very dangerous

After a storm:

- Continue to wear layers, a hat, scarf, and mittens or gloves. These will help to keep you warm and protect you from frostbite.

Build a Kit

Water, food, and clean air are important things to have if an emergency happens. Each family or individual's kit should be customized to meet specific needs, such as medications and infant formula. It should also be customized to include important family documents.

Recommended Supplies to Include in a Basic Kit:

- Water, one gallon of water per person per day, for drinking and sanitation
- Food, at least a three-day supply of non-perishable food
- Battery-powered radio and a NOAA Weather Radio with tone alert, and extra batteries for both
- Flashlight and extra batteries
- First Aid kit
- Infant formula and diapers, if you have an infant
- Can opener for food (if kit contains canned food)

Clothing and Bedding:

ing:

- A jacket or coat
- Long pants
- A long sleeve shirt
- Sturdy shoes
- A hat and gloves
- A sleeping bag or warm blanket for each person

Below are some other items for your family to consider adding to its supply kit.

- Emergency reference materials such as a first aid book or a print out of the information on www.ready.gov
- Mess kits, paper cups, plates and plastic utensil
- Fire Extinguisher
- Personal hygiene items including feminine supplies
- Disinfectant
- Household chlorine bleach - You can use bleach as a disinfectant (diluted nine parts water to one part bleach), or in an emergency you can also use it to treat water. Use 16 drops of regular household liquid bleach per gallon of water. Do not use scented, color safe or bleaches with added cleaners.
- Medicine dropper
- Important Family Documents such as copies of insurance policies, identification and bank account records in a waterproof, portable container.

Environmental News

Applications Open for Presidential Innovation Award for Environmental Educators

The Presidential Innovation Award for Environmental Educators recognizes outstanding K-12 teachers who employ innovative approaches to environmental education. Up to two teachers from each of EPA's 10 regions, from different states, will be selected to receive this award. The White House Council on Environmental Quality (CEQ), in partnership with the U.S. Environmental Protection Agency (EPA) administers this award to nationally honor, support and encourage educators who incorporate environmental education in their classrooms & teaching methods.

Teacher awardees will receive a commemorative plaque and an award of \$2,000 to be used to further the recipient's professional development in environmental education. The teacher's local education agency will also receive an award of \$2,000 to fund environmental educational activities and programs.

More information about the program and how to apply: <http://www.epa.gov/education/teacheraward>

Dream Tags Charitable Fund – Open Request for Proposal

The Community Foundation of Western Nevada is accepting proposals for grants from the Dream Tags Charitable Fund. Proposals will be considered by the Advisory Board on Dream Tags and grant recommendations must be approved by the Board of Trustees of the Community Foundation.

The Dream Tags Charitable Fund provides funding to engage Nevadans in wildlife conservation projects that support the preservation, protection, management, or restoration of wildlife and its habitat. To be considered for funding, project proposals must demonstrate measurable impact in accordance with this purpose.

Applications may be sent to the Community Foundation of Western Nevada by email to tturner@cfwnv.org at any time during the year to be considered for funding. The application is also available online at www.nvdreamtag.org.

Applications for Conservation Stewardship Program due Jan. 17

The U.S. Department of Agriculture's Natural Resources Conservation Service (NRCS) is opening the Conservation Stewardship Program (CSP) for new enrollments for federal fiscal year 2014. Starting today through January 17, 2014, producers interested in participating in the program can submit applications to NRCS. [Click here for more information.](#)

Department of Agriculture Rural Business-Cooperative Service Inviting Applications for Value-Added Producer Grants

The primary objective of this grant program is to assist Independent Producers of agricultural commodities, Agricultural Producer Groups, Farmer and Rancher Cooperatives, and Majority-Controlled Producer-Based Businesses in starting or expanding value-added activities related to the processing and/or marketing of bio-based value-added agricultural products. [Click here for more information.](#)



Happy 80th Birthday Imogene

Imogene Rhoan Tom with great-grand niece, Kenya Walker, daughter of Angela Mitchell, at Imogene's 80th birthday celebration at the Dresslerville Community Center.

More than 50 guests and family members celebrated with Imogene and her husband, Stanley Tom, Sr.

From Kathleen Simpson

January is Glaucoma Awareness Month

Dr. Nicole Tradup, WTHC Optometrist



Currently, 2.7 million people in the United States over age 40 have glaucoma. The National Eye Institute projects this number will reach 4.2 million by 2030, a 58 percent increase. Moreover, among African American, Hispanic, and Native American people, glaucoma is even more prevalent.

Experts estimate that at least half of people with glaucoma don't even know they have it. Glaucoma is called "the sneak thief of sight" since there are no symptoms and once vision is lost, it is permanent. As much as 40% of vision can be lost before a person notices it.

What is glaucoma? Glaucoma is a group of eye diseases that can damage the eye's optic nerve and result in vision loss and blindness. However, with early treatment you can often protect your eyes against serious vision loss. Although the most common forms primarily affect the middle-aged and the elderly, glaucoma can affect people of all ages. The most common form of glaucoma is called open-angle glaucoma.

What are the symptoms of glaucoma? At first, open-angle glaucoma has no symptoms. It causes no pain. Vision stays normal in the early stages. As glaucoma remains untreated, people will slowly lose their peripheral (side) vision until eventually no

vision remains.

Who is at risk for glaucoma? Anyone can develop glaucoma. People at higher risk include: people of African American, Hispanic, and Native American descent, people over the age of 60, and people with a family history of glaucoma. Some studies also show an increased risk of glaucoma in people with diabetes and severe near-sightedness. A comprehensive dilated eye exam can reveal more risk factors, such as high eye pressure, thinness of the cornea, and abnormal optic nerve anatomy.

How is glaucoma detected? Glaucoma is detected through a comprehensive eye exam from your eye doctor that includes:

Visual acuity test: eye chart test

Visual field test: computerized test of your vision that measures your peripheral (side) vision

Dilated eye exam: drops are placed in your eyes to widen, or dilate, the pupils.

Your eye doctor uses a special magnifying lens to examine your

retina and optic nerve for signs of damage and

other eye problems
Tonometry: measurement of the eye pressure

Can glaucoma be cured? No. There is no cure for glaucoma. Vision lost from the disease cannot be restored. However, immediate treatment with medication (eye drops) or surgery can delay progression of

the disease or prevent further vision loss. That's why early diagnosis is very important.

What can I do to protect my vision? If you are being treated for glaucoma, be sure to take your glaucoma medication eye drops every day and see your eye doctor regularly. Encourage family members to have a comprehensive dilated eye exam at least once every two years. Remember: lowering eye pressure with eye drops in glaucoma's early stages slows progression of the disease and helps save vision. Early diagnosis with regular visits to your eye doctor is very important.

For more information, you can view the following websites, or call the Washoe Tribal Health Center Optometry department at 265-4215 ext. 236 to schedule an appointment.

National Eye Institute

www.nei.nih.gov

American Optometric Association www.aoa.org

Glaucoma Research Foundation www.glaucoma.org

Truancy Prevention

With the holiday season and second quarter coming to a close I would like to take the time to encourage families to continue pressing on towards the "Hard but worth it track of life".

Semester End Dates:

Douglas County: December 20th

Carson City: December 20th

Alpine County: January 10th



Truancy Prevention has been going to every community providing trainings on the "Why Try" program which encourages education achievement, building resiliency and truancy/drop out prevention.

January Why Try Dates:

Woodfords: January 7th at 6pm, WIEC

Dresslerville: January 14th at 6pm, Community Bldg

Stewart: January 21st at 6pm, Community Building

Carson: January 28th at 6pm, Senior Center

What is Truancy? Truancy according to the Washoe Tribal Law and Order Code is any absence that has not been excused by a parent or guardian. At least half of unexcused absences seen are due to parents/guardians lack of communication with school officials. All it takes is a phone call or note to the attendance secretaries to clear up an absence. *(WTLOC 10-90: School Attendance)*

As parents/guardians teaching and empowering our children to have a strong commitment to learning is vital!

Education means POWER!

Power means CHOICES and FREEDOM!

To Report Truancy Please Contact:

Rhonda Medicine Crow, Truancy Prevention Specialist

Cell: (775) 434-5775 Office: (775) 783-8485 ext. 2814

"Truancy is a symptom that often masks academic difficulties, emotional crises, safety concerns, or low esteem."

Truancy

Academic Difficulties
Emotional Crisis
Safety Concerns
Low Esteem
Poverty
Abuse
Violence
Substance Abuse
Historical Trauma
Absent Parents/Guardian
Bullying
Neglect/Abuse
Teen Pregnancy
Lack of Parenting Skills
Suicide
Unmet Medical Needs
Learning Disabilities
Over Crowded Housing

Your service is needed for Tribal Elections

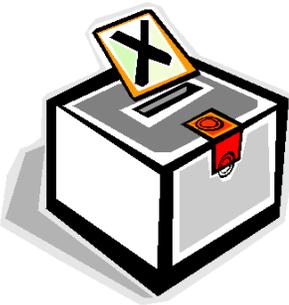


The Election Board is looking for alternates and poll watchers for the upcoming 2014 General Election. We are looking to fill vacancies for (1) alternate and (1) poll watcher from each community; Carson, Dresslerville, Stewart, Woodfords and Reno-Sparks.

According to the Washoe Tribe of Nevada and California Law & Order Code, Title 20 Election Proceedings:

20-50-030 Alternates; Poll Watchers

1. *The Tribal Council shall select six (6) alternates and six (6) poll watchers to assist the Election Board in its duties and in conducting elections.*
2. *The poll watchers and alternates shall serve the same length of period as regular Election Board Members and shall be appointed by the Washoe Tribal Council in the same term as the regular Election Board Members.*



If you are interested in being a part of the Election process please submit a letter of interest to your Tribal Council representatives!



Do you want to jump start your future?



If you have your High School Diploma or GED and have a vision to attend college or get a certificate/license and just don't know how to start, then stop by the Washoe Tribe Scholarship Department to see a Pre-College Advisor. They can assist with making your vision come true.

Washoe Tribe Scholarship Department
1246 Waterloo Lane, Gardnerville, Nevada 89410
(775) 782-6320 x2808
Monday-Fridays 8am to 4:30 pm

Fall Head Start Program Wait List

Each year there continues to be a long waiting list for the Washoe Tribe Head Start program. You can still call 775-265-1074 or go by the Dresslerville or Stewart centers to pick up an application however, our classes are currently full and we cannot guarantee enrollment. If your child is 3 to 5 year old you may still be put on a waiting list for September, 2013 - May, 2014.

Children must be 3 years old before October 1st to meet the age requirements and not turn 5 until after October 1st. The program is offered in the Dresslerville and Stewart communities and is a comprehensive child development program with the goal of increasing school readiness of young children. Hot nutritious meals, socially inviting activities, making new friends lead to success in their school environment and beyond in their careers.



Winter is upon us, marking a new year of economic opportunities.

Washoe Economic Development



November 25, 2013

Tribal Council Approves Seeking Financing

We are excited to report in this newsletter that the Tribal Council, on November 15th, approved by an unanimous vote contacting numerous potential lenders to seek financing for the travel plaza and gaming project to be built north of the headquarters site. The amount of the loan sought is the product of more than six months of hard work developing the project budget. The Tribe's goal is to obtain lending commitments and term sheets as well as to conduct meetings with potential lenders over the next two months. By late January to early February we hope to select a lender to negotiate a deal with during the spring of next year.



Upcoming Meeting:

Date: Late Dec. / Early Jan.

Time: To be set

Place: To be set

is the Tribe's equivalent of the Nevada Gaming Commission or the National Indian Gaming Commission.

The commissioners recently attended the National Indian Gaming Association's ("NIGA") Commissioner Certification Level 1 training. The commissioners learned about the roles and responsibilities of commissioners, how to perform licensing of gaming employees / vendors and the laws they need to enforce.

The Washoe Tribal Gaming Agency Attends Commissioner Training



The Washoe Tribal Gaming Agency will be the Tribe's regulator of the future gaming enterprise enforcing tribal, federal and state laws applicable to gaming. The Agency

Tribe to Tribe Information Gathering Continues With Visit to Moapa Paiute Gaming Commission



While attending the National Indian Gaming Association training, the Washoe Tribal Gaming Agency visited the Moapa Paiute Gaming Commission. It was a successful tribe to tribe information gathering

meeting. The Moapa Paiute run a successful travel plaza with 80 slot machines on Highway 15 outside Las Vegas. Their business is popular with travelers and truckers with as many as 100 trucks parking overnight at their facility. The Moapa Gaming Commission explained how they handle licensing of employees and how they work with the Nevada Gaming Commission and the National Indian Gaming Commission.

First Public Gaming Education Training Complete

At a public presentation on November 15th, the Tribal Council received a training about the inherent right for tribes to game going back through many hundreds of years of history of hand game, stick ball, dice, archery and shell games.



The presentation explained the legal requirements to game such as having a tribal-state gaming compact, having a gaming commission to regulate gaming for the Tribe such as the Washoe Tribal Gaming Agency, and the history, legacy and requirements of the Indian Gaming Regulatory Act. This is the first of many public training sessions that will be held. In fact,

we will be inviting the National Indian Gaming Commission to give trainings in the new year.

Washoe Tribal Gaming Agency Progresses

On November 15, 2013, the Tribal Council appointed Mahlon Machado as the Washoe Tribal Gaming Agency Chairman and set the terms for the commissioners. Mahlon Machado and Gordon Forrester will serve for 3 years, Vanessa Cruz and William Simpson will serve for 2 years, and Joseph Bryan will serve for 1 year. After this first term ends each appointed commissioner will serve 3 year terms with staggered appointments.

The Washoe Tribal Gaming Agency will be responsible for: 1) background checking of employees and vendors, 2) licensing, 3) investigations, 4) compliance, 5) risk assessment, and 6) auditing.

Meeting twice per month, the Washoe Tribal Gaming Agency is working to set up the Tribe's gaming regulatory structure.

10 Week Summer Internships—For Qualified College Students

Open Date: 15 Nov 2013
Closing Date: 31 Jan 2014

Work Location Site:

U. S. Army Corp of Engineers
Engineer Research Development Center
Construction Engineering Research Laboratory
2902 Newmark Drive, Champaign, IL 61822

Period of summer employment:

10 weeks: starting 20 May 2014 to 24 July 2014

TECHNICAL DISCIPLINES:

Geography or Regional Planning; student with interest in applying geographical information system (GIS) analyses to identify how the natural resources across the United States will change as a consequence of climate change.

LEVEL OF EDUCATION EXPECTED:

Master's or Ph.D. student strongly preferred. Upper-level bachelor's student acceptable.

Description of Work Areas:

The student will assist ERDC researchers to identify how climate change is likely to change the natural resources that support the missions of the Department of Defense. The experience will involve working with national-scale digital mapped data and climate forecasts. Specific consequences may include noise propagation, ability of the land to naturally recover, habitat/biome shift, and/or availability of water and energy. Participation in this project will offer participants a hands-on experience in the identification of the consequences of climate change, which is of interest to the Army and society.

CONTACT INFORMATION:

Dr. Andrew Hamblin, Native American Outreach Coordinator Contact:

Office: Engineer Research and Development Center - Construction Engineering Research Laboratory

Phone: (217) 373-7214

Fax: (217) 373-7266

Email: Andrew.M.Hamblin@usace.army.mil

HOW TO APPLY:

Apply on-line at: <https://www.usaeop.com/application/student1.aspx>. Select Program: "CQL - College Qualified Leaders." Select desired location: "ERDC-CERL, Champaign, IL".

Open Date: 15 Nov 2013
Closing Date: 31 Jan 2014

Work Location Site:

U. S. Army Corp of Engineers
Engineer Research Development Center
Construction Engineering Research Laboratory
2902 Newmark Drive, Champaign, IL 61822

Period of summer employment:

10 weeks: starting 20 May 2014 to 24 July 2014

TECHNICAL DISCIPLINES:

Data Analytics, Data Analysis and Statistics, Ontology, Computer Science, Computational Sciences, Library and Information Science, Geography/Geospatial Engineering, or related discipline student with interest in mission planning and analysis tools for summer internship.

LEVEL OF EDUCATION EXPECTED:

Completed bachelor's degree; pursuing Masters or PhD.

Description of Work Areas:

This student position will support the Violent Events Sociocultural Analysis (VESCA) Project. VESCA research is focused on understanding when and where urban violent events have taken place and to which sociocultural parameters those violent events are linked. The project seeks to identify non-obvious violent event patterns and correlates, understand mission-relevant context of population groups, infrastructure and the environment within urban settings, and to enable mission planning according to the current situation in the city itself. The student will contribute to the evaluation, organization via typology and ontology, and data analysis to identify trends and patterns of violent event data, and/or assist in the research and design for conducting content analysis of unstructured texts used to augment the database and populate the sociocultural content of the ontology. Duties for this position will require working with multiple formats of structured and unstructured data, manipulation and analysis of data and clear writing. Knowledge of data mapping, typology and ontology tools, data analytics and statistics, and/or computational sciences/linguistics are highly desirable.

CONTACT INFORMATION:

Dr. Andrew Hamblin, Native American Outreach Coordinator Contact:

Office: Engineer Research and Development Center - Construction Engineering Research Laboratory

Phone: (217) 373-7214

Fax: (217) 373-7266

Email: Andrew.M.Hamblin@usace.army.mil

HOW TO APPLY:

Apply on-line at: <https://www.usaeop.com/application/student1.aspx>. Select Program: "CQL - College Qualified Leaders." Select desired location: "ERDC-CERL, Champaign, IL".



Dresslerville Head Start Program

We "THANK YOU",
from the bottom of our
hearts for the
"Decorations" your
class made for the
Christmas Tree in the
Clinic lobby.
EXCELLENT JOB!

Thank You All,
Washoe Tribal
Health Clinic
Staff & Patients
and Andrea
Lawrence,
Clinic
Director



Thanks from Hung A Lel Ti to Partners for High Speed Internet



The Washoe
Tribe of Ne-
vada and Cal-
ifornia and
the Hung A
Lel Ti Com-
munity thank
their great
partners –
USDA Rural
Development,
Frontier Com-
munications,
Praxis Associ-
ates/California
Broadband Co-

operative/Digital 395 Project, Connect Nevada and Alpine County – who
all worked together to bring high speed internet to Hung A Lel Ti and
who are working together for the benefit of all our Tribal Communities
and members!

Scholarships are due

Washoe Tribe Schol-
arships are due January
6, 2014.

It is that time for the
spring semester Higher
Education Scholarship,
due January 6th and the
Incentive Scholarship
due January 31, 2014. If
you would like an appli-
cation you can get one
on the Washoe Tribe
website by clicking Or-
ganization, click Educa-
tion Services, on the left
side of the page click
Education Services

again and then click
Adult Education Ser-
vices. If that doesn't
work then stop by the
office and get infor-
mation and an applica-
tion from the Pre-
College Advisor.

Washoe Tribe
Scholarship Department
1246 Waterloo Lane
Gardnerville, NV 89410
(775) 782-6320
x2808

Monday-Fridays
8:00 a.m. to 4:30 p.m.

Just a Reminder for All Tribal Deer Hunters

*Annual Big Buck Con-
test to be held in
January
Lunch, cash prizes,
and
raffle items*

The Washoe Tribe Hunting
and Fishing Commission
will have a meeting in De-
cember to discuss a date
for the event.



For info and questions call
Willie Smokey 775-450-1465,
Stan Smokey 775-230-4908,
Gary Nevers 775-690-2897

Discover the Treasures of WIC

What is WIC?

- WIC is a supplemental nutrition program for Mothers, children, and infants
- WIC serves low income pregnant, postpartum, and breastfeeding women, infants, and children up to the age of 5 who are at nutritional risk

Some things WIC has to offer

FREE nutrition education

Support for pregnant and postpartum woman and fathers

- FREE nutritious foods
- We provide information and support for breastfeeding women
- Referrals to health care & Community resources
- Nutrition counseling
- We have a Registered Dietitian on staff to answer any high risk/special needs nutrition questions

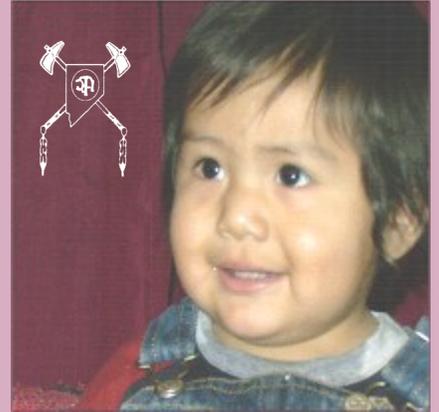
ITCN WIC LOCATIONS

Moapa/Overton
Schurz
Elko
Wadsworth
Carson City
Owyhee
Nixon
Dresslerville
Fort McDermitt
Yerington
Fallon
Goshute UT/Ely

Please call our office to schedule an appointment
775-398-4960



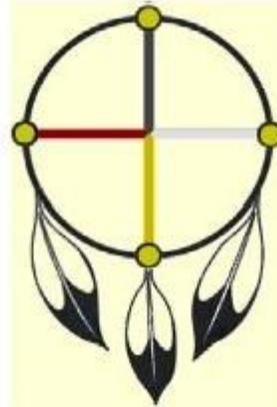
Get child care paid or subsidized by ITCN



Inter-Tribal Council of Nevada, Inc. Child Care Development Fund (CCDF) can pay up to 95% of your child care costs if you are a Native American family in Nevada. Child care subsidies are available for Native American families in your community.

To be eligible your child must be 13 years of age or

younger, have proof of Native American descendency, (or parent/guardian), working, attending technical/higher education, or in a job training component. Call (775) 355-0600, extension 290, today to see if you are eligible!



Intensive Outpatient Program Washoe Family Healing Center

Monday: 5:30-8:30 pm

Tuesday: 5:30-7:30 pm

Thursday: 5:30-8:30 pm

Please call (775) 265-5001 for more information

This program is funded by DOJ/CTAS grant.

Cultural, Ritual, and Spiritual Abuse: What is it and is this a new trend???

Cultural (**your traditions**), Ritual (**your ceremonies**), and Spiritual (**your higher power**) Abuse has been around since “Eve gave Adam the apple”. It has, however, started to rear its ugly head into the life of normalcy as we become more aware of Domestic Violence, its impact on families, and the effects it holds over people as they mentally and spiritually grow throughout the years. The sole purposes for these types of abuses are to create “mind control, coercion, and fear” amongst the victims. Persuading them or programming them to behave certain ways by changing the technology applied to cause the “learning” and “adoption” of a set of behaviors or an ideology under certain conditions. In other words, forcing victims to think and do as they say based on the victims own traditions, the victim’s spiritual fortitude, and the customs of their way of life using the importance of “the victim’s” higher power beliefs to justify the persuasion of their own concepts.

With coercive persuasion you can change people’s attitudes without their knowledge and volition. You can create new “attitudes” where they will do things willingly that they formerly may have detested. In the past fear was previously ensued by using torture, physical pain, or drugs to manipulate them into doing so. There are seven main tactic types found in various combinations of coercive persuasion programs:

- The individual is prepared for thought reform through increased suggestibility and/or “softening up.”
- Reward and Punishment efforts are made to establish considerable control over a person’s social environ-

ment, time, and sources of social support.

- Disconfirming information and non-supporting opinions are prohibited in group communication.
- Intense and frequent attempts are made to cause a person to re-evaluate the most central aspects of his or her experience of self and prior conduct in negative ways.
- Intense and frequent attempts are made to undermine a person’s confidence in himself and his judgment, creating a sense of powerlessness.
- Non-physical punishments are used such as intense humiliation, loss of privilege, social isolation, social status changes, intense guilt, anxiety, manipulation, and other techniques.
- Certain secular psychological threats {force} are used or are present: **for example, failure to adopt the approved attitude will lead to severe punishment or dire consequences.**

Just as emotional abuse affects one emotionally, while physical abuse inflicts pain and bodily injury on its victims; coercion, mind control, and fear affects one culturally, ritually, and spiritually. It is the result of a leader or system that tries to control, manipulate, or dominate a person. Coercive persuasion is not voluntary, peaceful, a religious practice, or central to any bona fide religion. **True peaceful “religions” would never attempt to force, compel, and dominate the free wills or minds of its members through coercive behavioral techniques or covert (concealed) hypnotism.** Accepting the differences that you and your partner have is key to understanding one another.

**ALWAYS CALL
911 IN AN
EMERGENCY!!!**

Our goal is to insure that all victims of domestic violence and/or their children are treated with compassion, respect, and sensitivity in addressing their needs with the main focus being Safety, Outreach, and Advocacy.

Washoe Tribe Domestic Violence Program

1-775-265-8698
(1-800-769-2746) ext. 1233

Washoe Tribal Police Dept.

1-775-265-7540

Tribal Police Dispatch

1-775-783-7233

National Crisis Hotline 24 Hours

1-800-799-SAFE (7233)
1-800-787-3224 (TDD)

*If you or someone you know needs help, have questions about domestic violence or about this article, or just want to talk, know that there is help and that everything discussed will be kept strictly confidential. Look for future on-going articles in the Tribal Newsletter. “Remember that **YOU** have the **RIGHT** to live a life **FREE** of violence”, from the Washoe Tribe Domestic Violence Program.*

This project was supported by Grant No. 2009-TW-AX-0050. Awarded by the Department of Justice, Office on Violence Against Women. Points of view in this document are those of the author and do not necessarily represent the official position or policies of the U.S. Department of Justice.



Washoe Tribe of Nevada & California

919 US Highway 395 South, Gardnerville, NV 89410
(775) 265-8600

To view this newsletter online go to

www.washoetribe.us

Let us know if we can remove you from the mailing list and save paper and mailing costs.

Washoe Tribal Council

Darrel D. Kizer, *Tribal Chairman*

Neil Mortimer, *Vice-Chairman*

Tamara Crawford, *Secretary / Treasurer*

Carson Colony

W. Gary Nevers, *Chairman*

Chad Malone, *Vice-Chairman*

Dresslerville Community

Julie Barr, *Chairwoman*

Joseph McDonald, *Vice-Chairman*

Off Reservation

Darrel Cruz

Off Reservation Representatives

Reno Sparks Indian Colony

Lorraine A. Keller, *Representative*

Stewart Community

David L. Tom, *Chairman*

Stan Smokey, *Vice-Chairman*

Woodfords Community

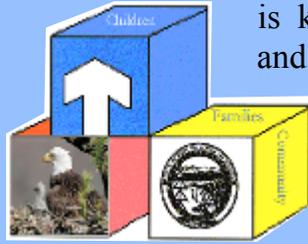
Geoffrey Ellis, *Chairman*

Neil Mortimer, *Vice-Chairman*

Don Johnson, Newsletter Editor

Please let us know if your address has changed!

The Pat'alñi Me?k'i, Head Start Immersion Classroom, is **seeking volunteers and contractors** for the ongoing school year. We are looking for Speakers, Basket weavers, Seamstress's, Artists, Singers, Hunters/Gatherers and anyone that is knowledgeable about our unique culture and traditions. Please call Lisa Enos at the Dresslerville Head Start (775) 265-2629 or (775) 790-7357 to be part of our efforts in revitalizing our language and culture!!



PHARMACY MEDICATION PICK UP TIME

Due to an unexpected demand in pharmacy services, the pharmacy began asking patients to plan for at least a 2 day refill turn around.

PHARMACY HOURS	Monday	8am to 5pm*
	Tuesday	8am to 5pm*
	Wednesday	8am to 5pm*
	Thursday	8am to 5pm*
	Friday	8am to 5pm*



* Lunch is taken every day from 12:15pm to 1:15pm. The pharmacy is closed during lunch hour.

Washoe Tribal Health Clinic Pharmacy
1559 Watasheamu Road Gardnerville, NV